

**APPENDIX**

**TO THE**

**REPORT ON**

**THE 2016 YOUTH RISK BEHAVIOR SURVEY**

**FOR STUDENTS IN GRADES 6, 8, 9, 10, 11, AND 12**

**AGGREGATE REPORT OF**

**STUDENTS FROM THE ACTON-BOXBOROUGH, CONCORD,**

**CONCORD-CARLISLE, GROTON-DUNSTABLE, HARVARD, LITTLETON, MAYNARD,**

**NASHOBA REGIONAL AND WESTFORD PUBLIC SCHOOLS**

**FOR**

**EMERSON HOSPITAL**

**APPENDIX A**

**THE 2016 EMERSON YRBS**

**EMERSON HOSPITAL**

**SELECTED COMPARISONS**

**THE 2016 EIGHT DISTRICT AGGREGATE**

**AND**

**THE 2015 MASSACHUSETTS YRBS  
(HIGH SCHOOL ONLY)**

**AND**

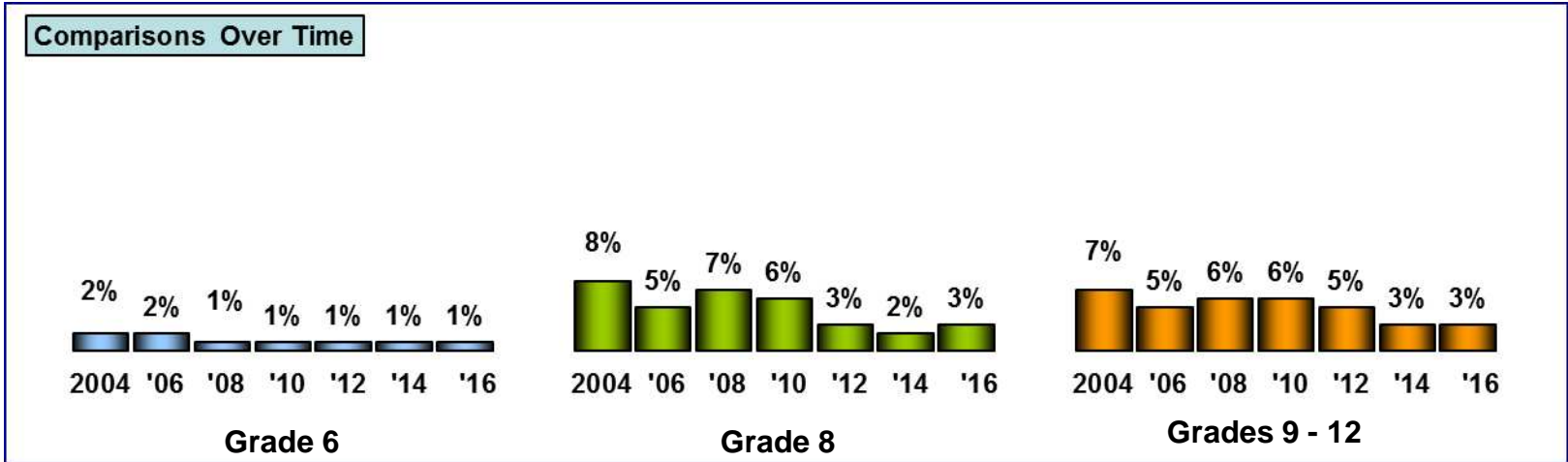
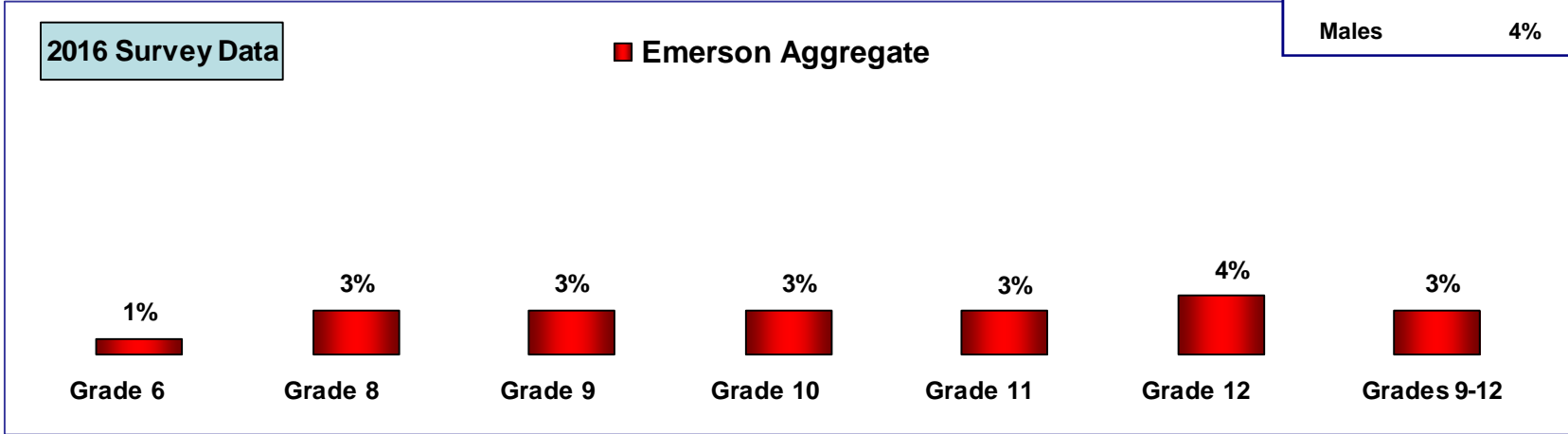
**COMPARISONS OVER TIME**

# Emerson Hospital 2016 YRBS - Aggregate

## Safety

### *Rarely, never wear seatbelt (as a passenger)*

Grades 9-12 Combined	
<u>2016</u>	
Females	2%
Males	4%

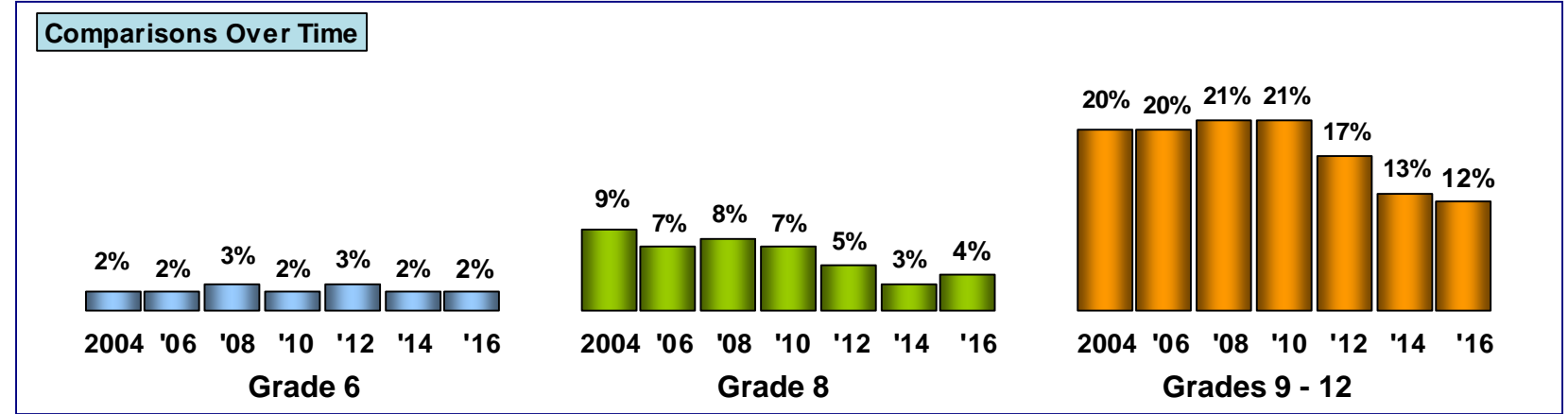
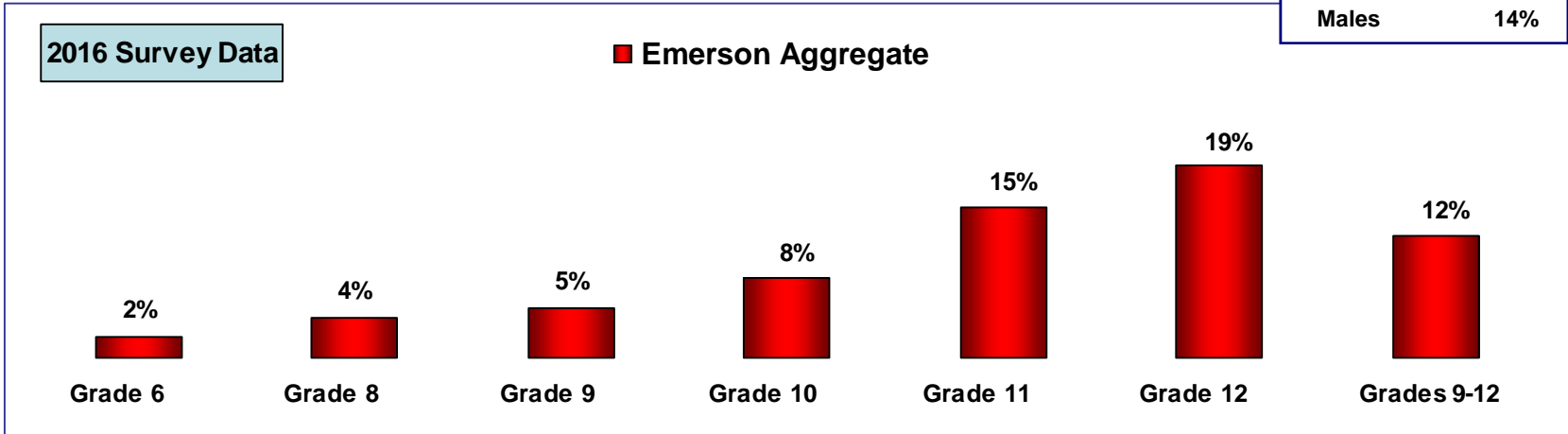


# Emerson Hospital 2016 YRBS - Aggregate

## Safety

*Rode with impaired driver (minor)  
(Used alcohol/other drugs) (past month)*

Grades 9-12 Combined	
<u>2016</u>	
Females	9%
Males	14%

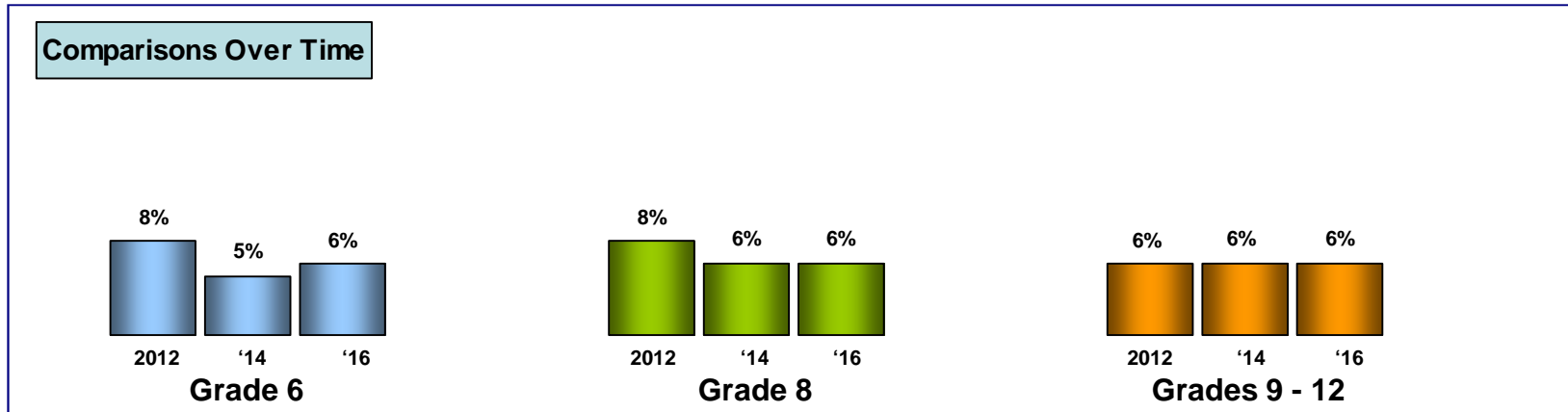
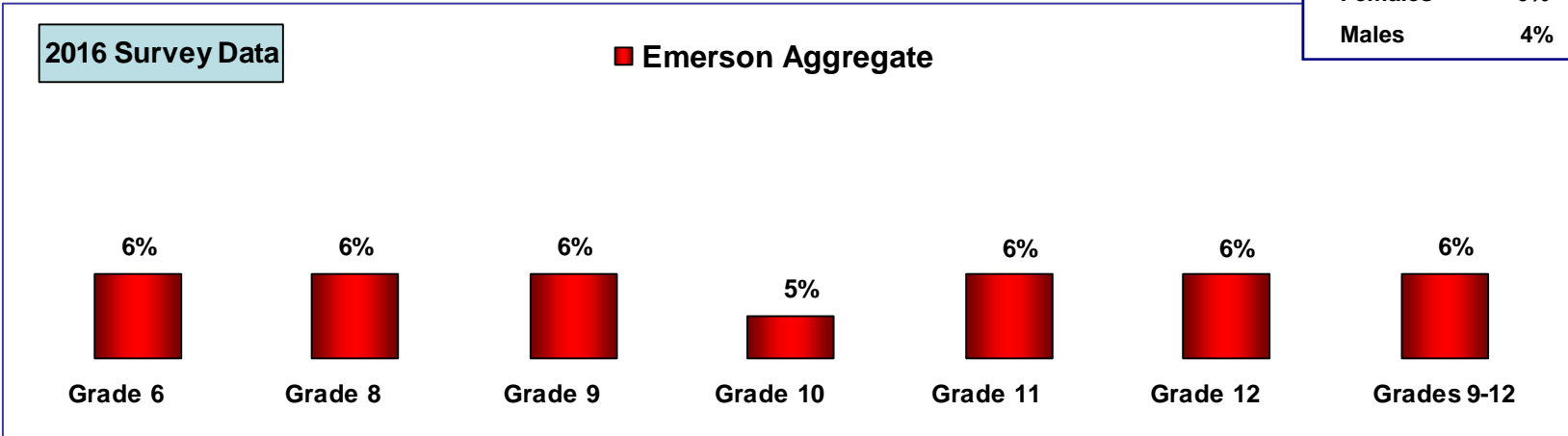


# Emerson Hospital 2016 YRBS - Aggregate

## Safety

*Experienced cyber-bullying (been repeatedly threatened, humiliated or experienced hostile behaviors) (past 12 months)*

Grades 9-12 Combined	
<u>2016</u>	
Females	6%
Males	4%



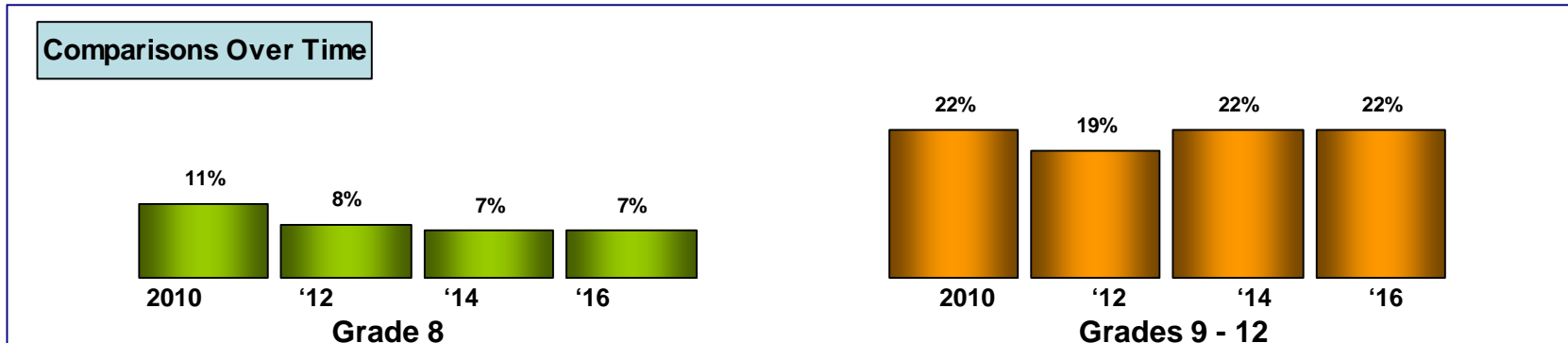
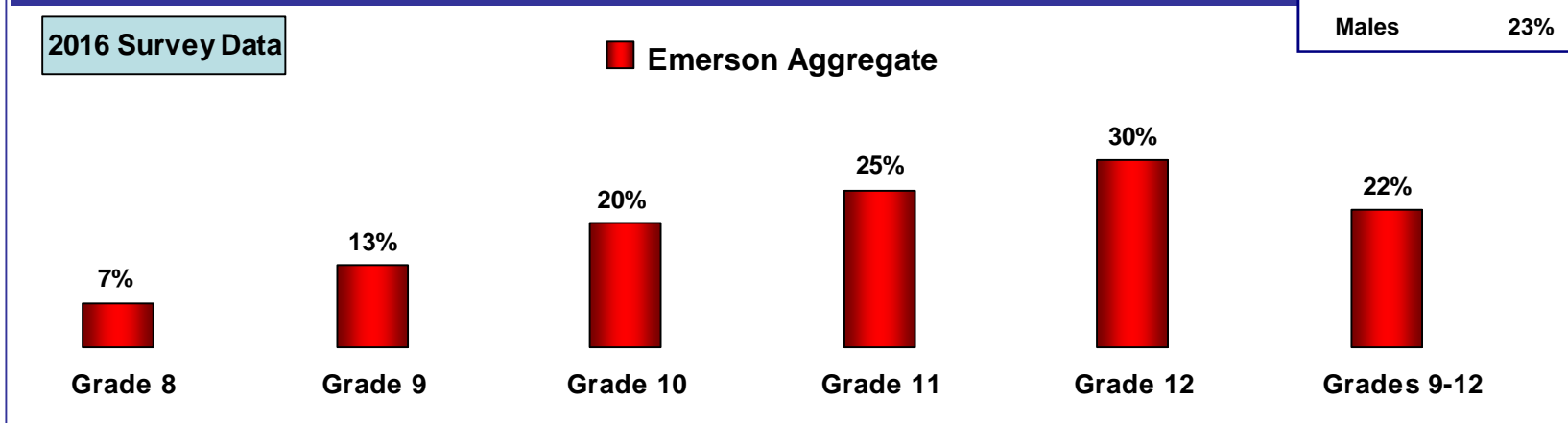
# Emerson Hospital 2016 YRBS - Aggregate

## Safety

Sent or received sexually explicit messages or photos

electronically (also called sexting) (past 12 months)

Grades 9-12 Combined	
<u>2016</u>	
Females	20%
Males	23%

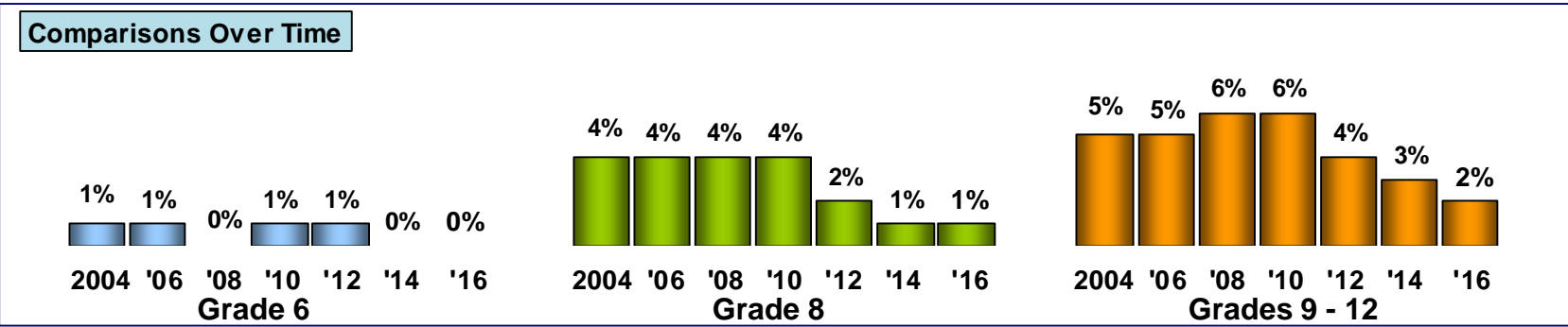
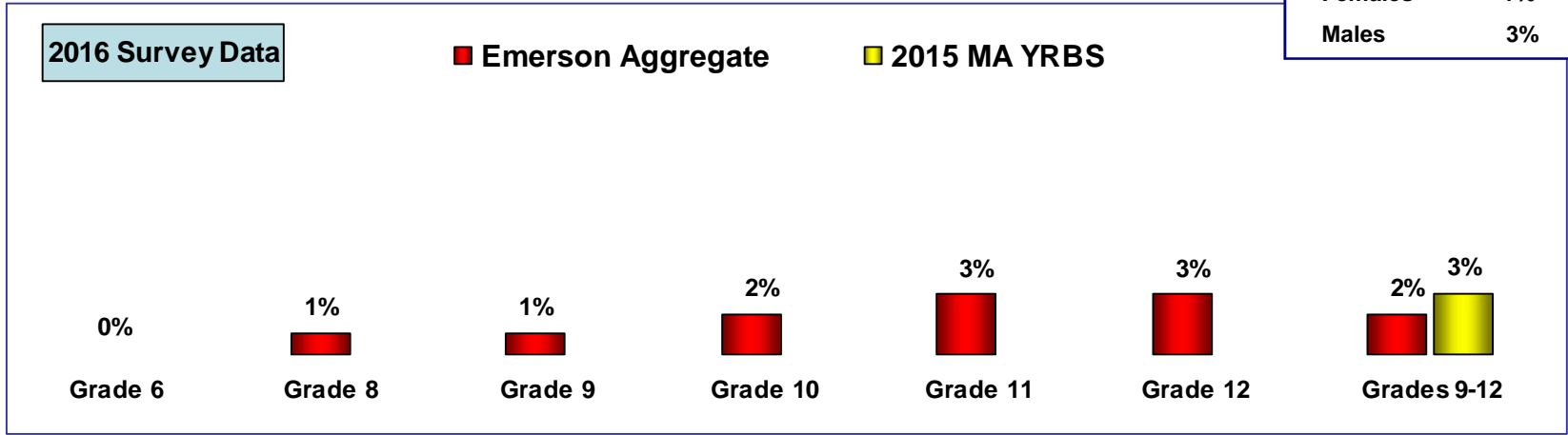


# Emerson Hospital 2016 YRBS - Aggregate

## Violence-Related Behaviors

### *Carried weapon on school property (past month)*

Grades 9-12 Combined	
<u>2016</u>	
Females	1%
Males	3%

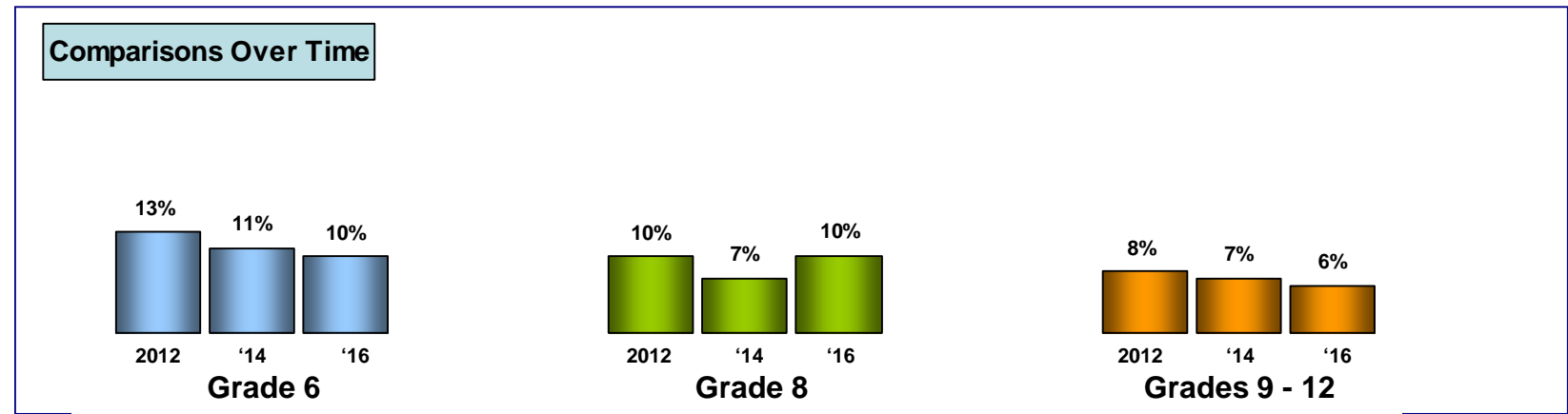
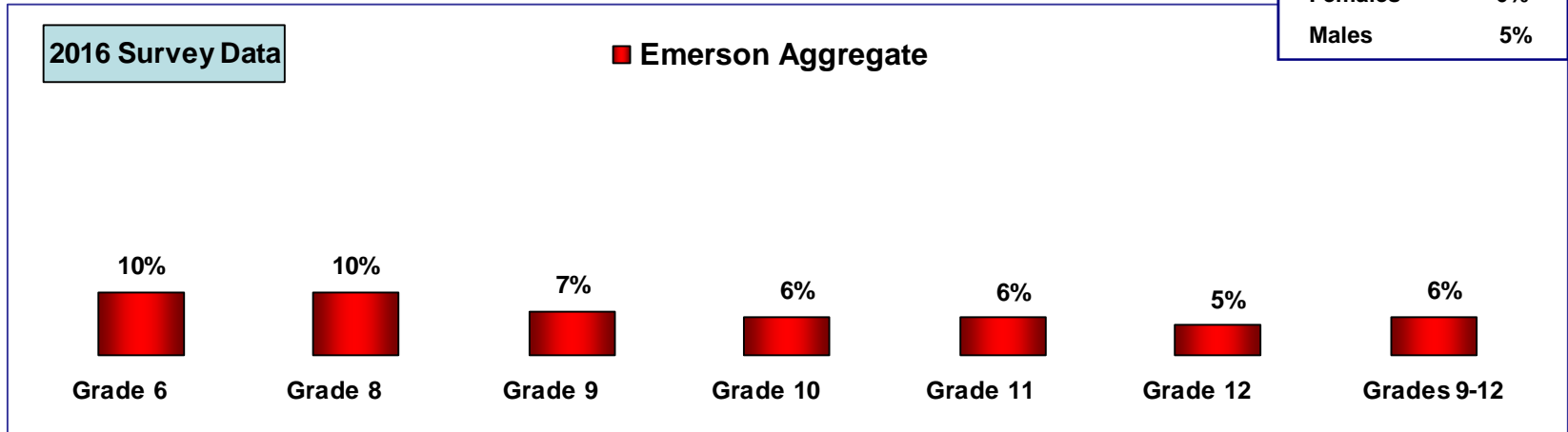


# Emerson Hospital 2016 YRBS - Aggregate

## Violence-Related Behaviors

*Been bullied in school (been repeatedly threatened, humiliated or experienced hostile behaviors) (past 12 months)*

Grades 9-12 Combined	
<u>2016</u>	
Females	6%
Males	5%



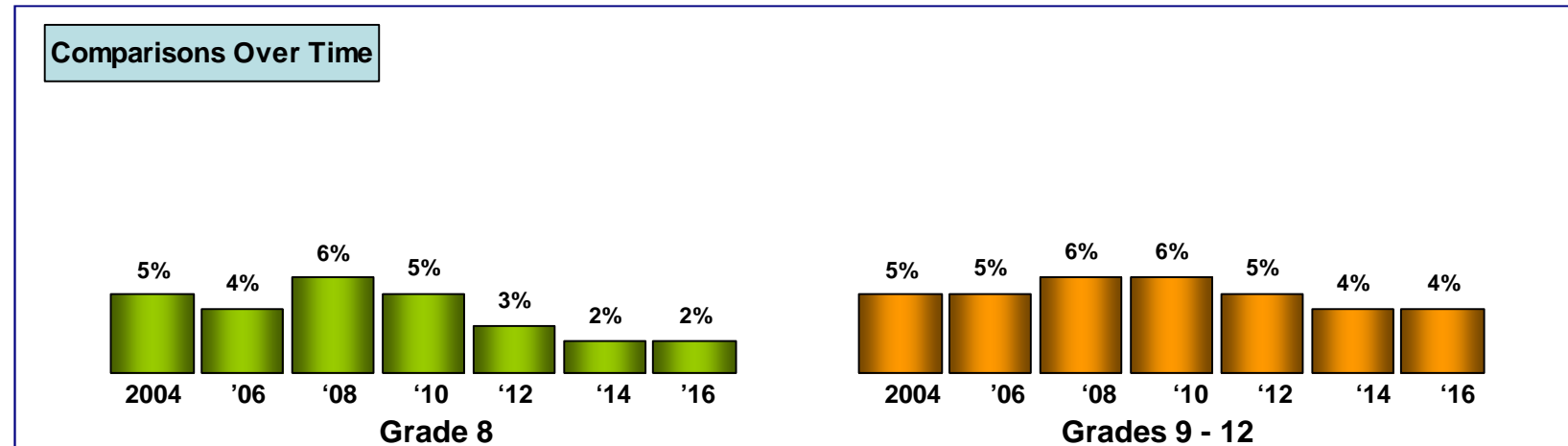
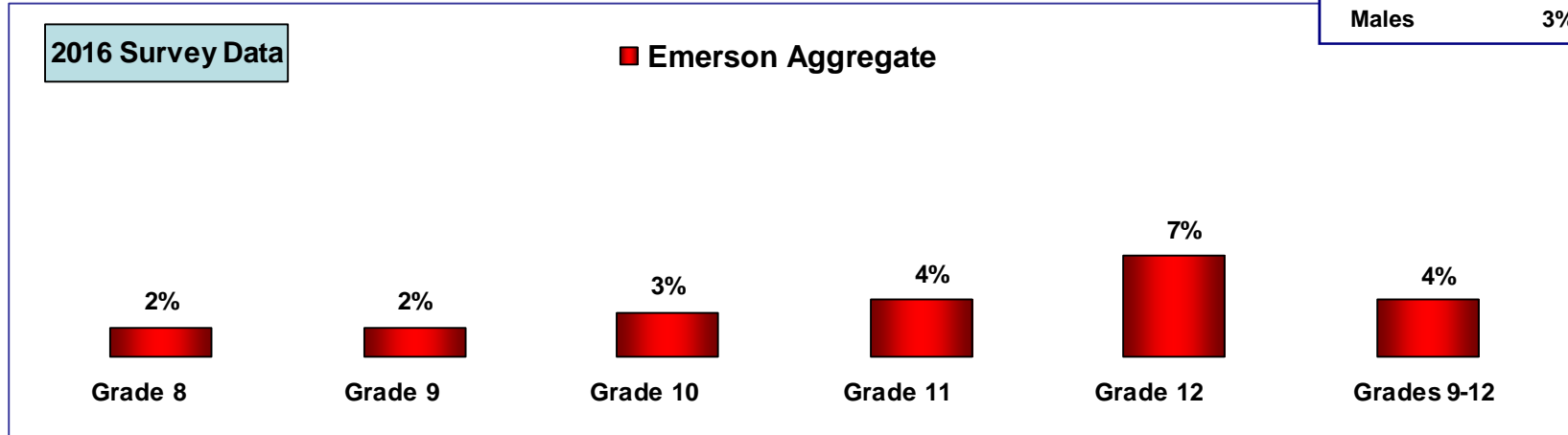


# Emerson Hospital Regional 2016 YRBS - Aggregate

## Violence Related Behaviors

### *Ever experienced dating violence*

Grades 9-12 Combined	
<u>2016</u>	
Females	5%
Males	3%

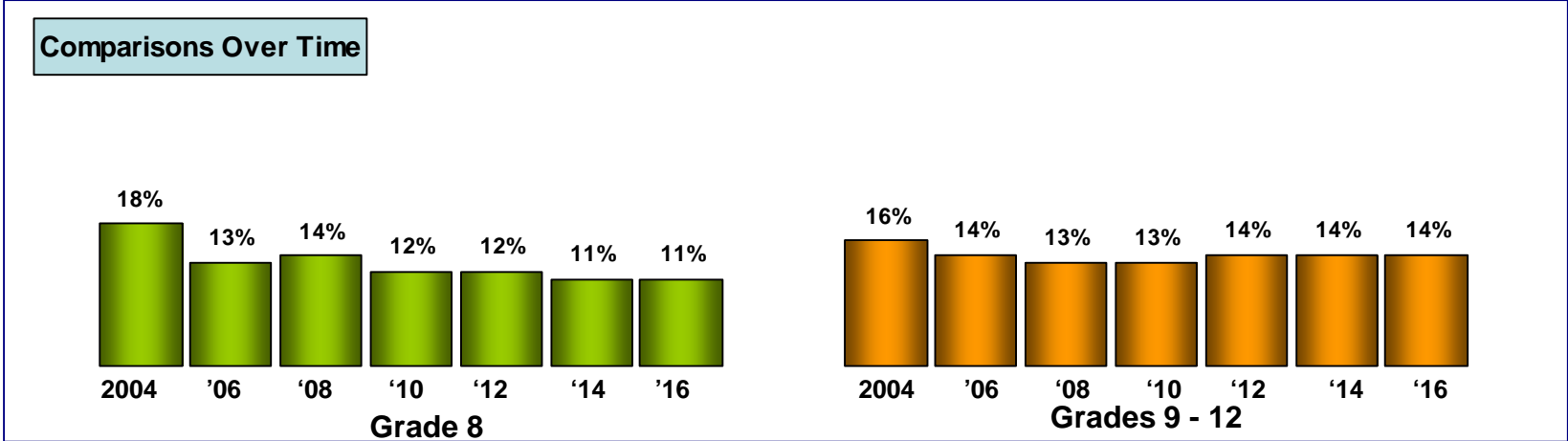
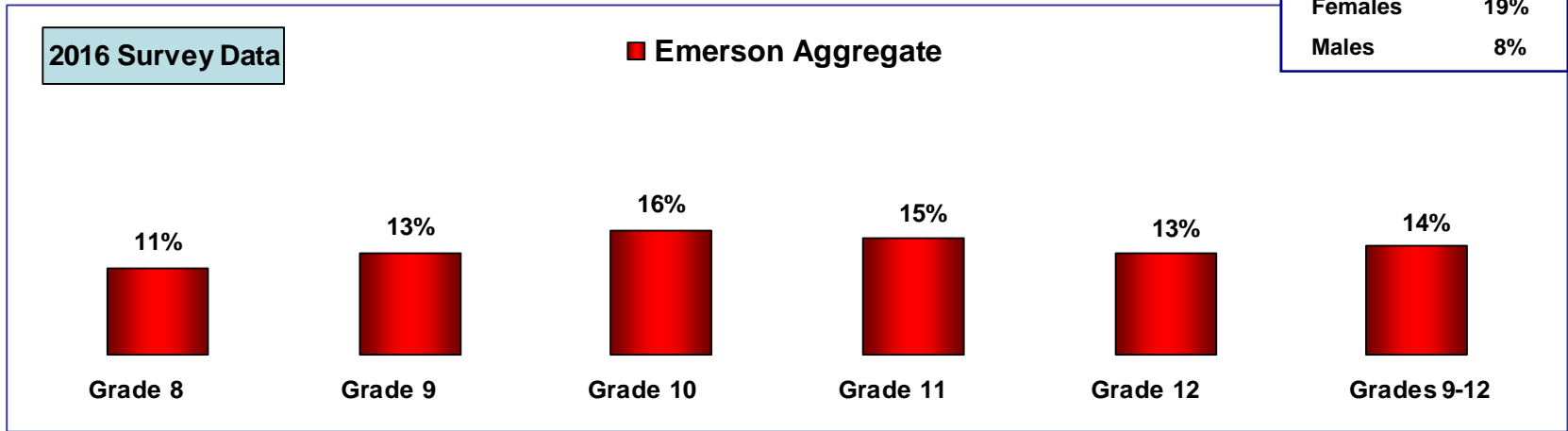


# Emerson Hospital 2016 YRBS - Aggregate

## Violence-Related Behaviors

*Injured self on purpose (cuts, burns, bruises) (past 12 months)*

Grades 9-12 Combined	
<u>2016</u>	
Females	19%
Males	8%

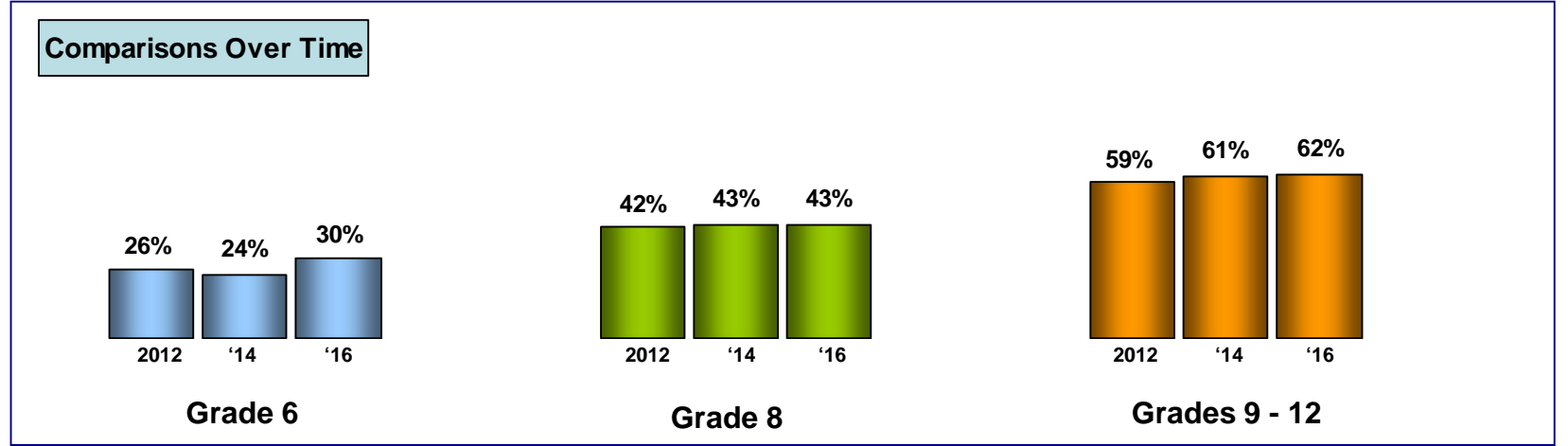
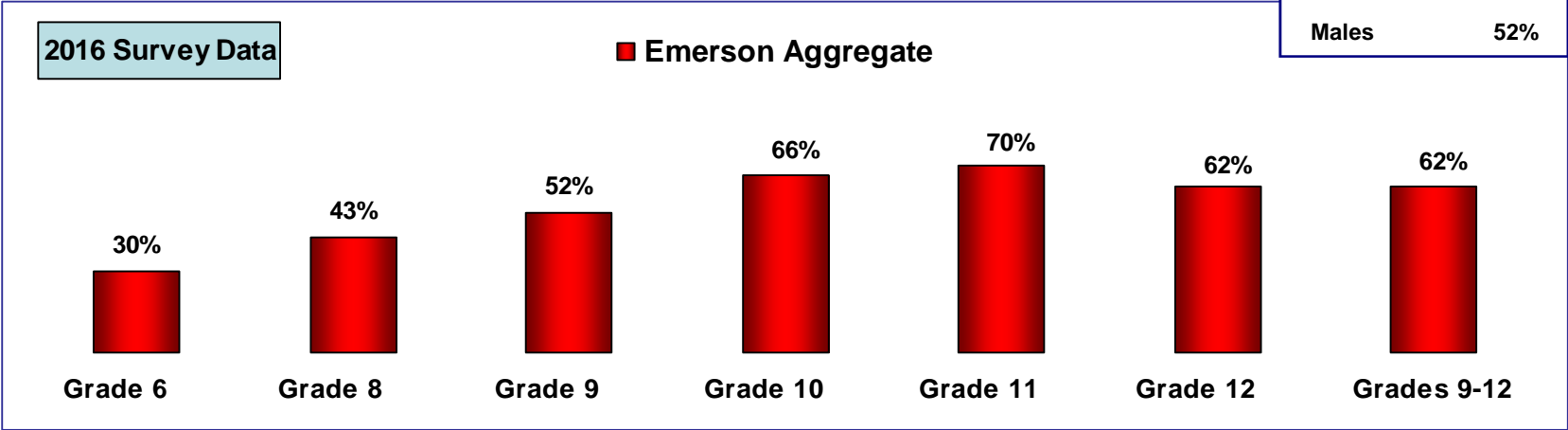


# Emerson Hospital 2016 YRBS- Aggregate

## Stress

*Experienced somewhat or very high stress as a result of academic workload (past 12 months)*

Grades 9-12 Combined	
<u>2016</u>	
Females	73%
Males	52%

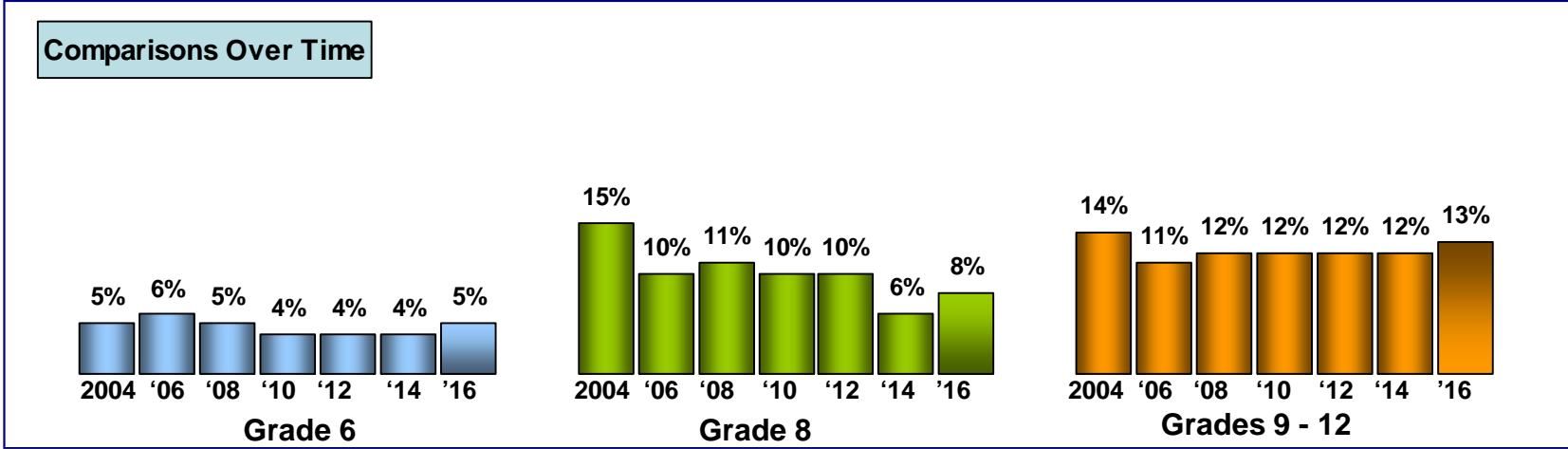
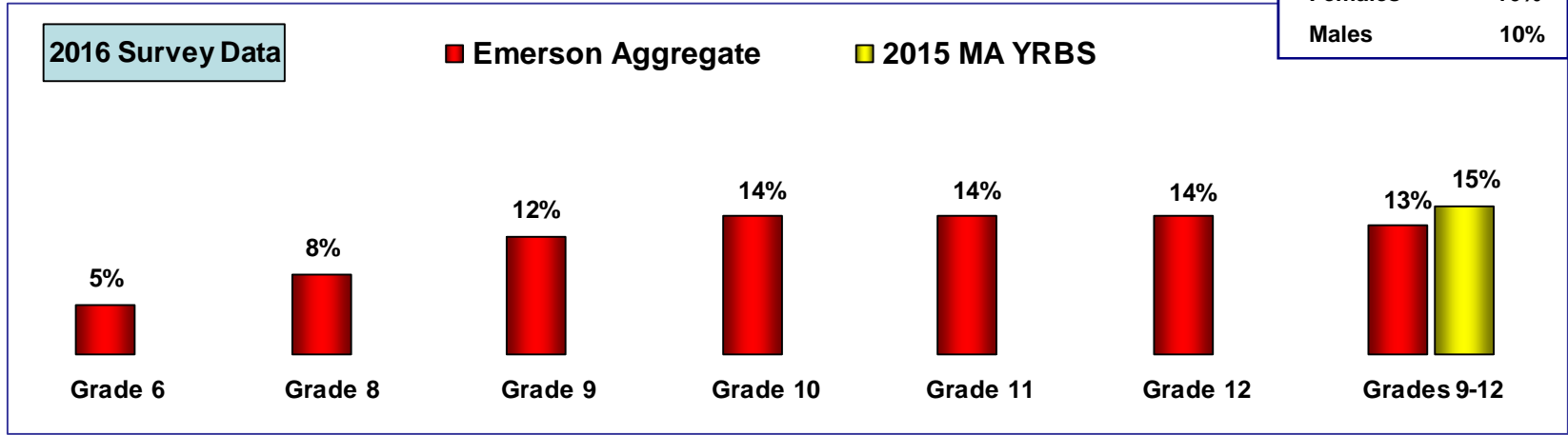


# Emerson Hospital 2016 YRBS- Aggregate

## Suicide

### Seriously considered suicide (past 12 months)

Grades 9-12 Combined	
<u>2016</u>	
Females	16%
Males	10%

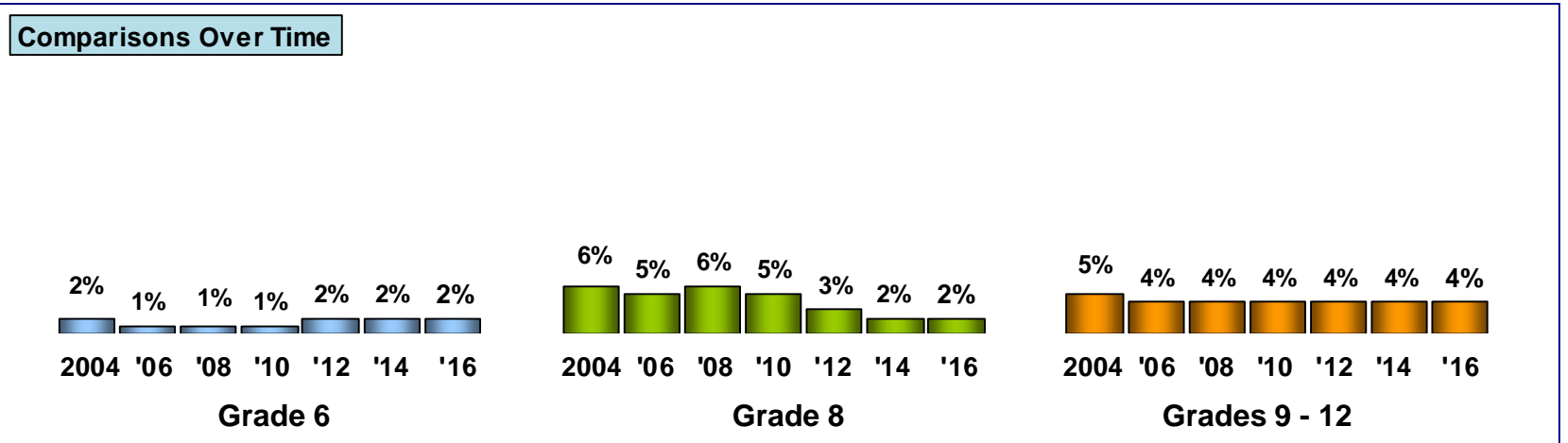
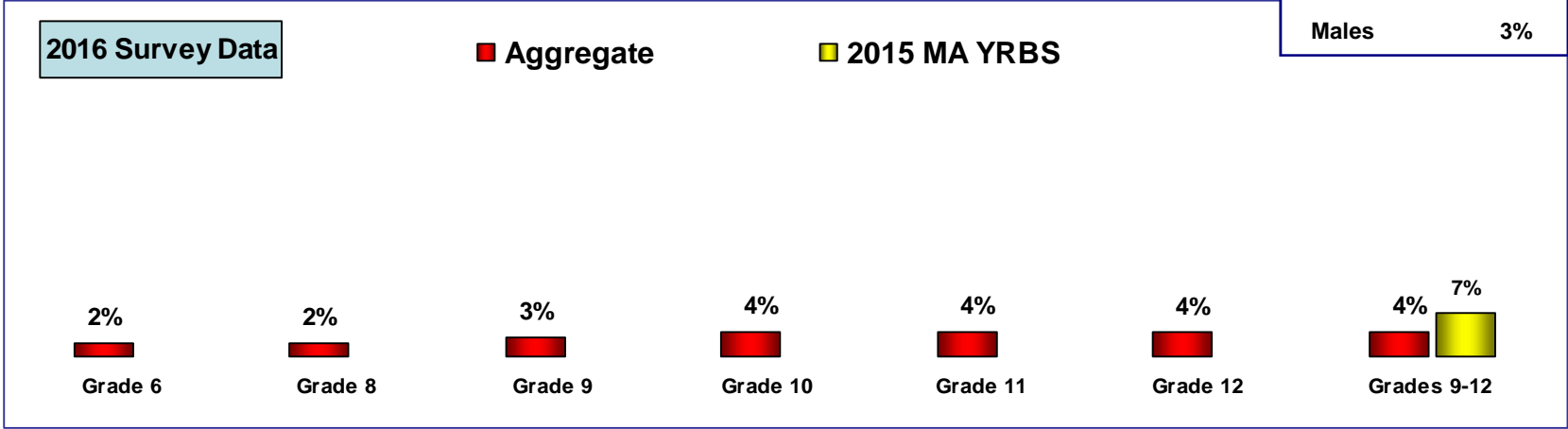


# Emerson Hospital 2016 YRBS - Aggregate

## Suicide

### Attempted suicide (past 12 months)

Grades 9-12 Combined	
<u>2016</u>	
Females	4%
Males	3%

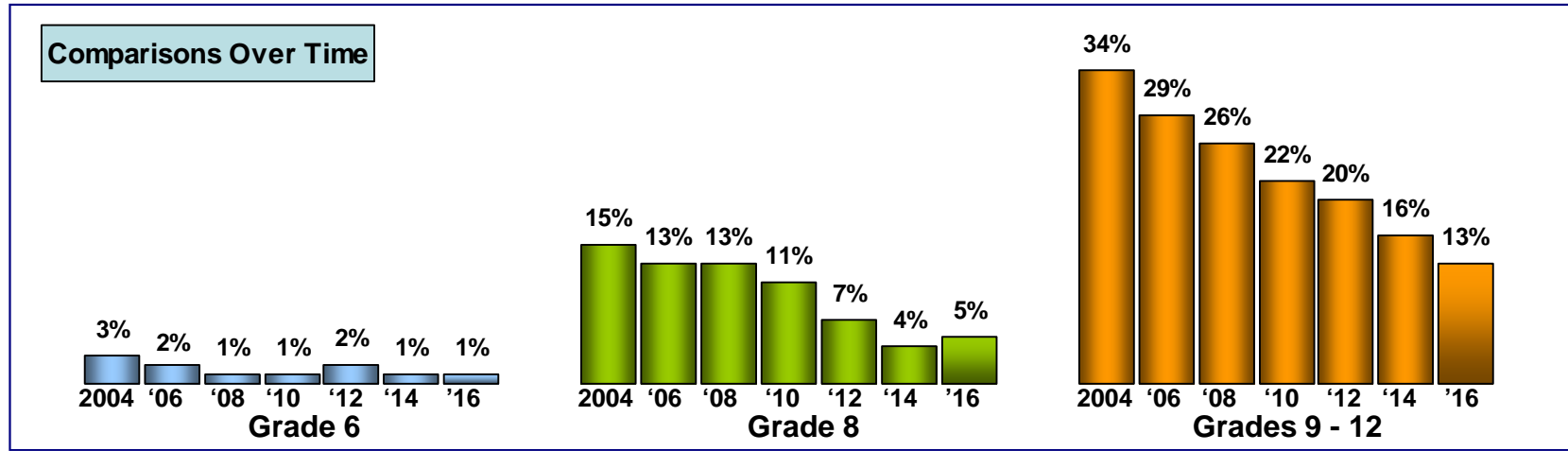
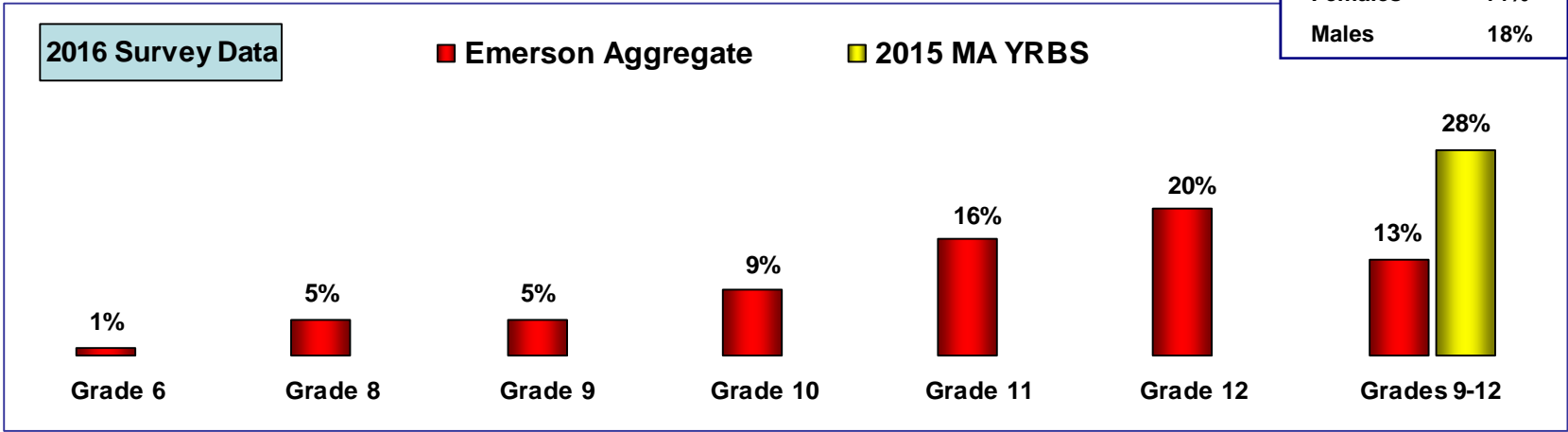


# Emerson Hospital 2016 YRBS - Aggregate

## Tobacco Use

### *Ever tried cigarette smoking*

Grades 9-12 Combined	
<u>2016</u>	
Females	14%
Males	18%

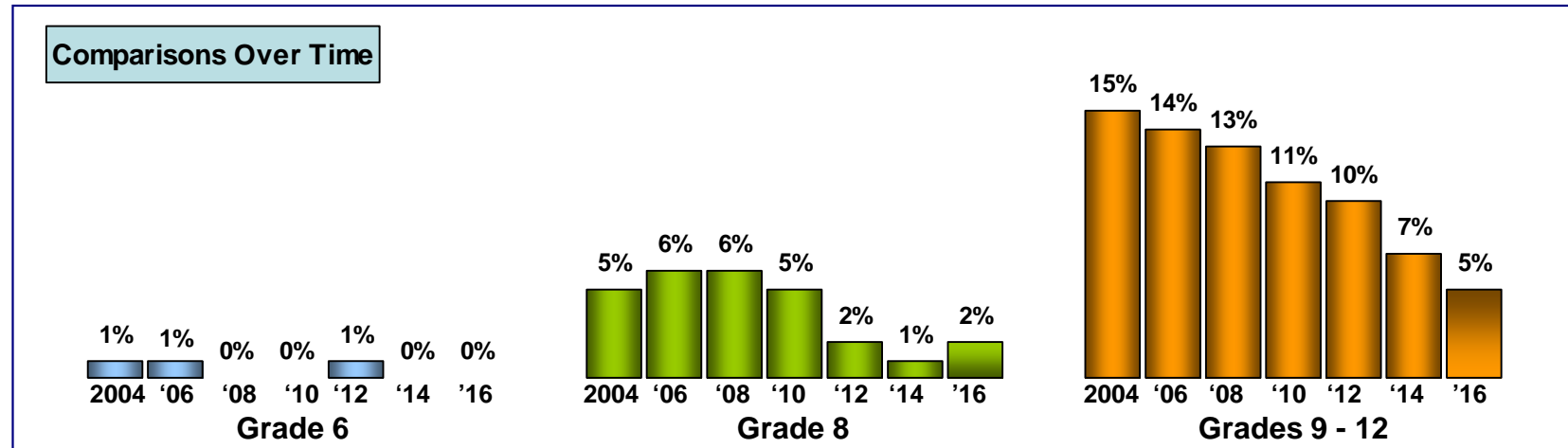
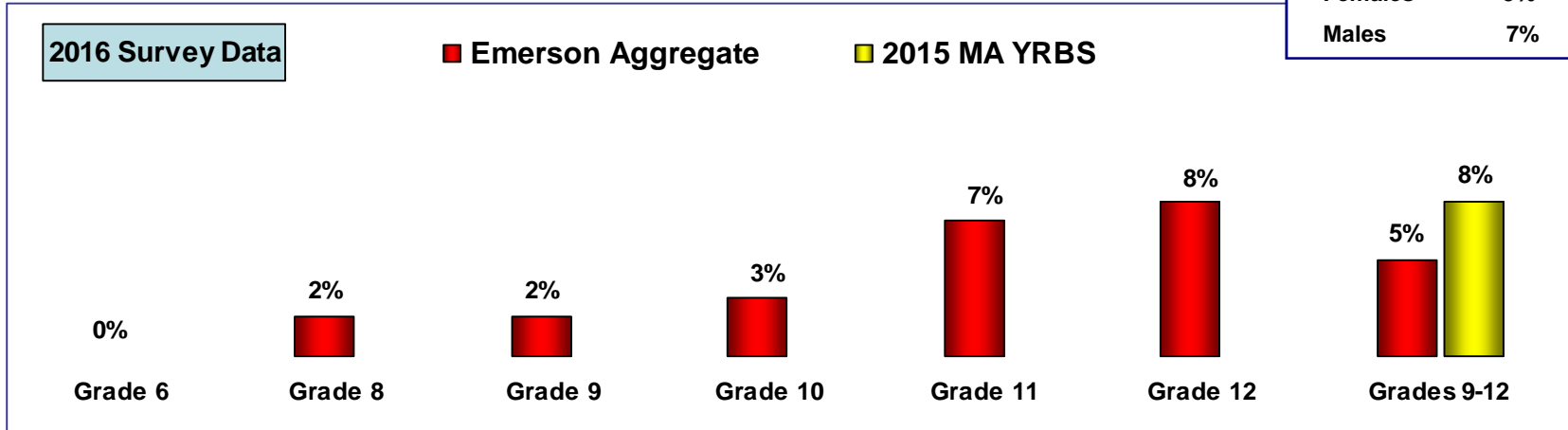


# Emerson Hospital 2016 YRBS - Aggregate

## Tobacco Use

### Recent cigarette use (past month)

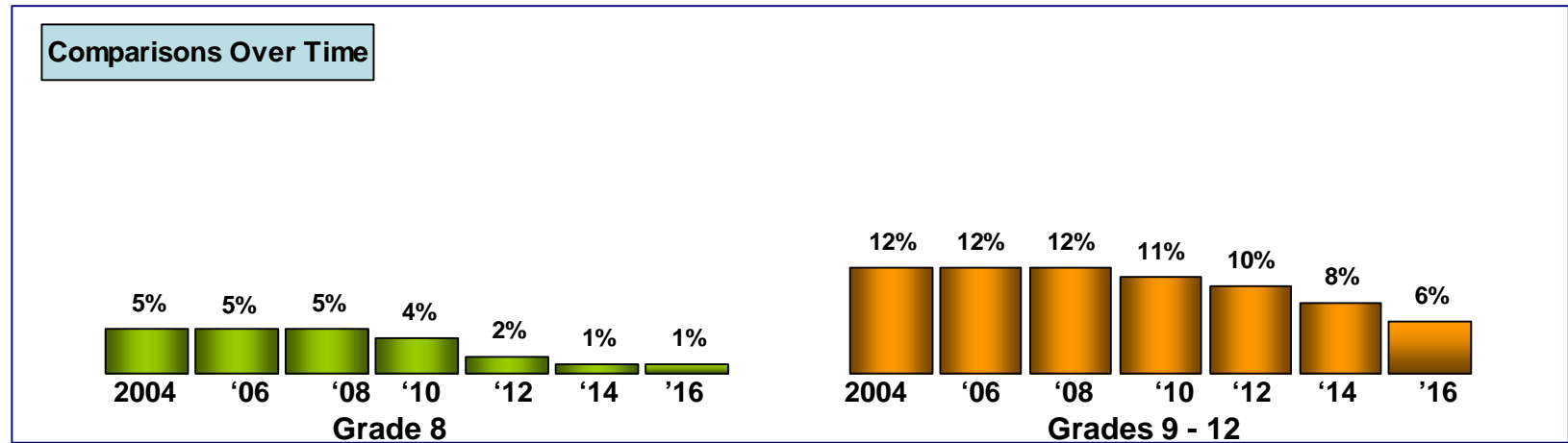
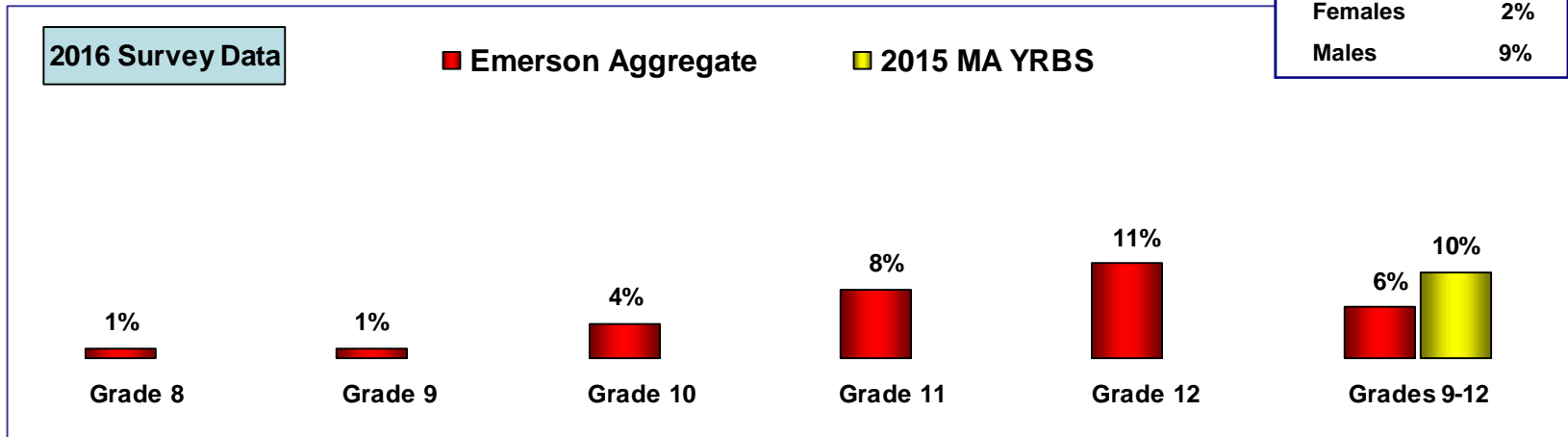
Grades 9-12 Combined	
2016	
Females	3%
Males	7%



# Emerson Hospital 2016 YRBS - Aggregate Tobacco Use

## Smoked cigars, cigarillos (past month)

Grades 9-12 Combined	
<u>2016</u>	
Females	2%
Males	9%

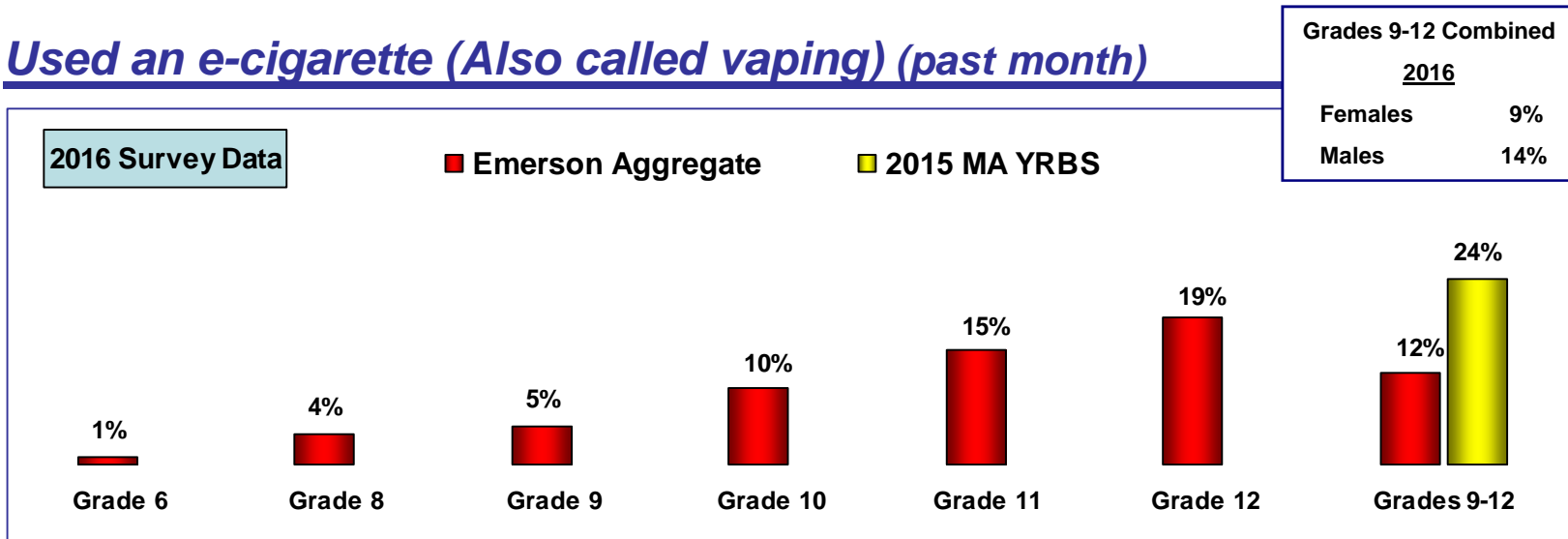




# Emerson Hospital 2016 YRBS - Aggregate

## Tobacco Use

*Used an e-cigarette (Also called vaping) (past month)*

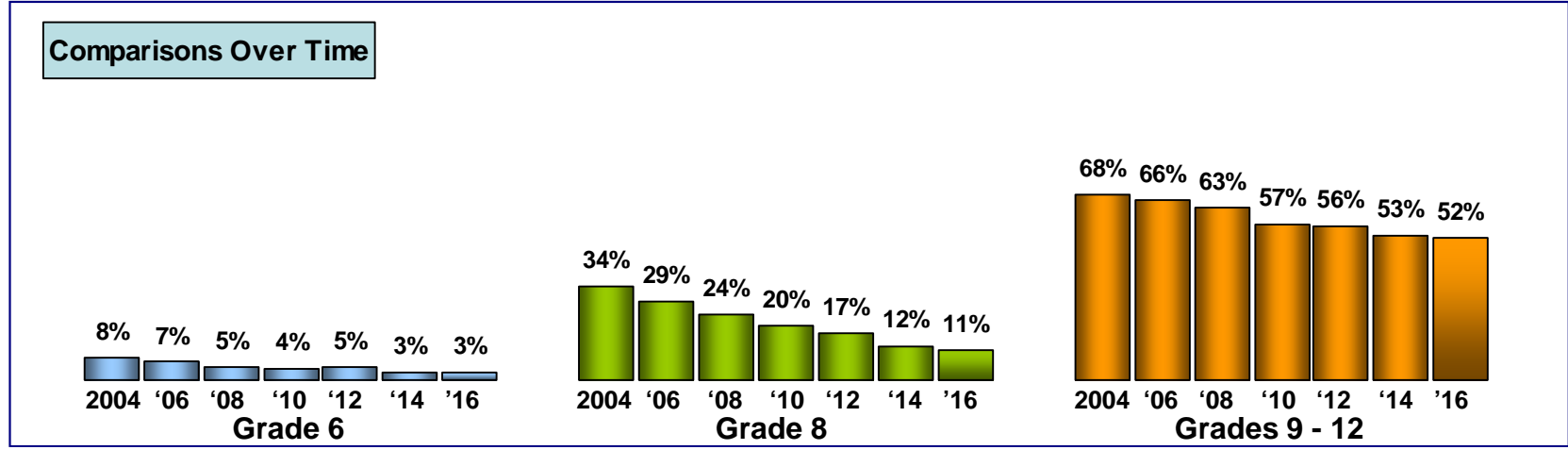
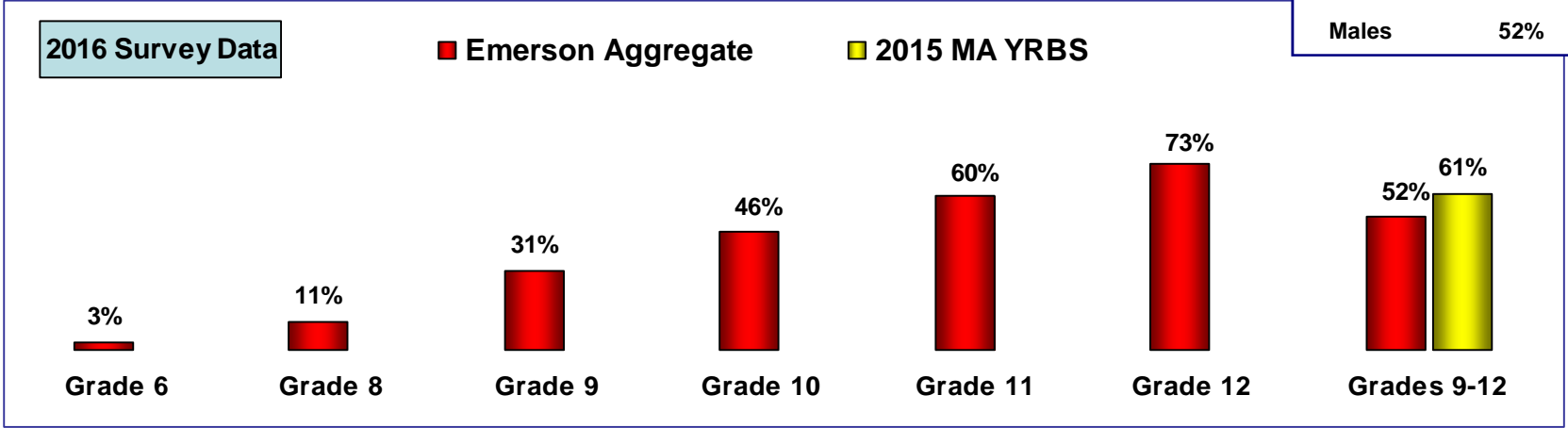


# Emerson Hospital 2016 YRBS - Aggregate

## Alcohol Use

*Ever had a drink of alcohol, other than for religious reasons*

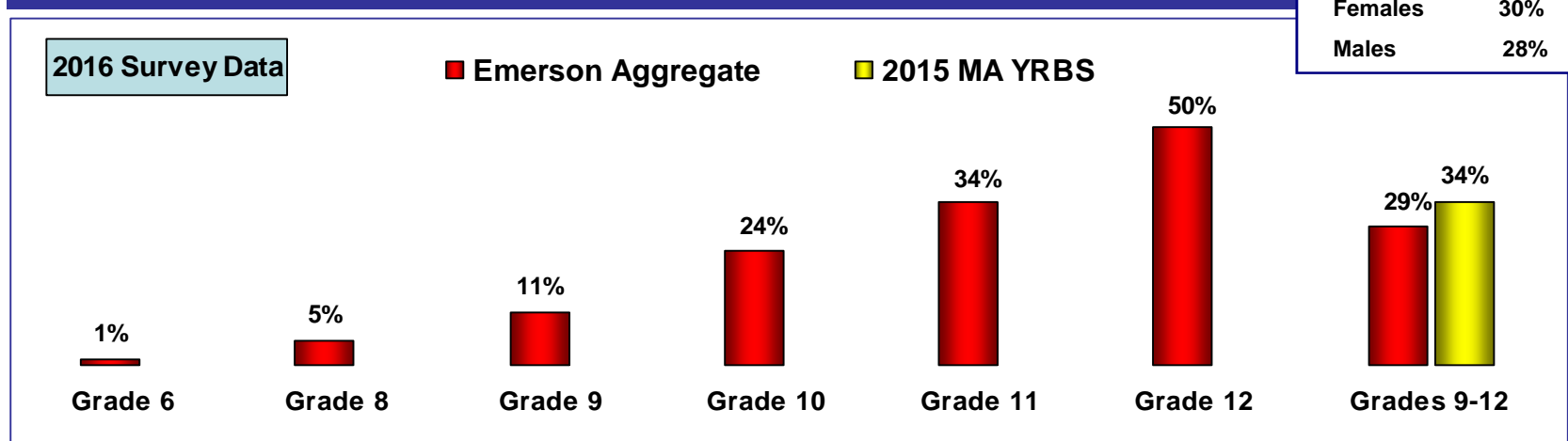
Grades 9-12 Combined	
<u>2016</u>	
Females	52%
Males	52%



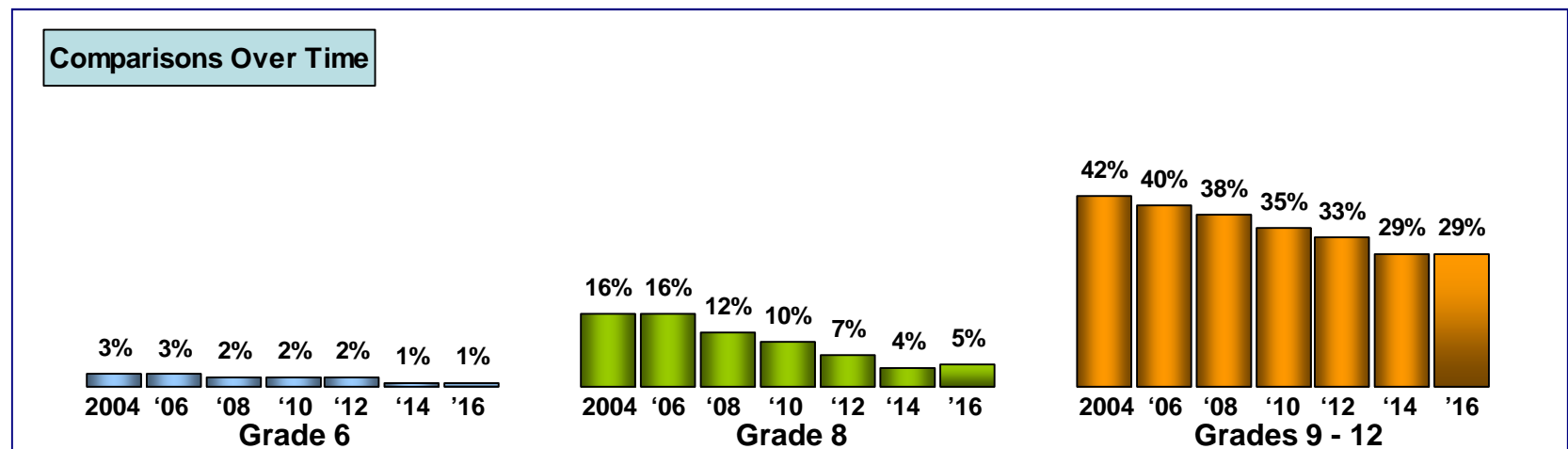
# Emerson Hospital 2016 YRBS - Aggregate

## Alcohol Use

### Recent alcohol use (past month)



Grades 9-12 Combined	
<u>2016</u>	
Females	30%
Males	28%

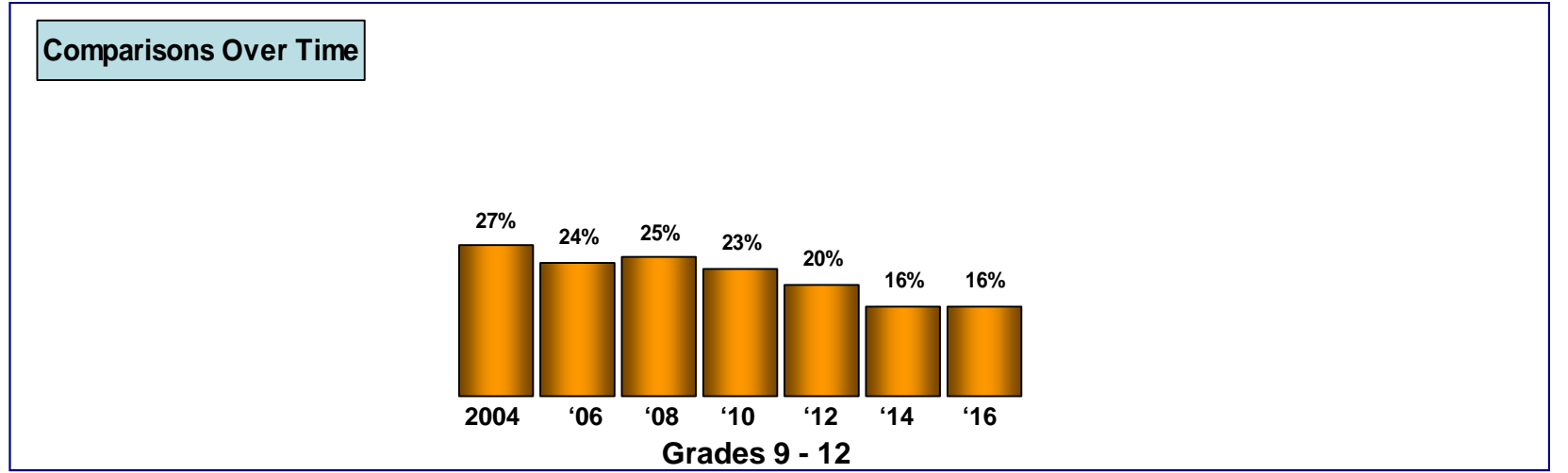
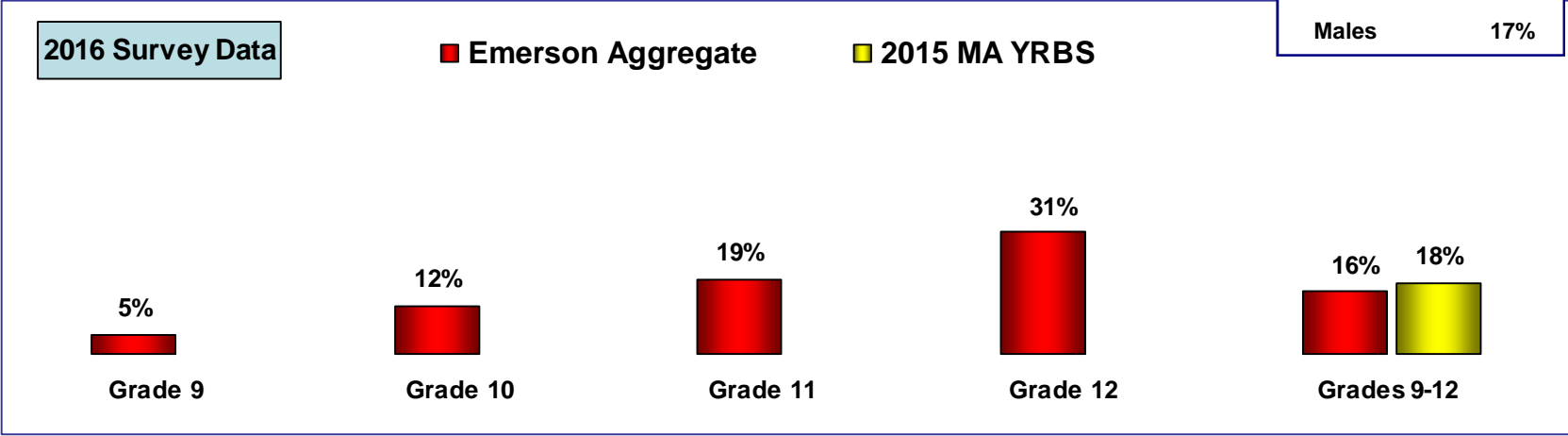


# Emerson Hospital 2016 YRBS - Aggregate

## Alcohol Use

### *Binge drinking (past month)*

Grades 9-12 Combined	
<u>2016</u>	
Females	15%
Males	17%

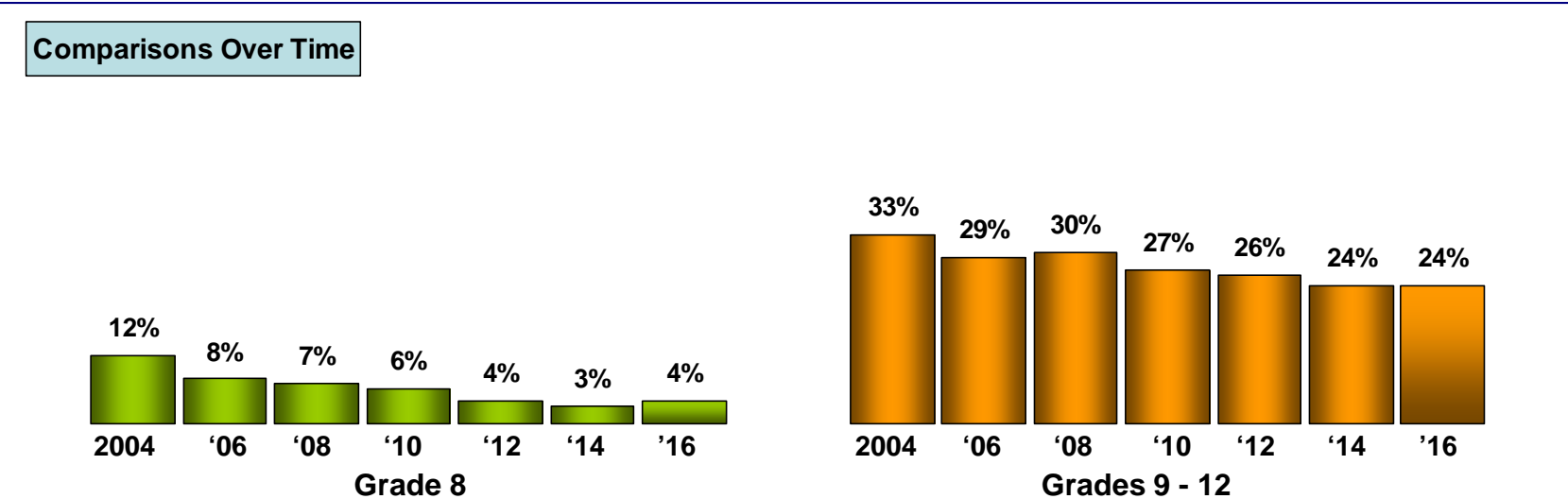
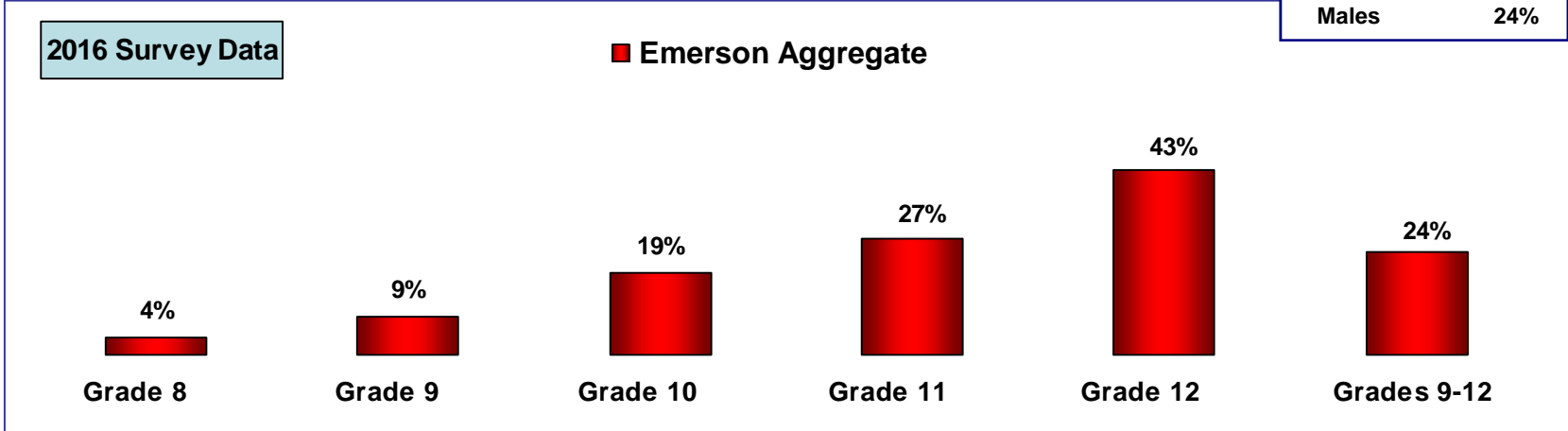


# Emerson Hospital 2016 YRBS - Aggregate

## Alcohol Use

*Attended parties in homes where alcohol use by teens is allowed (past 12 months)*

<b>Grades 9-12 Combined</b>	
<u>2016</u>	
Females	24%
Males	24%

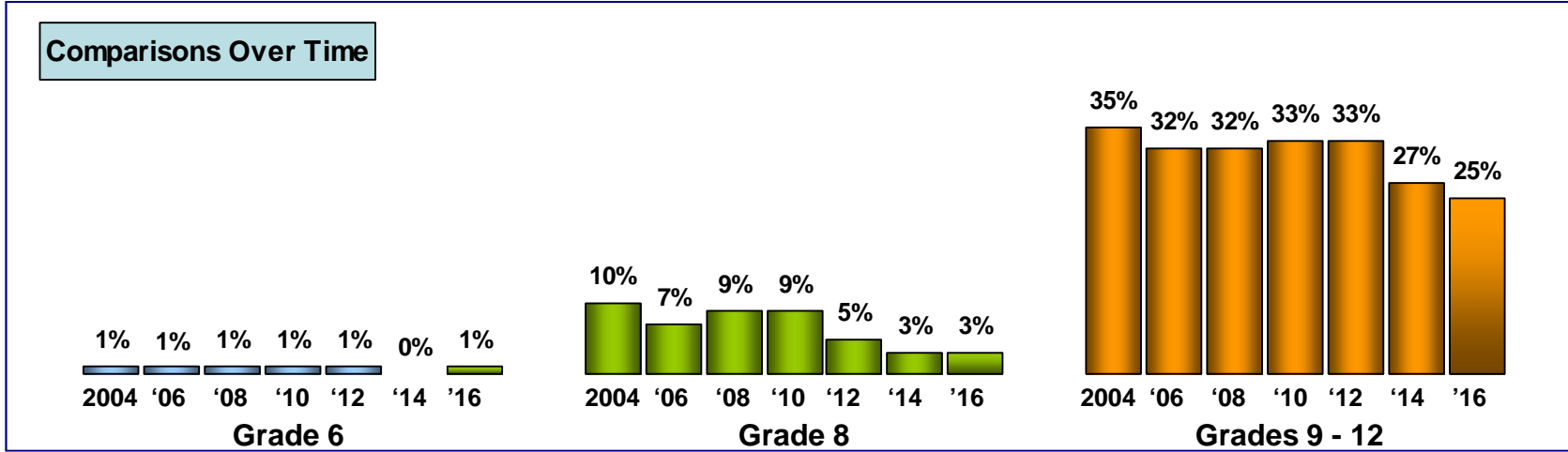
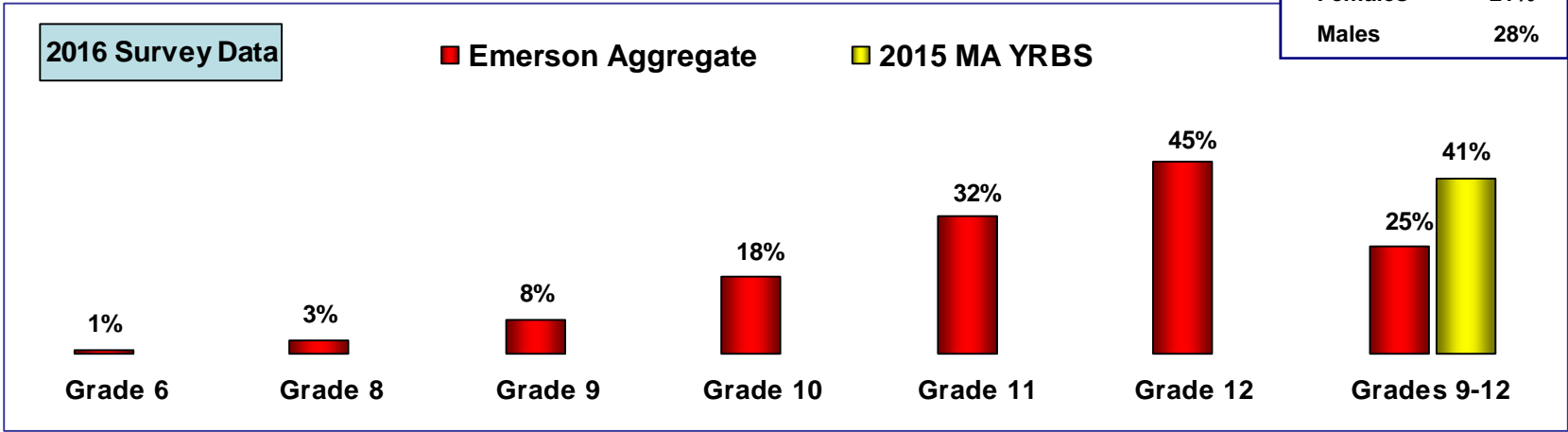


# Emerson Hospital 2016 YRBS - Aggregate

## Illegal Drug Use

### *Ever used marijuana*

Grades 9-12 Combined	
<u>2016</u>	
Females	21%
Males	28%

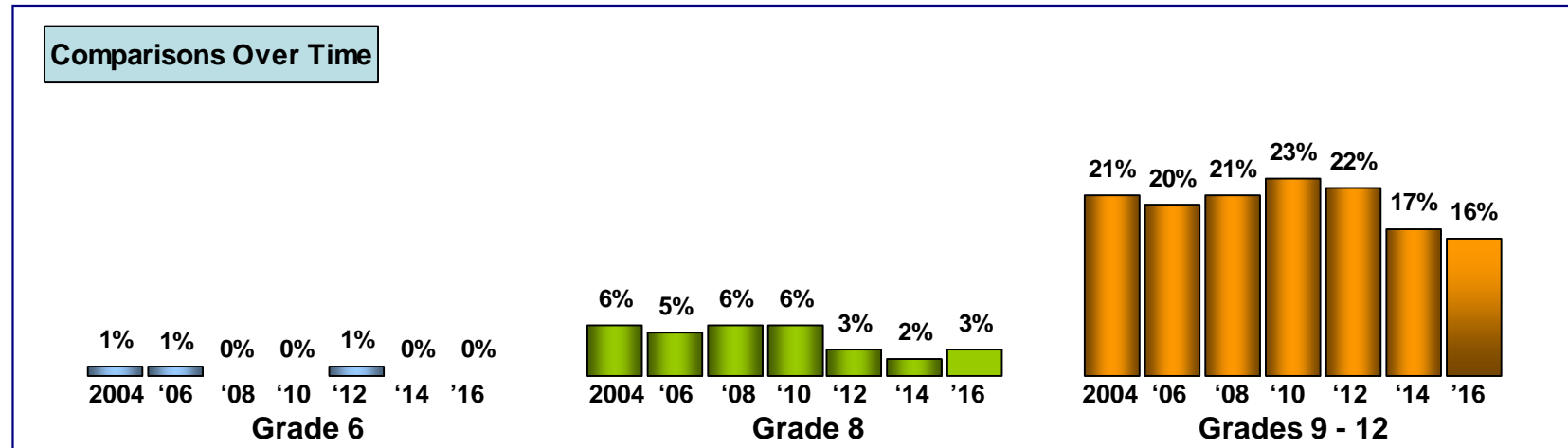
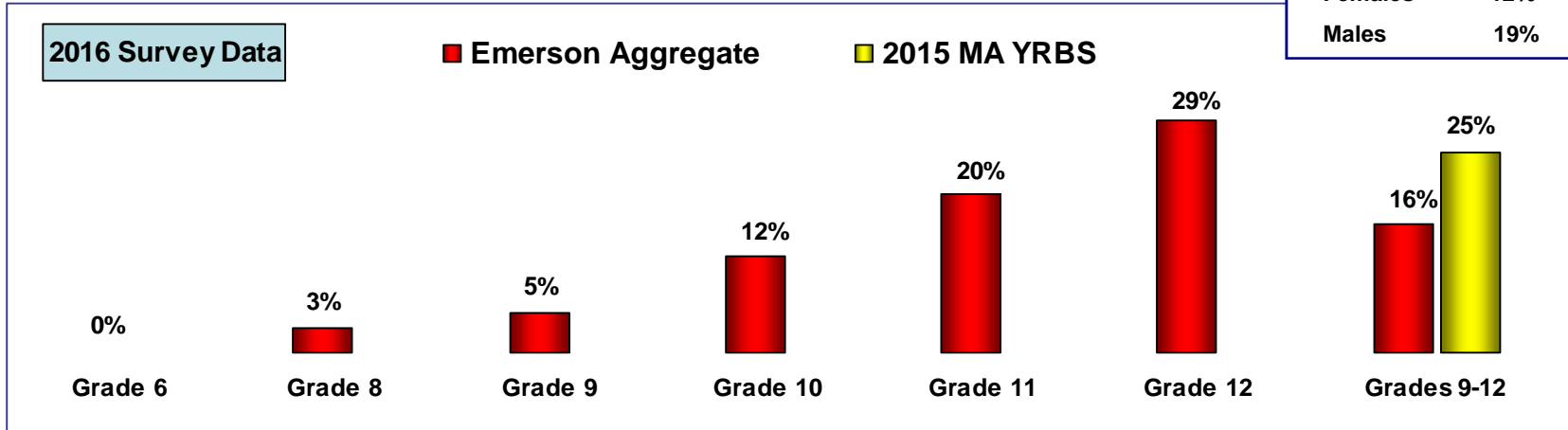


# Emerson Hospital 2016 YRBS - Aggregate

## Illegal Drug Use

### *Recent marijuana use (past month)*

Grades 9-12 Combined	
2016	
Females	12%
Males	19%

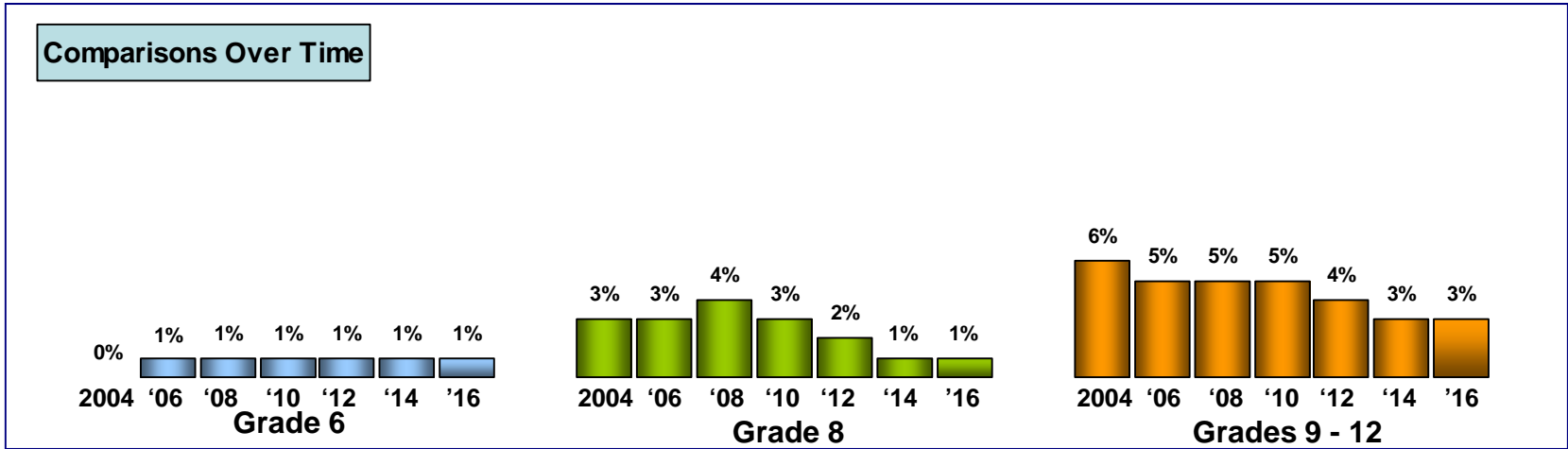
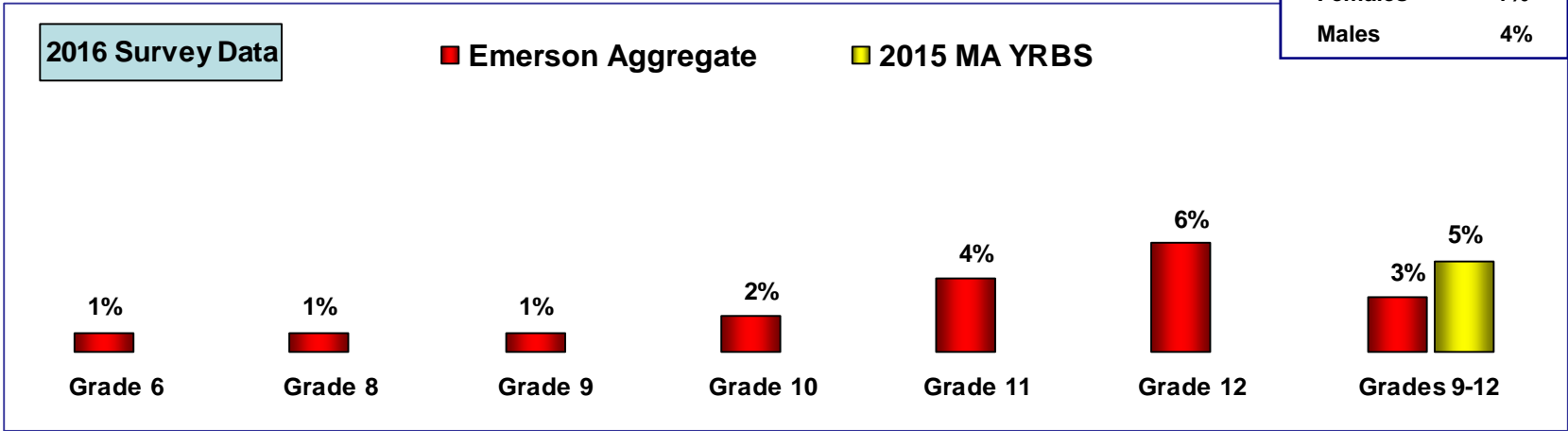


# Emerson Hospital 2016 YRBS - Aggregate

## Illegal Drug Use

### *Ever used any form of cocaine*

Grades 9-12 Combined	
<u>2016</u>	
Females	1%
Males	4%



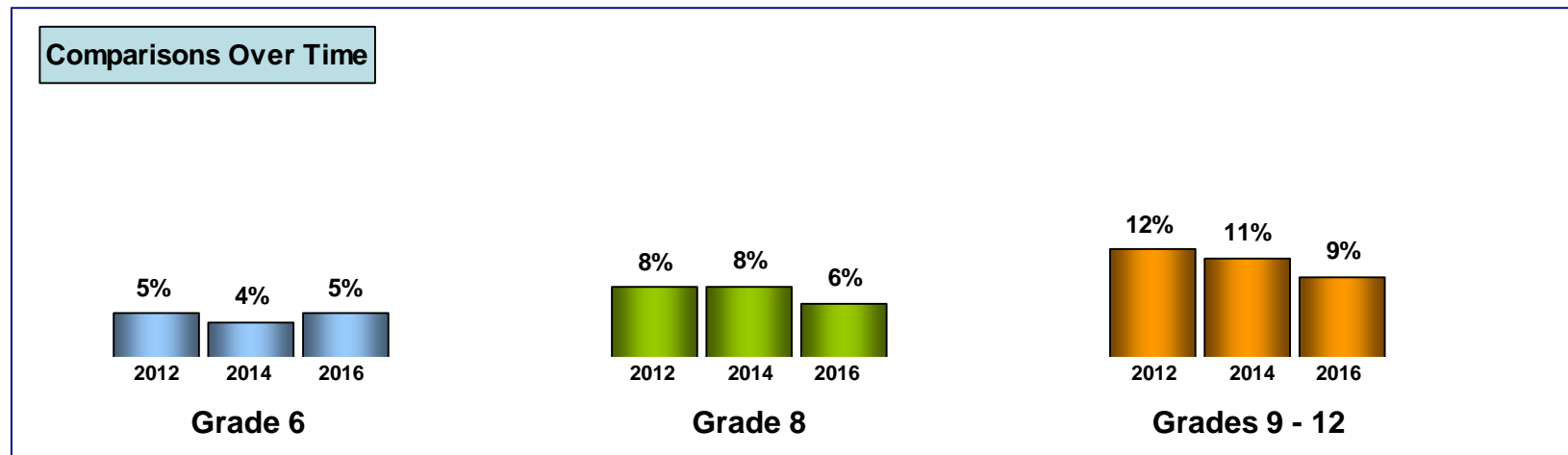
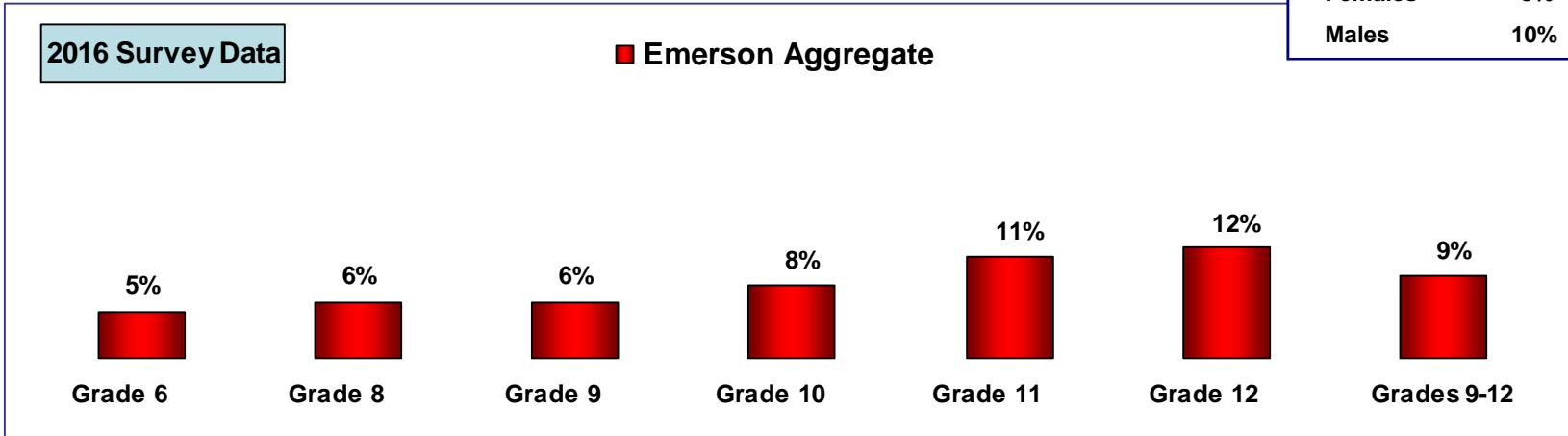


# Emerson Hospital 2016 YRBS - Aggregate

## Illegal Drug Use

*Ever used any prescription medication not prescribed specifically for you*

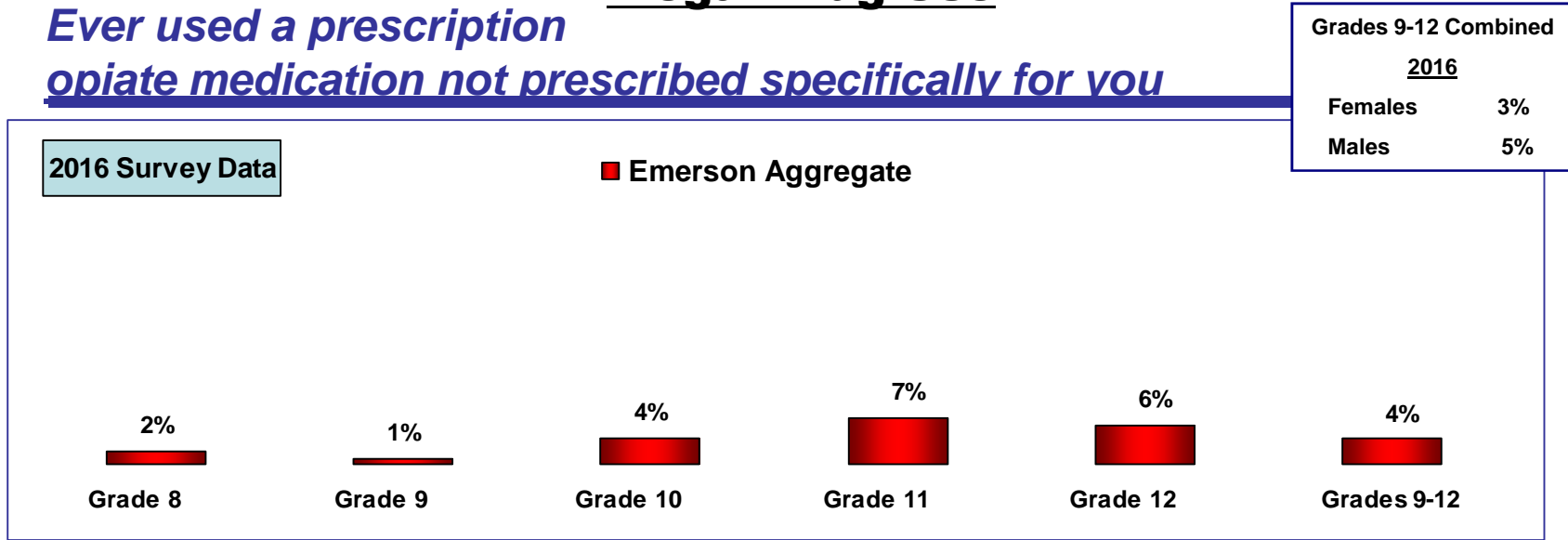
Grades 9-12 Combined	
<u>2016</u>	
Females	8%
Males	10%



# Emerson Hospital 2016 YRBS - Aggregate

## Illegal Drug Use

*Ever used a prescription  
opiate medication not prescribed specifically for you*

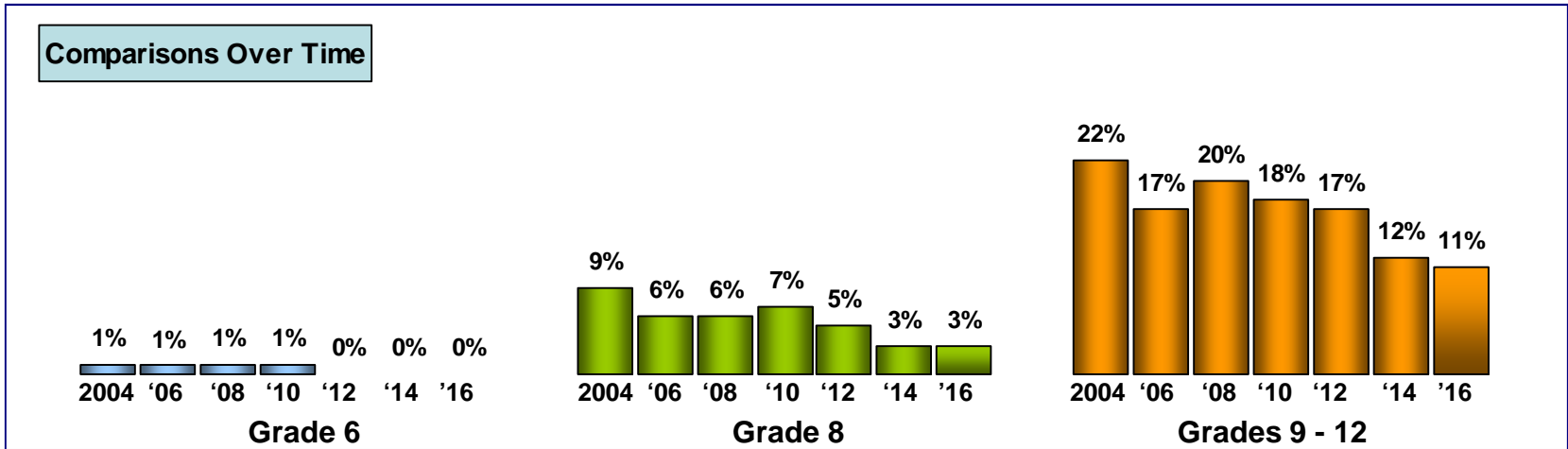
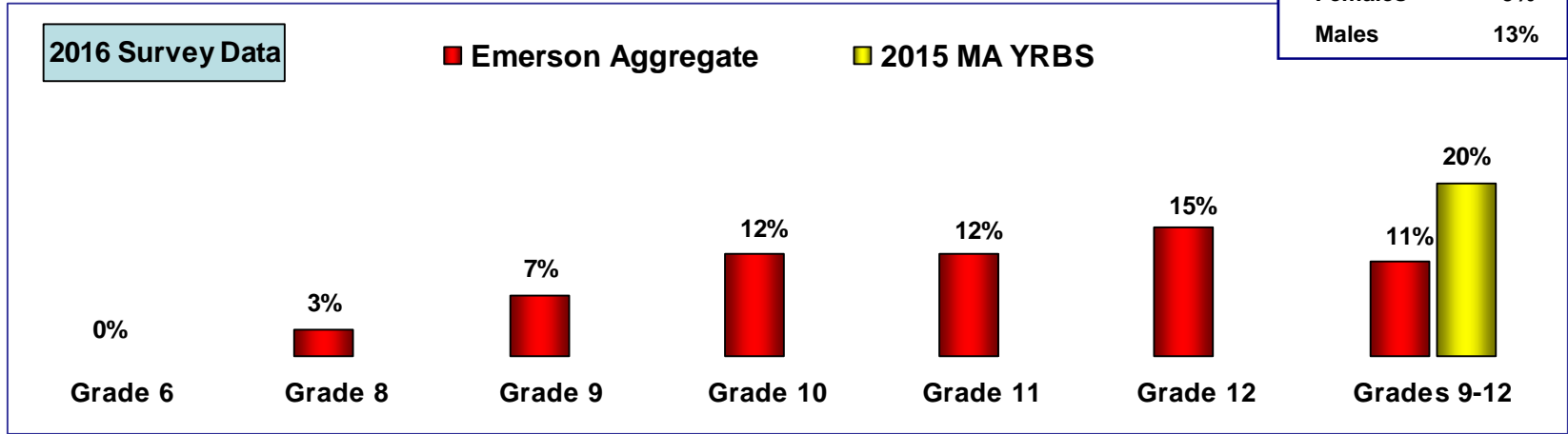


# Emerson Hospital 2016 YRBS - Aggregate

## Illegal Drug Use

*Offered/sold/given illegal drugs on school property  
(past 12 months)*

Grades 9-12 Combined	
<u>2016</u>	
Females	9%
Males	13%

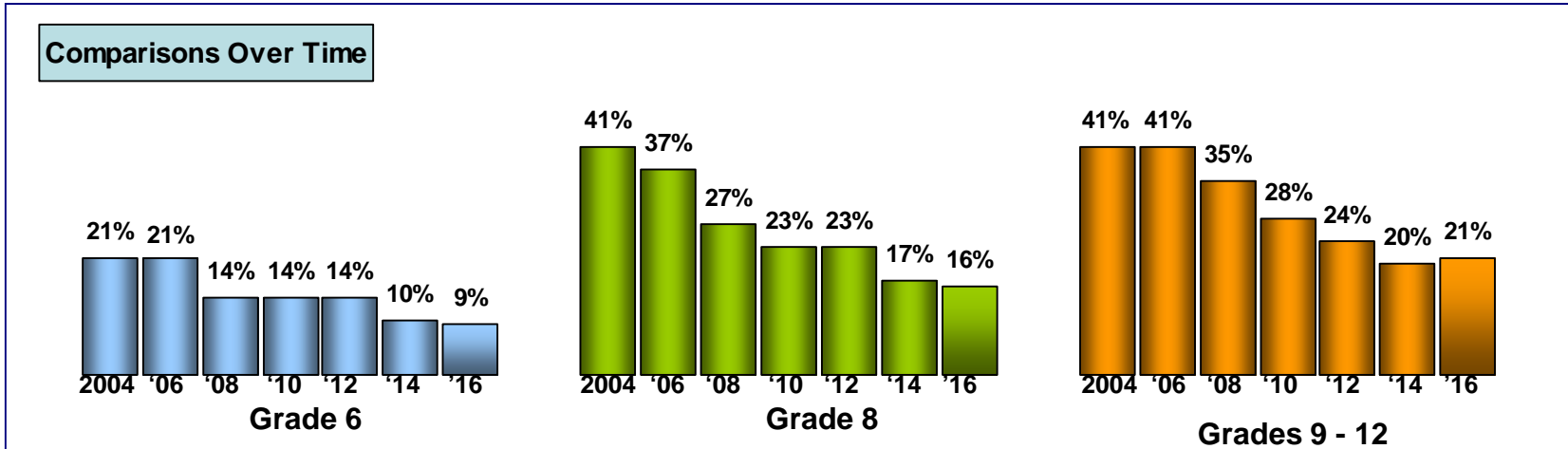
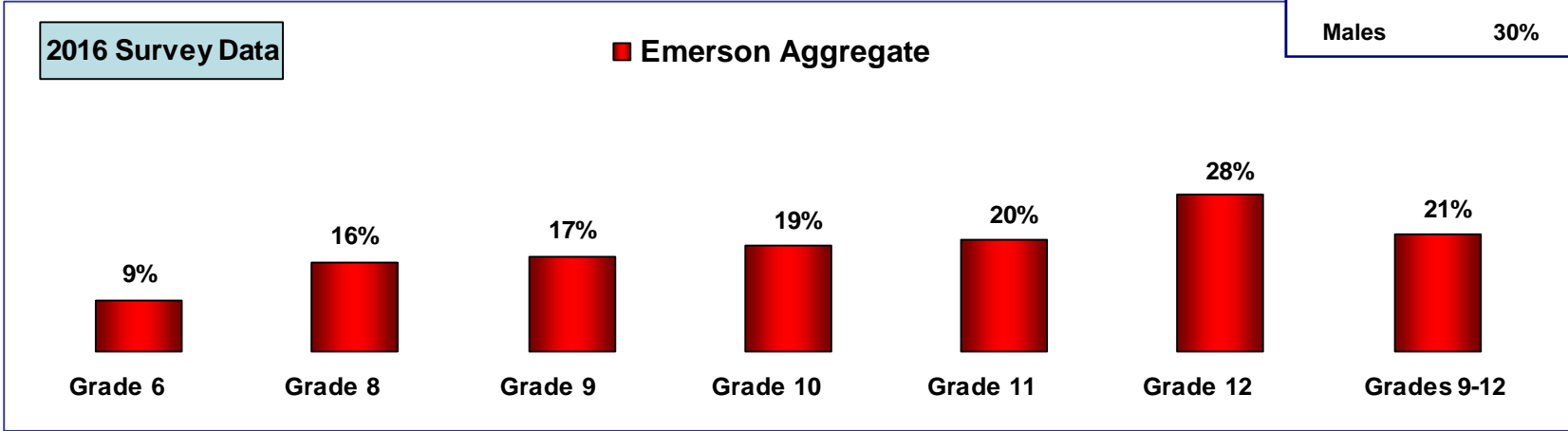


# Emerson Hospital 2016 YRBS - Aggregate

## Gambling

*Gambled by betting on lottery, Keno, sporting events, casino games, cards, or racing (past 12 months)*

Grades 9-12 Combined	
<u>2016</u>	
Females	11%
Males	30%

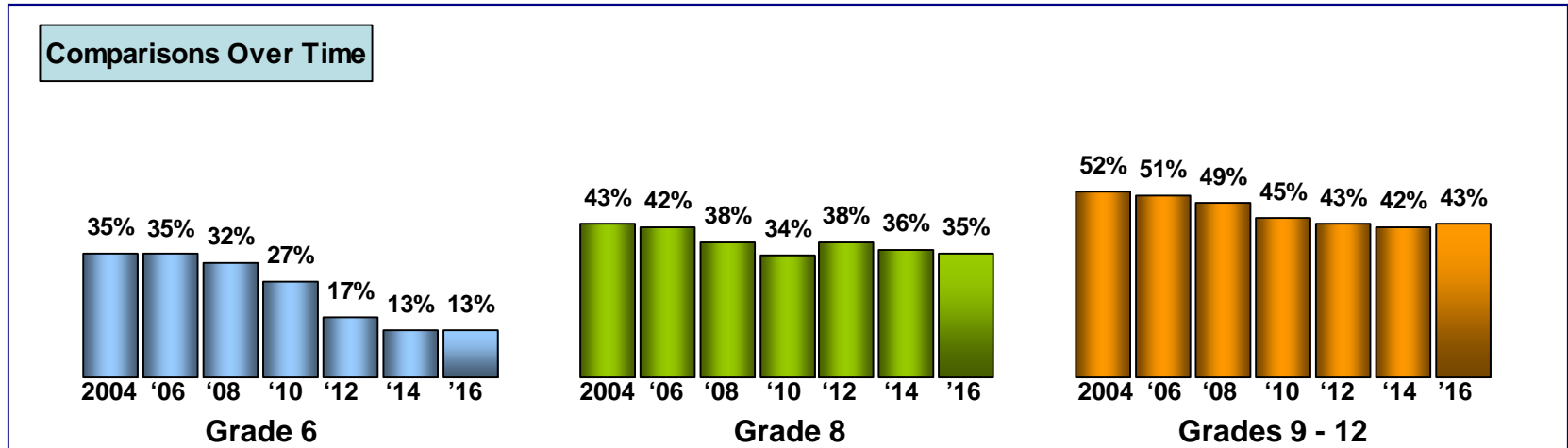
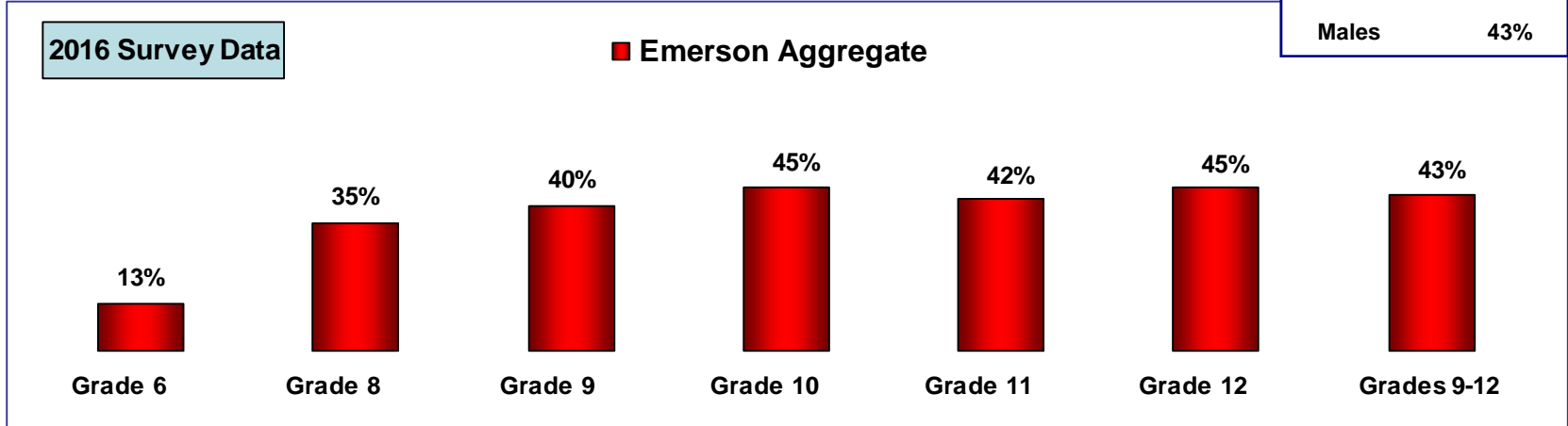


# Emerson Hospital 2016 YRBS - Aggregate

## HIV/AIDS Education

### Ever talked about AIDS/HIV infection with parents/family

Grades 9-12 Combined	
<u>2016</u>	
Females	42%
Males	43%

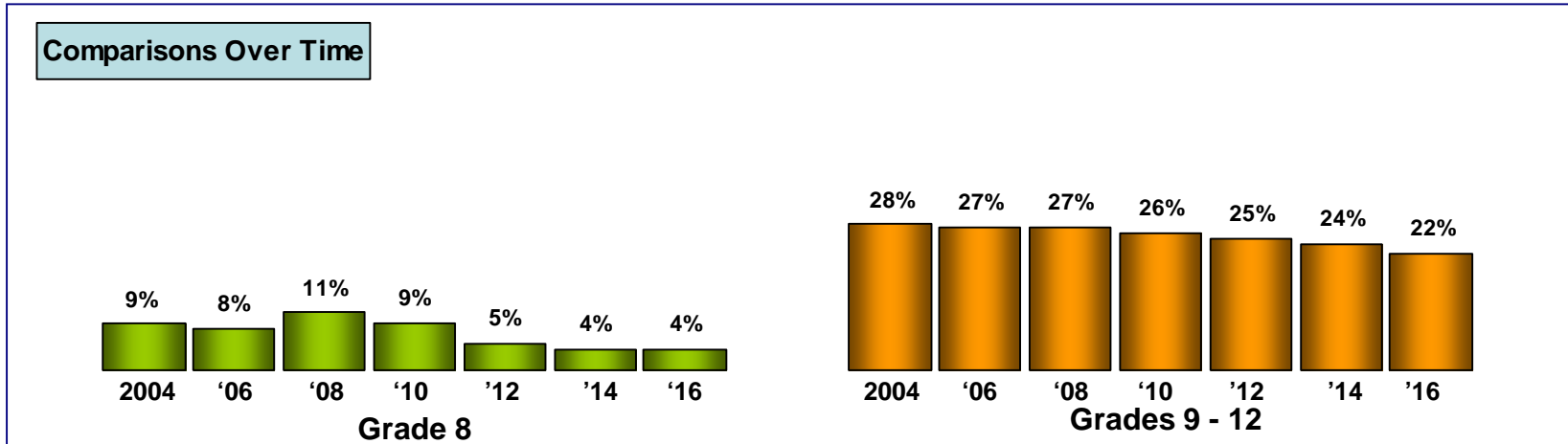
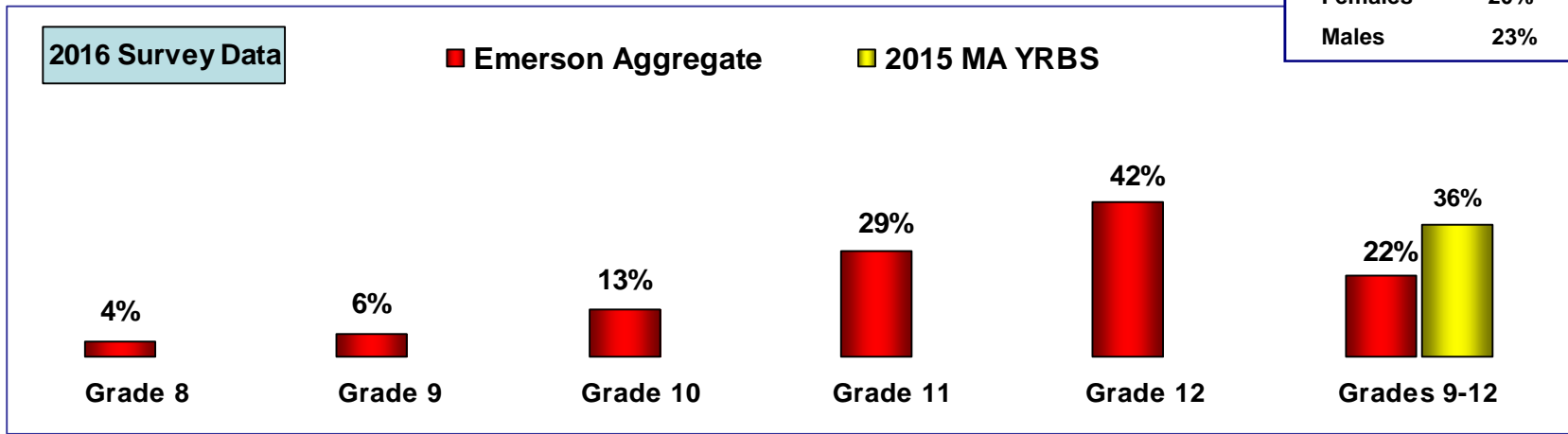


# Emerson Hospital 2016 YRBS - Aggregate

## Sexual Behavior

### *Ever had sexual intercourse*

Grades 9-12 Combined	
<u>2016</u>	
Females	20%
Males	23%

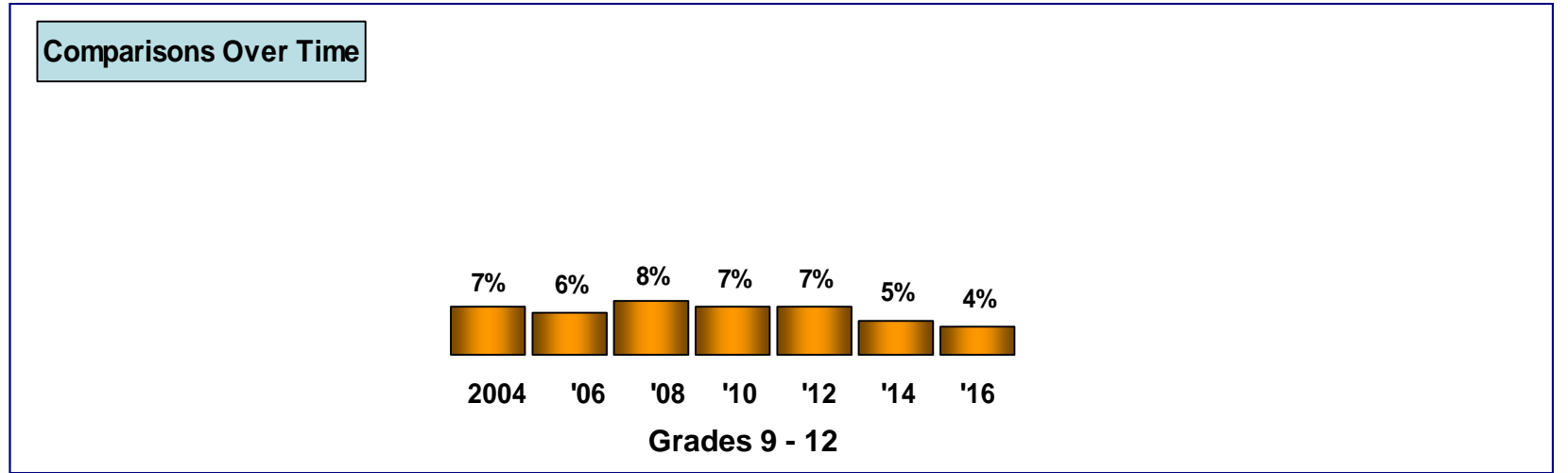
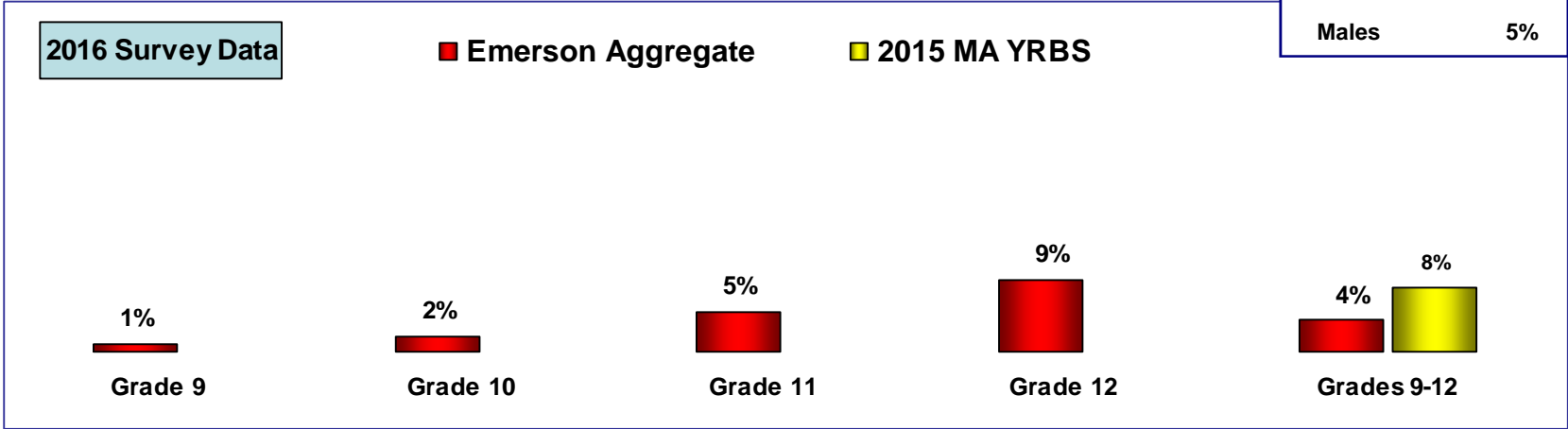


# Emerson Hospital 2016 YRBS - Aggregate

## Sexual Behavior

### *Four or more sexual partners (lifetime)*

Grades 9-12 Combined	
<u>2016</u>	
Females	3%
Males	5%

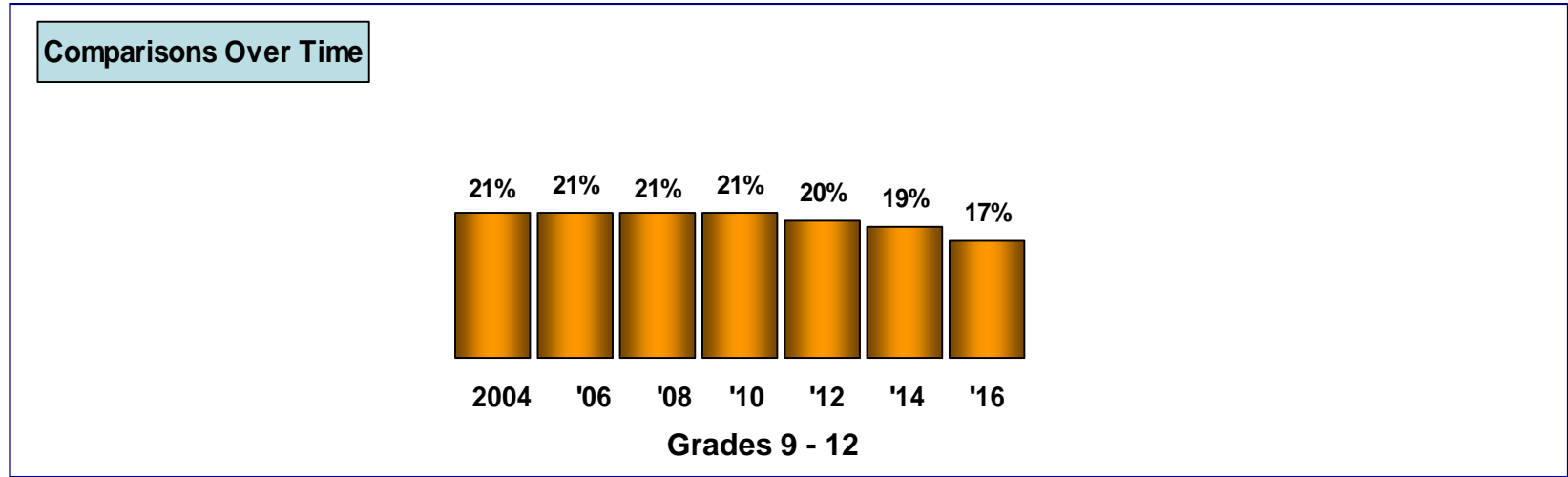
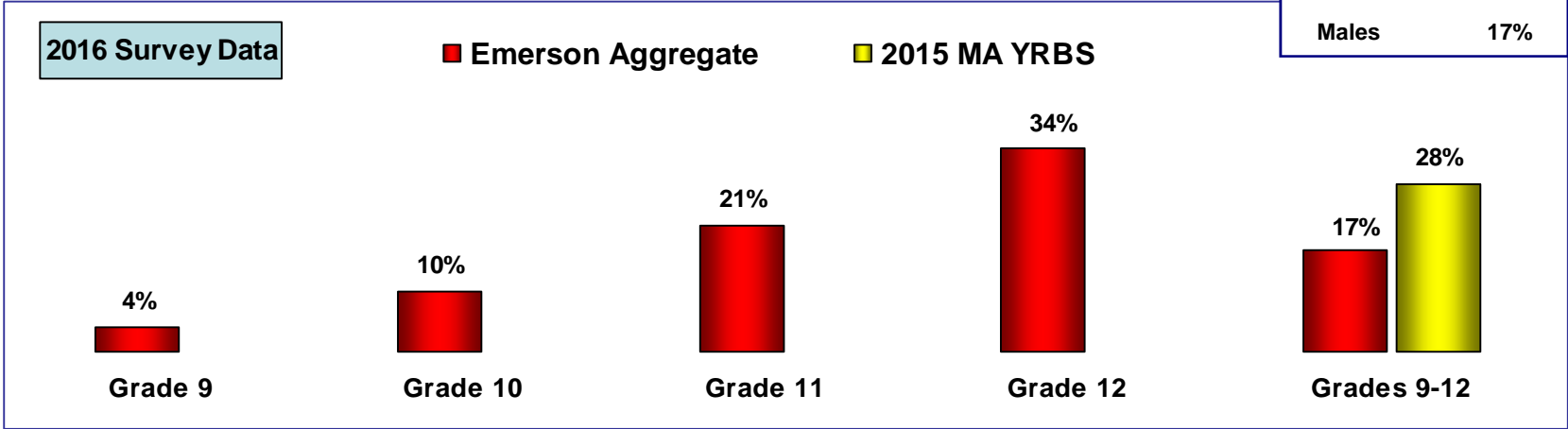


# Emerson Hospital 2016 YRBS - Aggregate

## Sexual Behavior

### *Recent sexual intercourse (past 3 months)*

Grades 9-12 Combined	
<u>2016</u>	
Females	16%
Males	17%



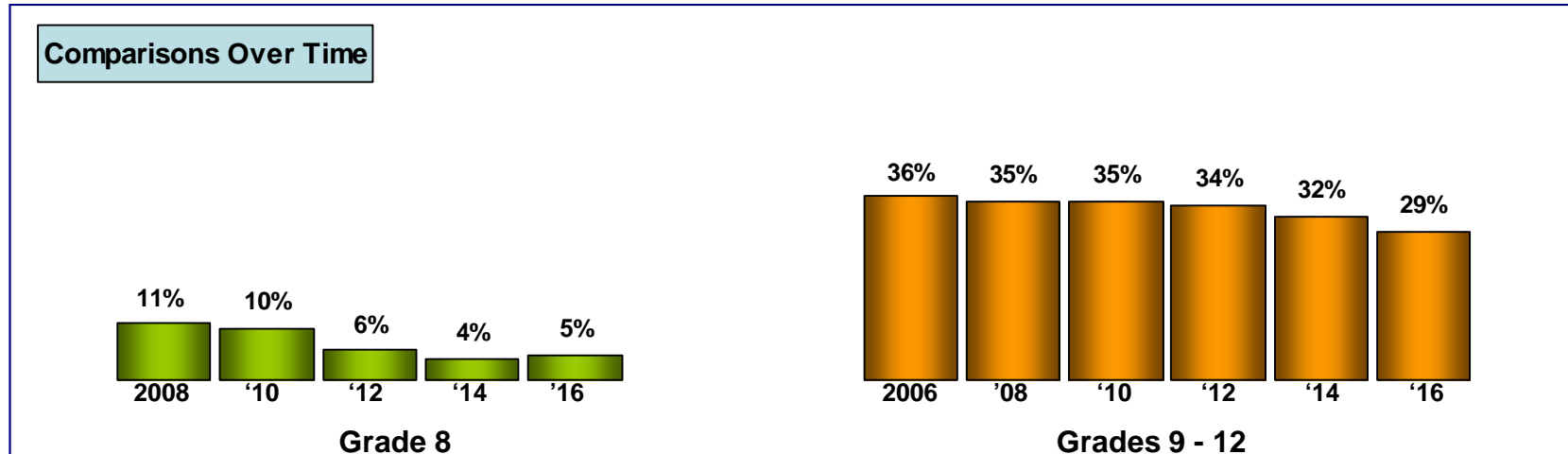
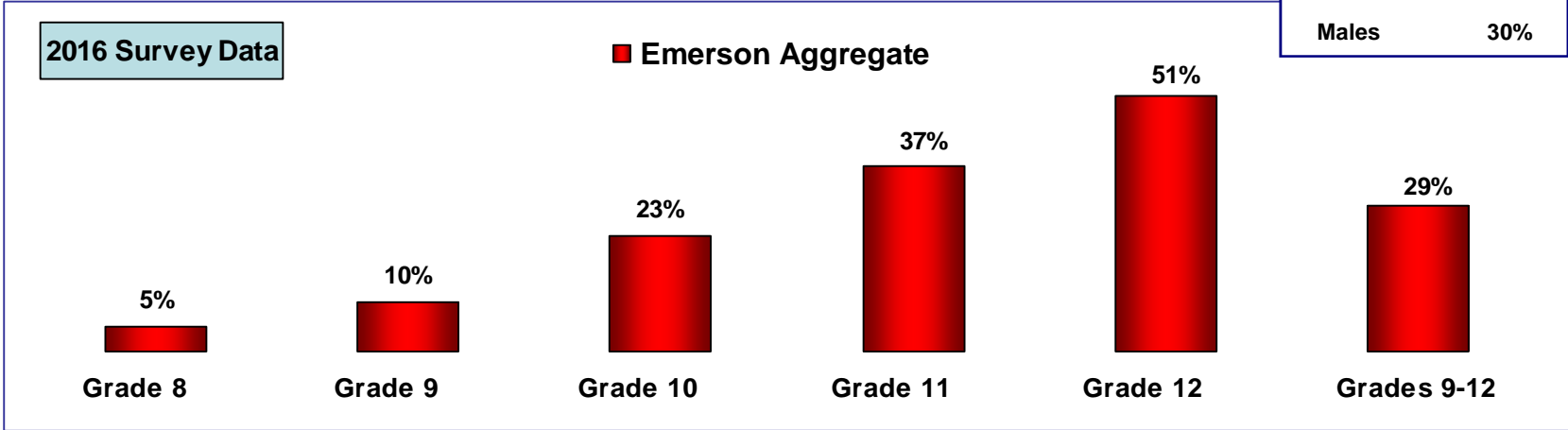


# Emerson Hospital 2016 YRBS - Aggregate

## Sexual Behavior

*Ever had oral sex, either given or received*

Grades 9-12 Combined	
<u>2016</u>	
Females	28%
Males	30%

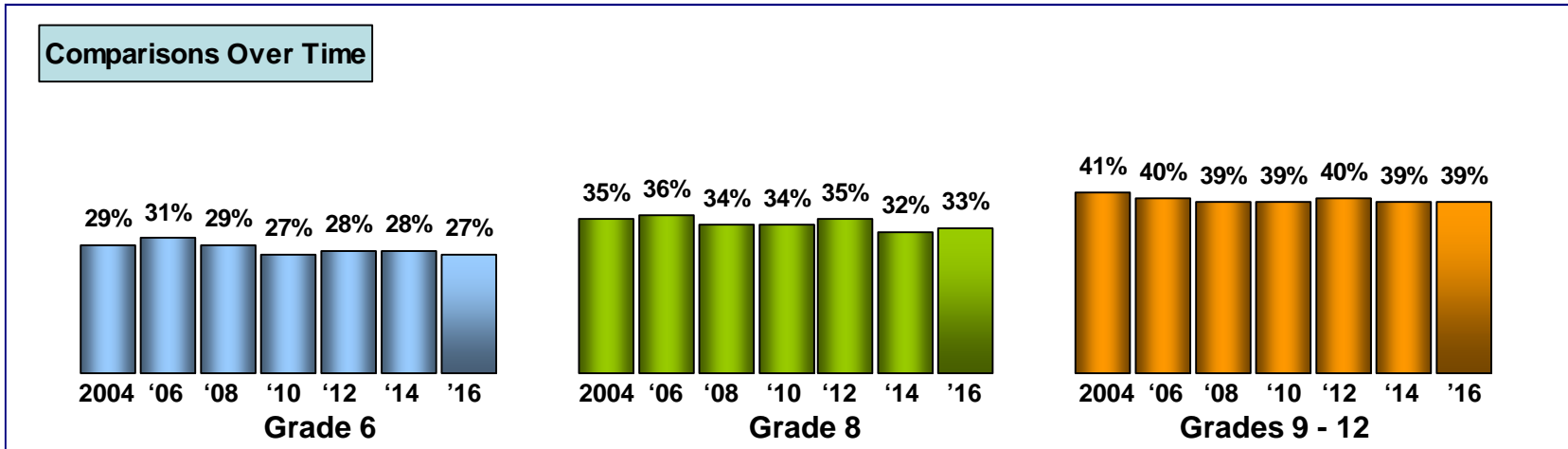
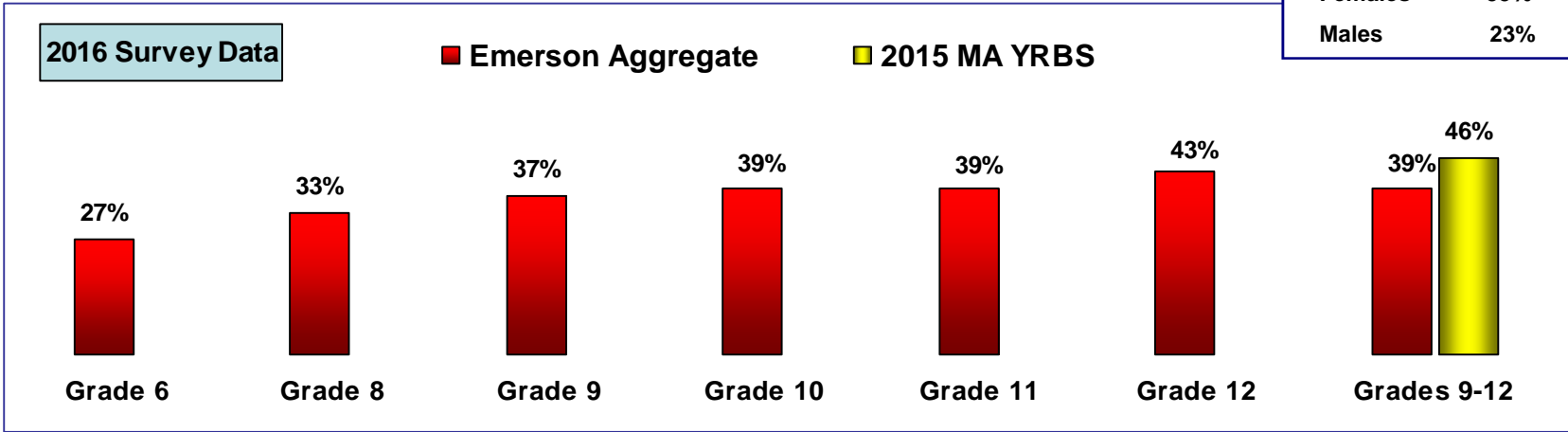


# Emerson Hospital 2016 YRBS - Aggregate

## Dietary Behavior

### Currently trying to lose weight

Grades 9-12 Combined	
<u>2016</u>	
Females	55%
Males	23%

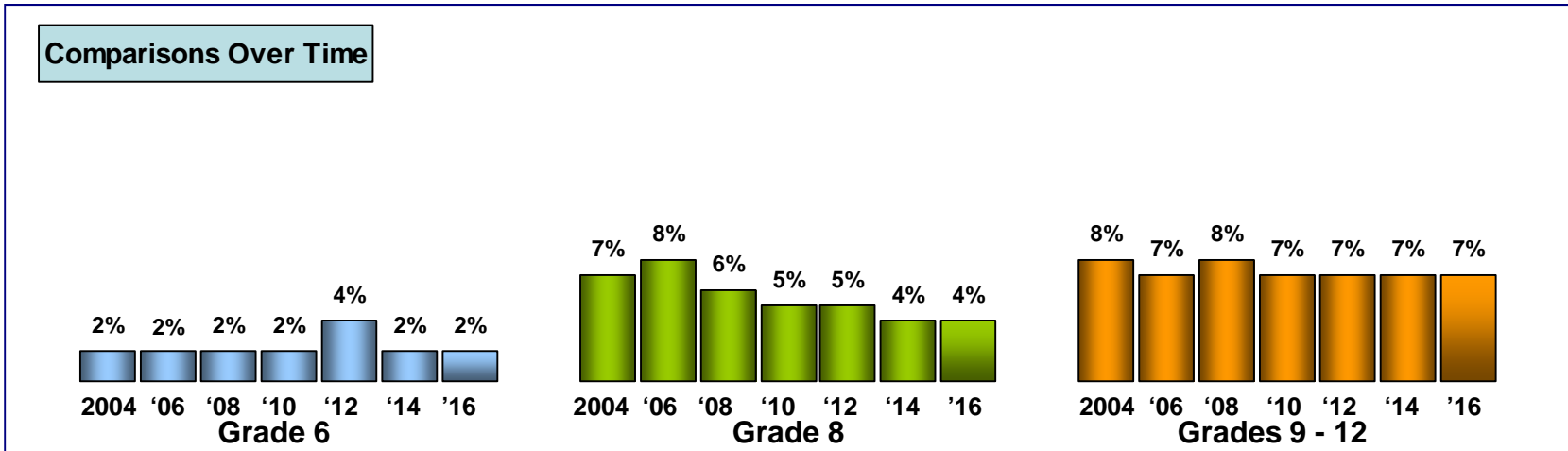
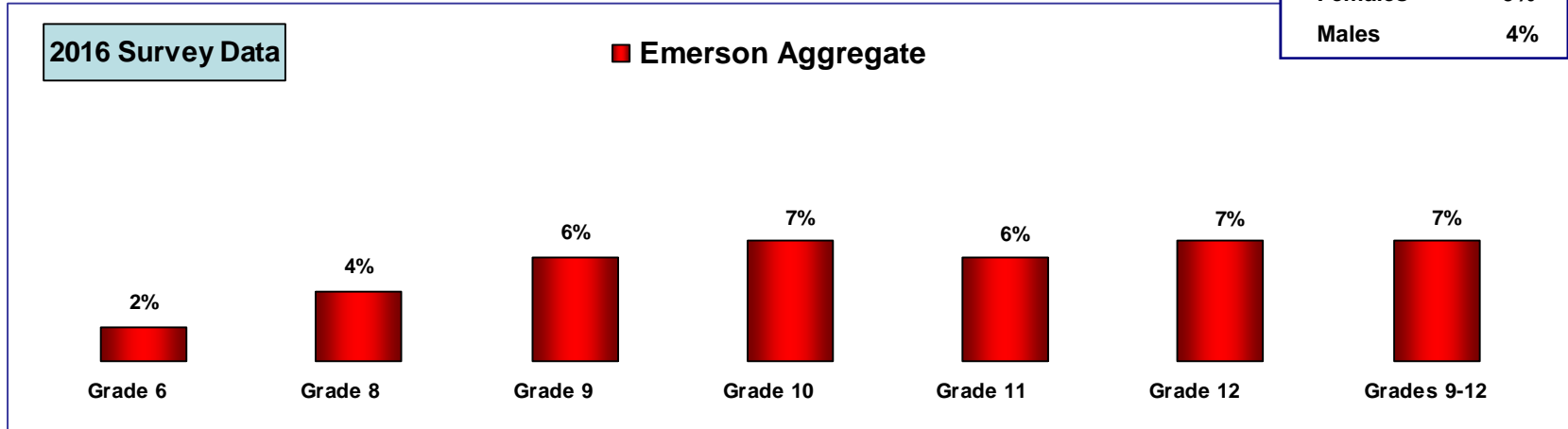


# Emerson Hospital 2016 YRBS - Aggregate

## Dietary Behavior

### Went without eating for 24 hours or more (past month)

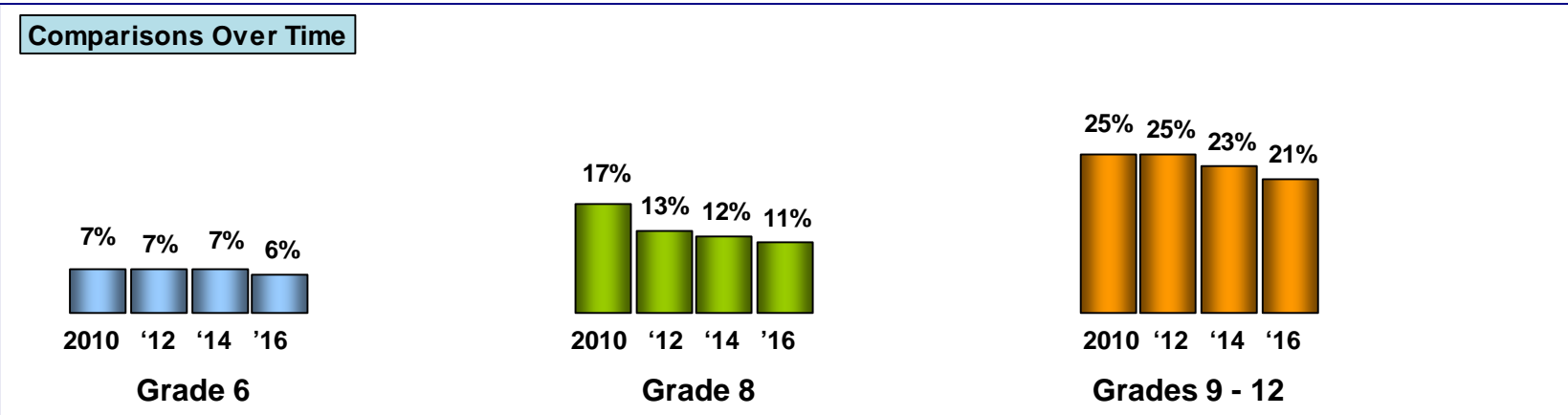
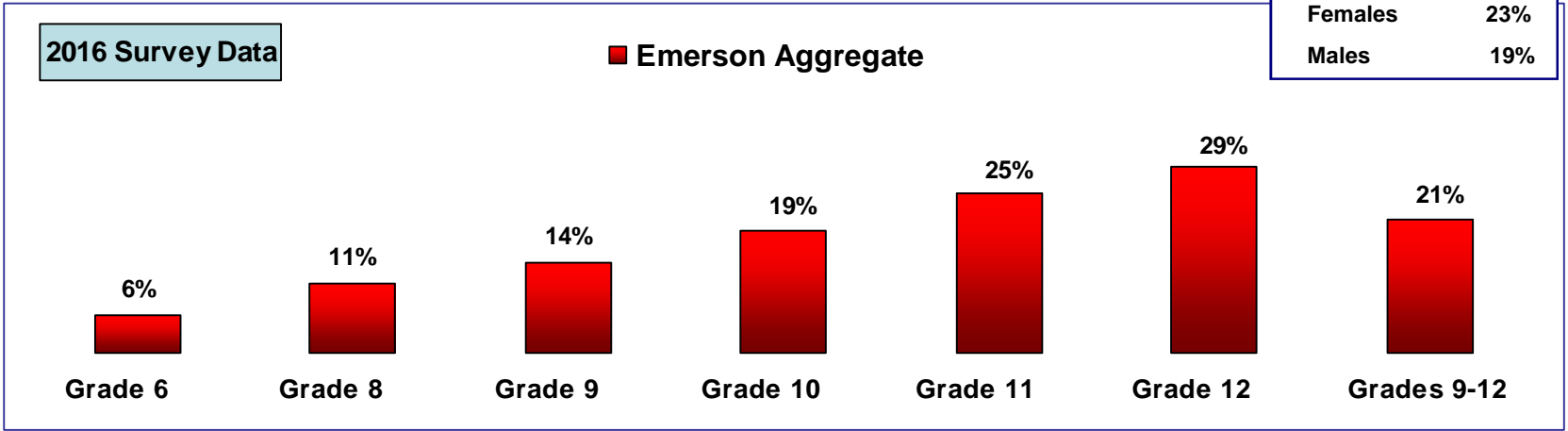
<b>Grades 9-12 Combined</b>	
<u>2016</u>	
Females	9%
Males	4%



# Emerson Hospital 2016 YRBS - Aggregate

## Dietary Behavior

Drank a caffeinated beverage at least once per day (past week)

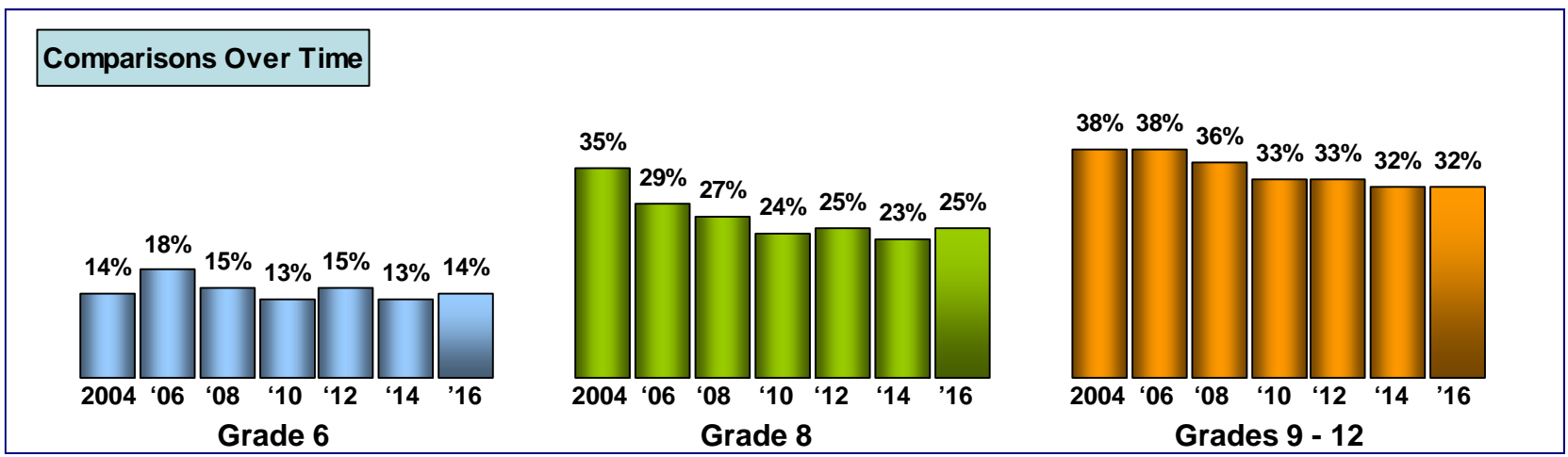
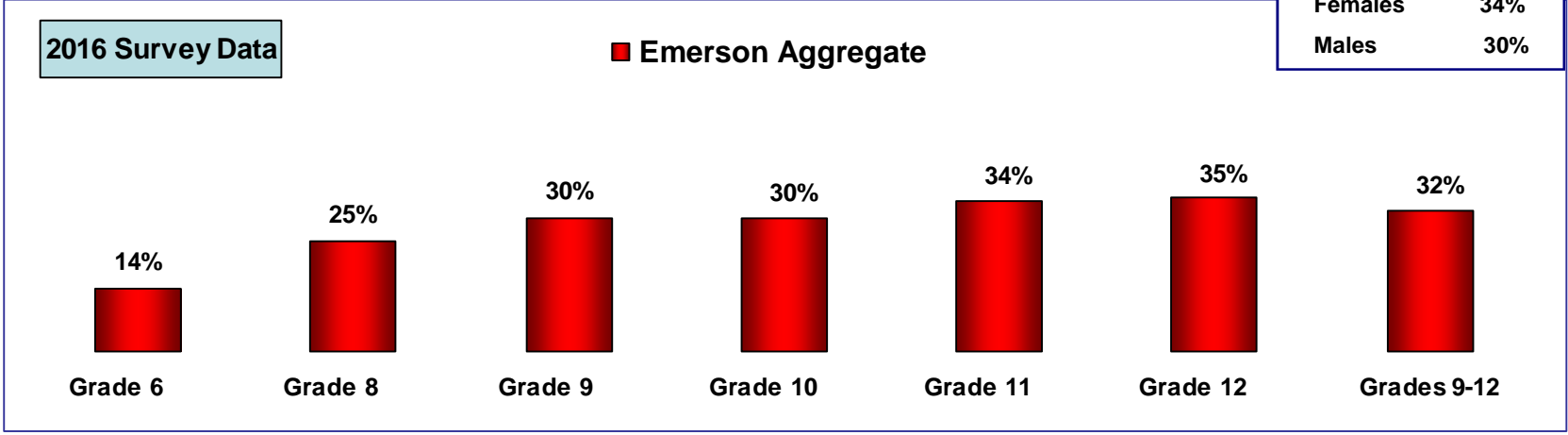


# Emerson Hospital 2016 YRBS - Aggregate

## Dietary Behavior

### Ate breakfast on fewer than 5 days during previous week

Grades 9-12 Combined	
<u>2016</u>	
Females	34%
Males	30%

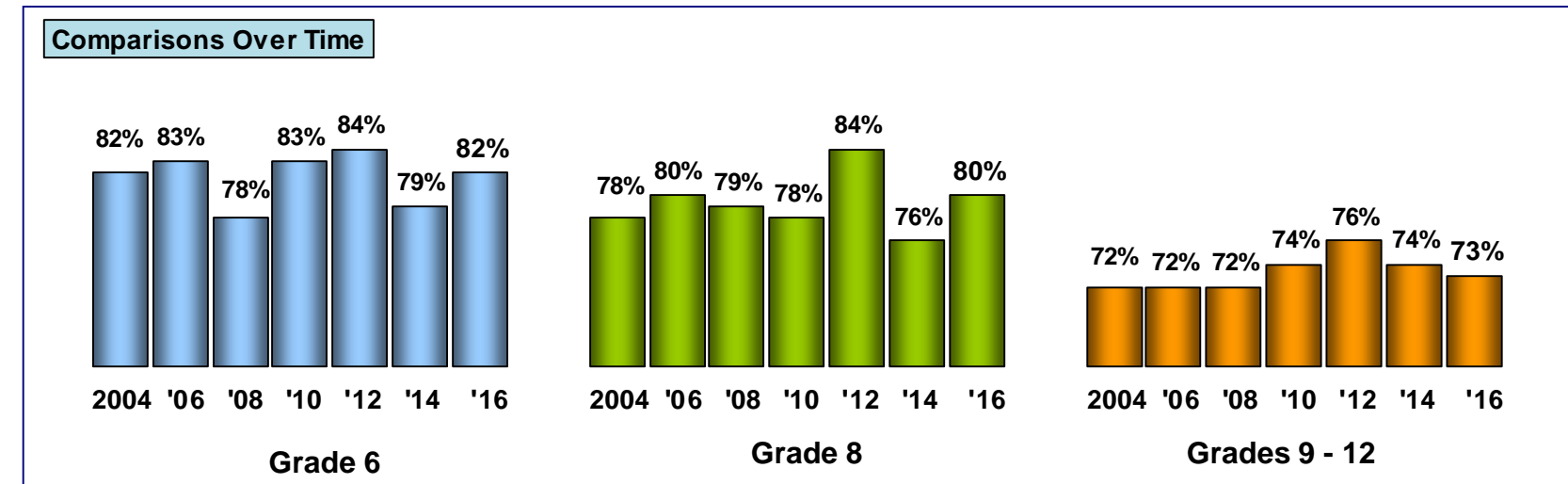
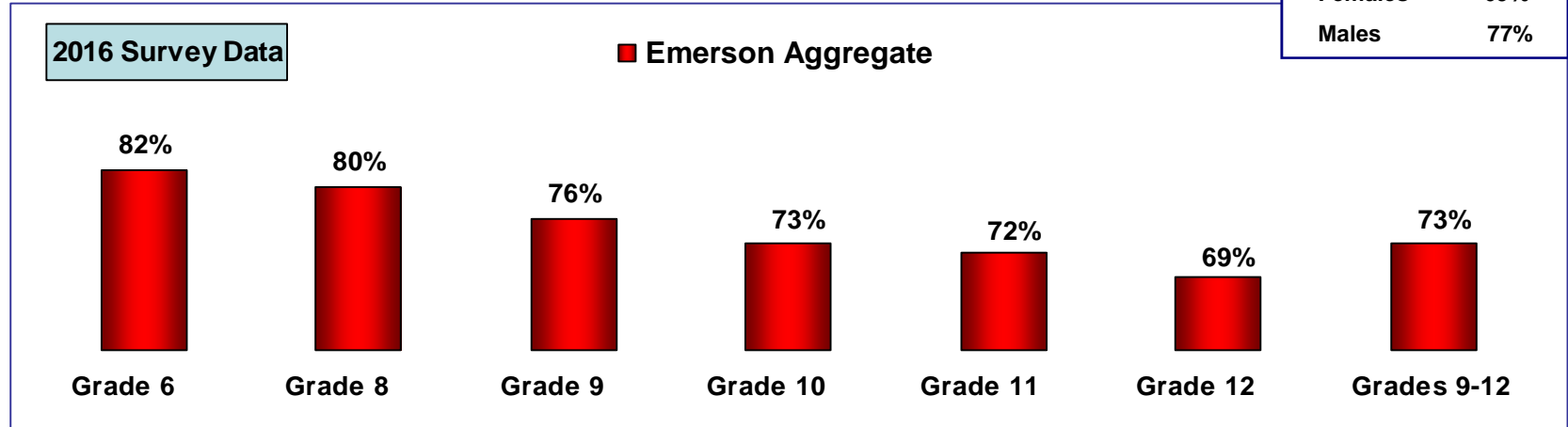


# Emerson Hospital 2016 YRBS - Aggregate

## Physical Activity

*Vigorous physical activity, 3 or more days previous week*

Grades 9-12 Combined	
<u>2016</u>	
Females	69%
Males	77%

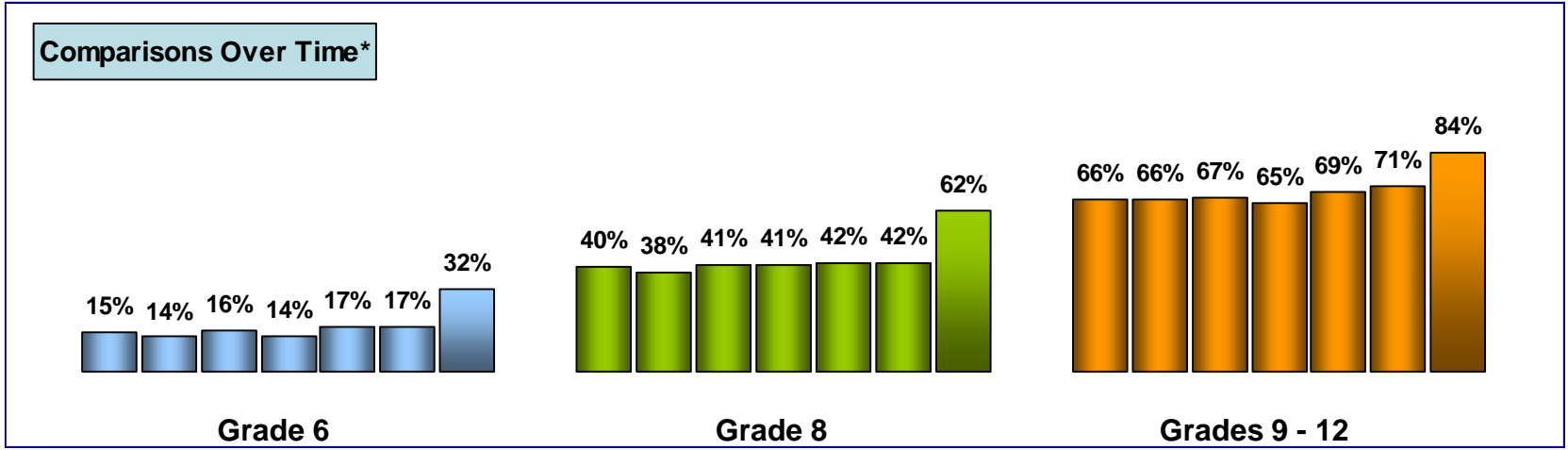
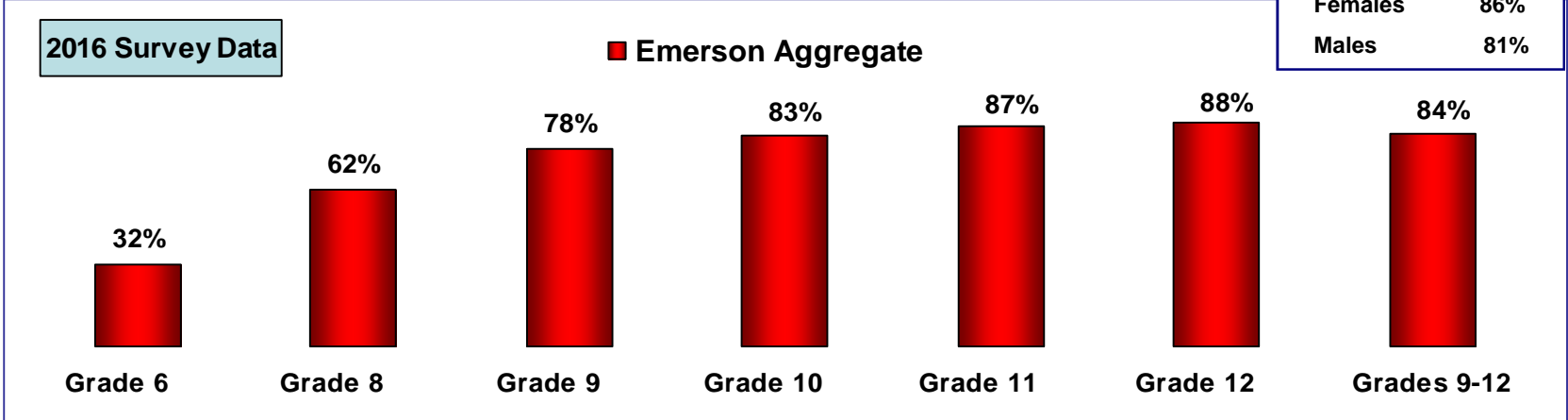


# Emerson Hospital 2016 YRBS - Aggregate

## Physical Activity

### Sleep an average of 7 or fewer hours each school night

Grades 9-12 Combined	
<u>2016</u>	
Females	86%
Males	81%



\* Changed to each "school" night in 2016

**APPENDIX B**

**THE 2016 EMERSON YRBS**

**EMERSON HOSPITAL**

**MISCELLANEOUS SELECTED COMPARISONS  
FOR THE  
EIGHT SCHOOL DISTRICT AGGREGATE**



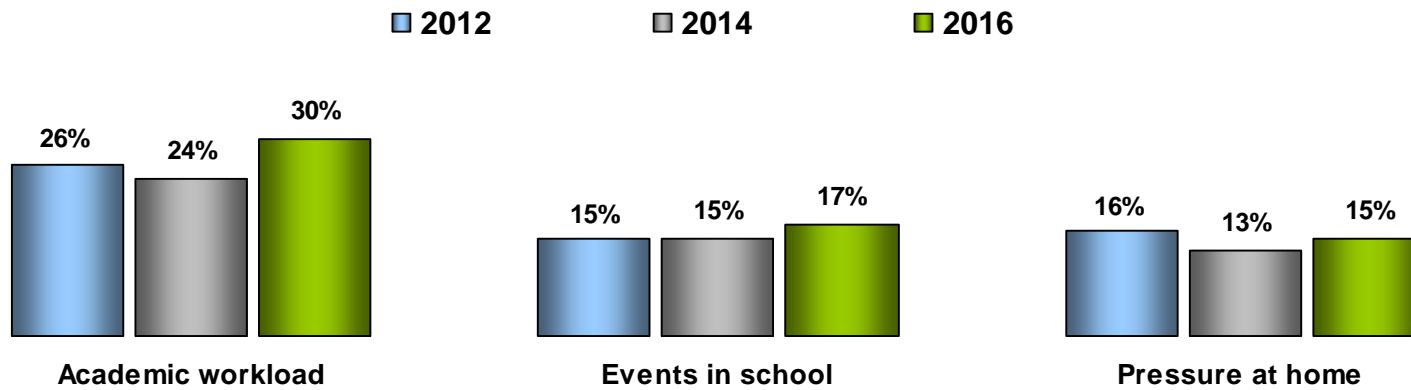
# Emerson Hospital 2016 YRBS - Aggregate

## Grade 6

### Stress

Somewhat or very high levels of stress (past 12 months) as a result of:

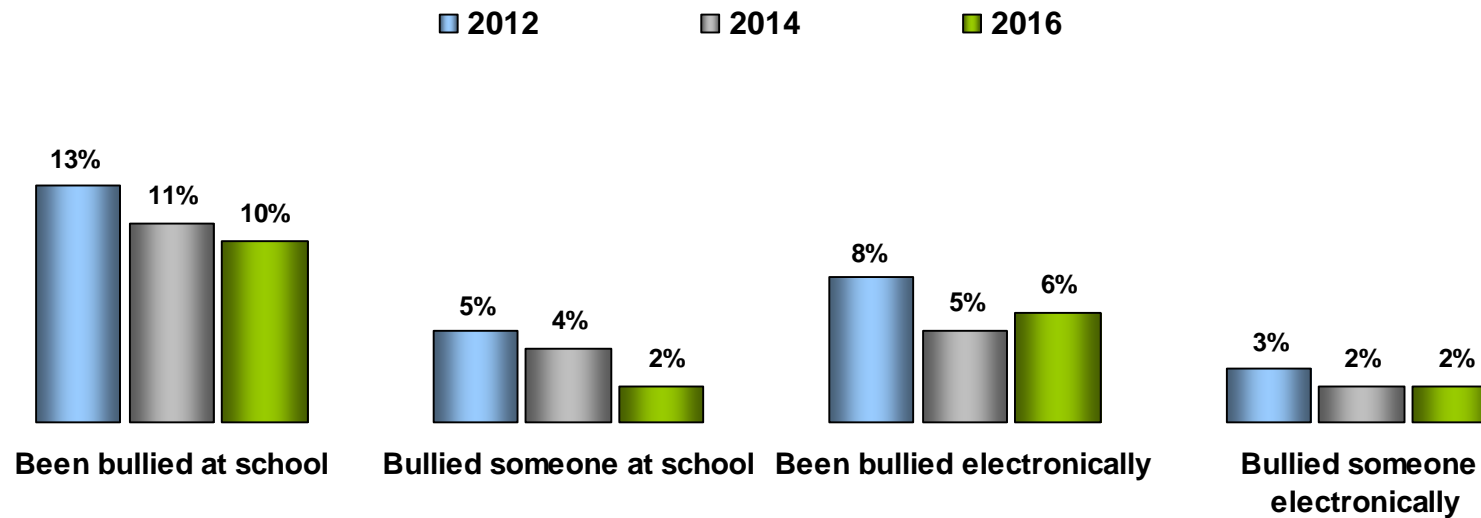
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# Emerson Hospital 2016 YRBS - Aggregate

## Grade 6

### Bullying\*

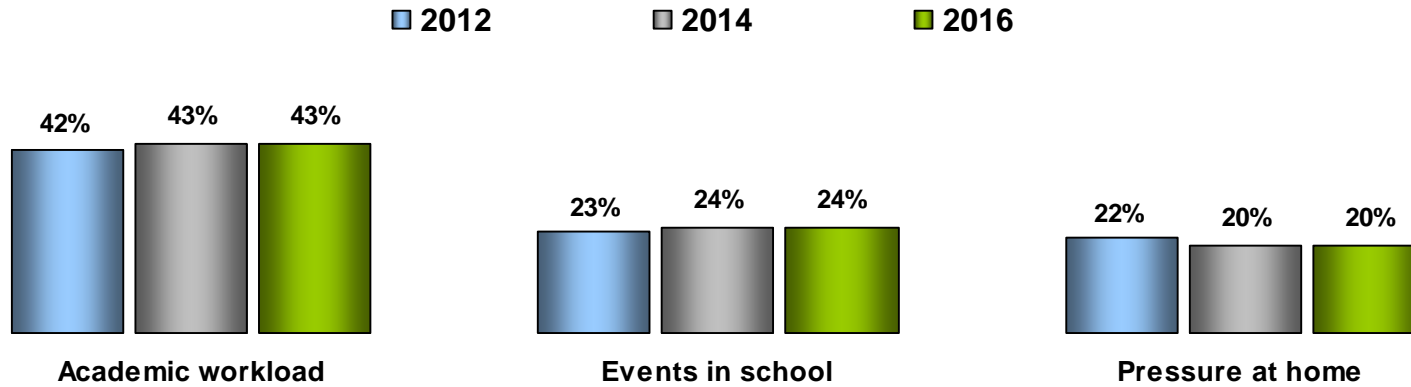


\* Repeatedly threatened, humiliated, or experienced hostile behaviors from others (past 12 months)

# Emerson Hospital 2016 YRBS - Aggregate Grade 8 Stress

Somewhat or very high levels of stress (past 12 months) as a result of:

---

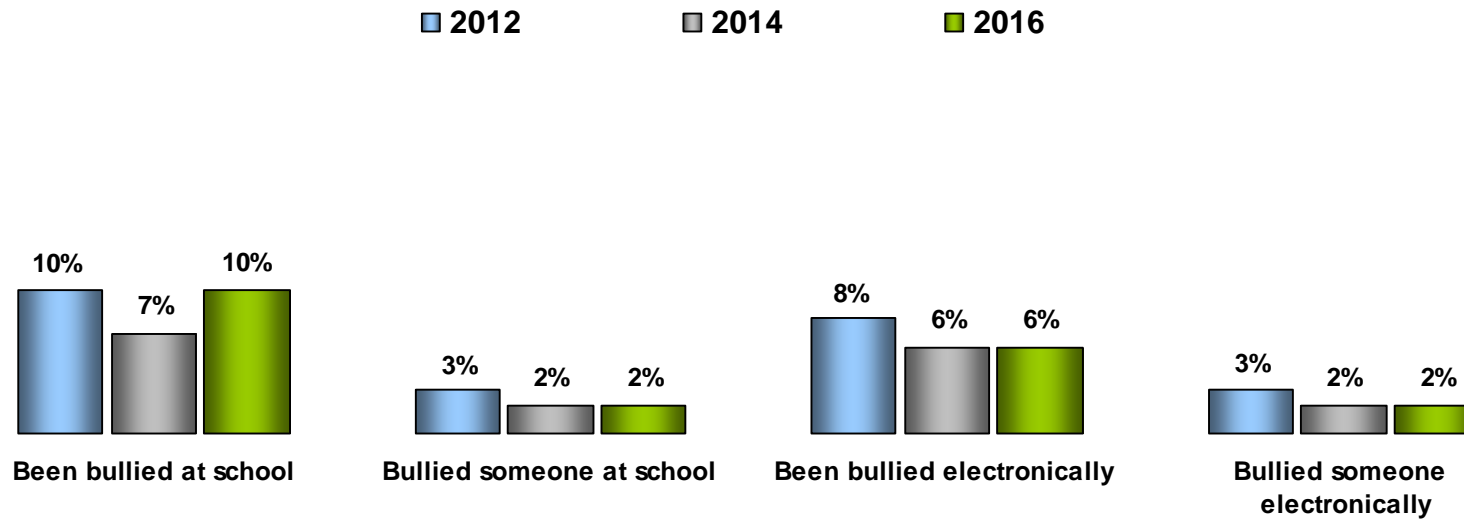


# Emerson Hospital 2016 YRBS - Aggregate

## Grade 8

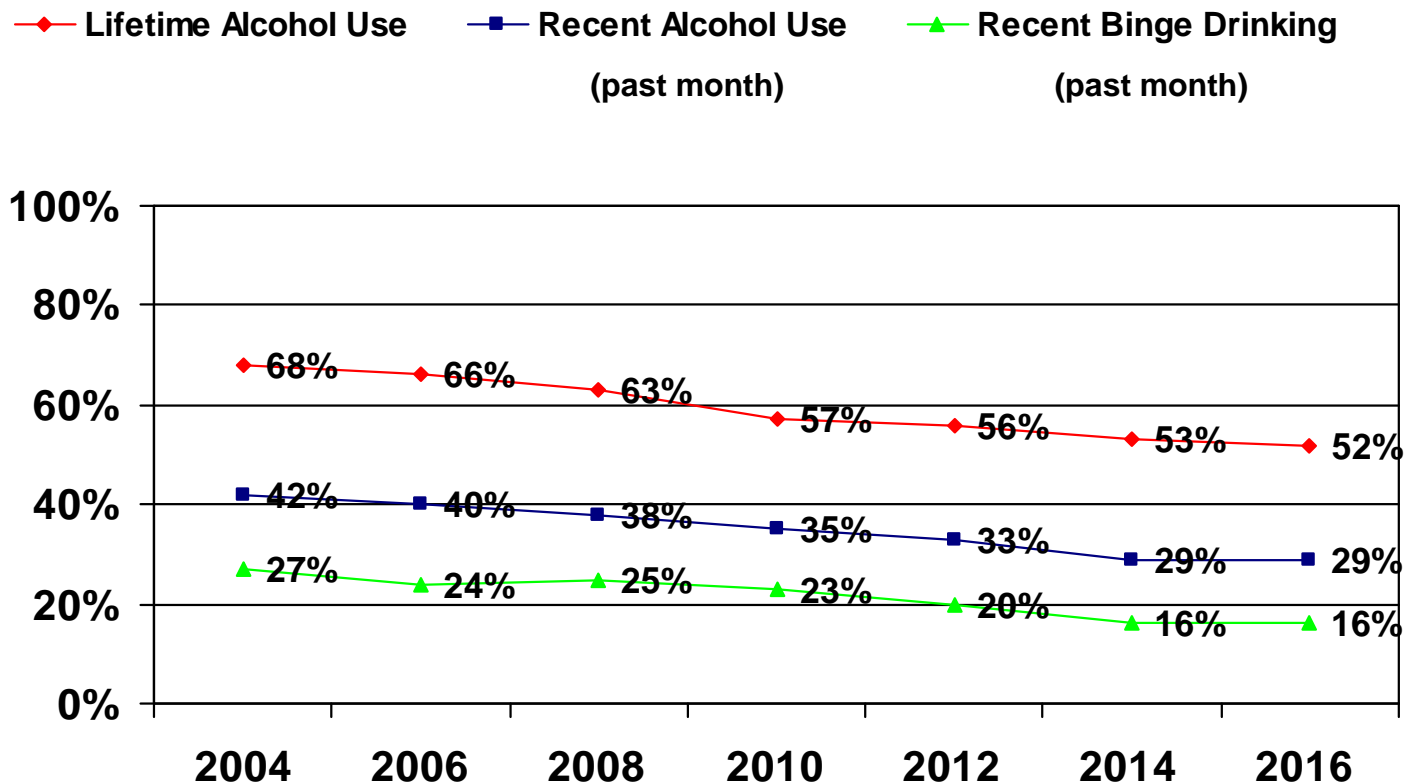
### Bullying\*

---



\* Repeatedly threatened, humiliated, or experienced hostile behaviors from others (past 12 months)

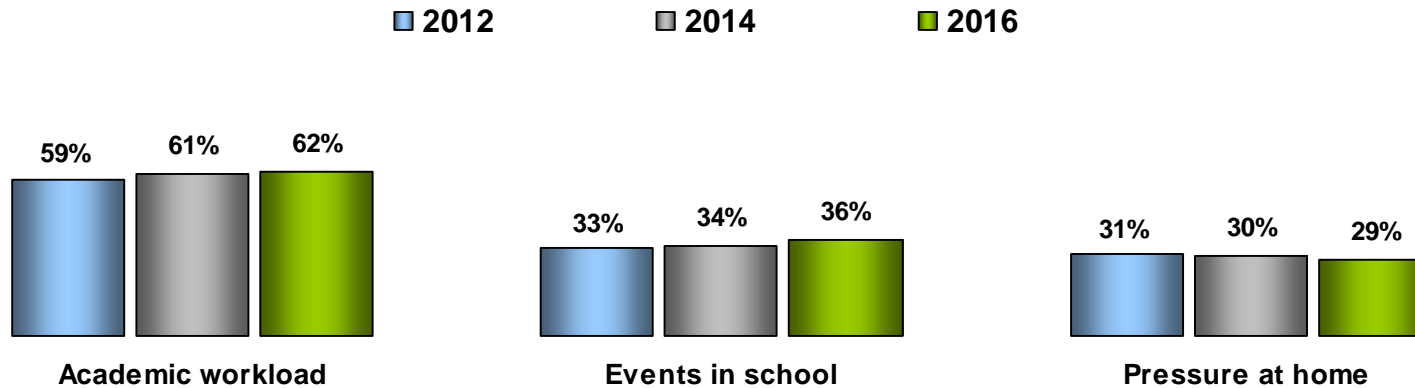
## Emerson Hospital 2016 YRBS - Aggregate Grades 9 thru 12 (Combined)



# Emerson Hospital 2016 YRBS - Aggregate Grades 9 thru 12 (Combined) Stress

Somewhat or very high levels of stress (past 12 months) as a result of:

---

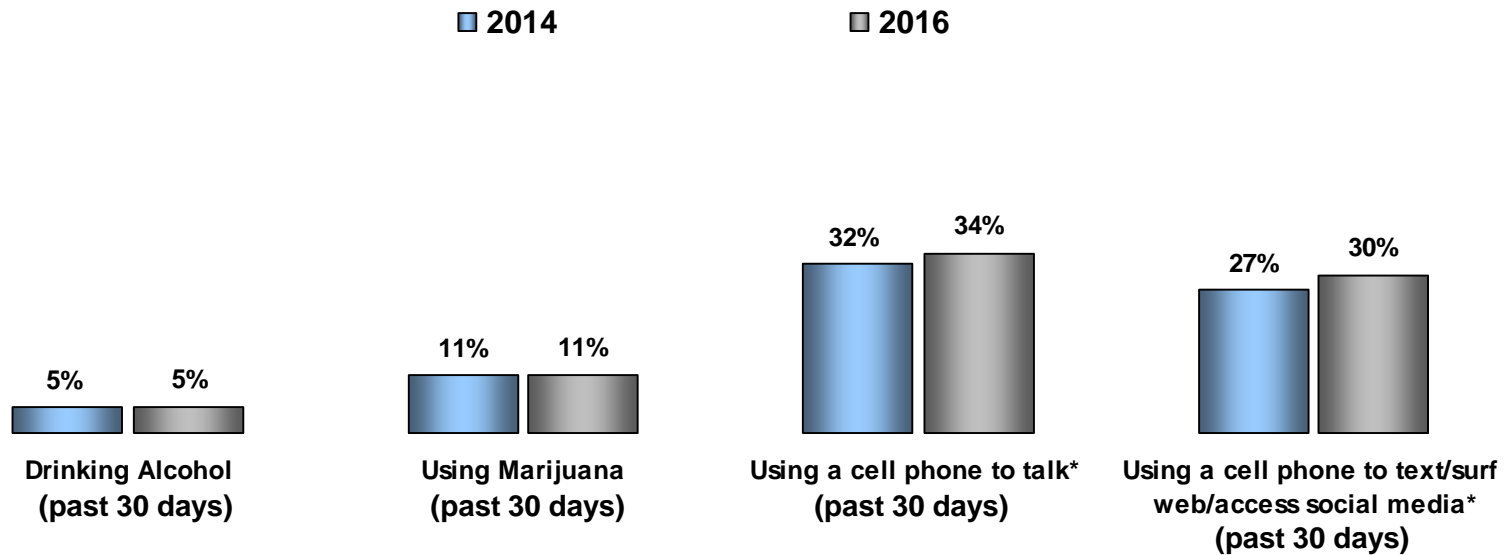


# Emerson Hospital 2016 YRBS - Aggregate

## Grade 11

### Safety

Drove a car/other vehicle when you had been:



\* Without a hands-free option

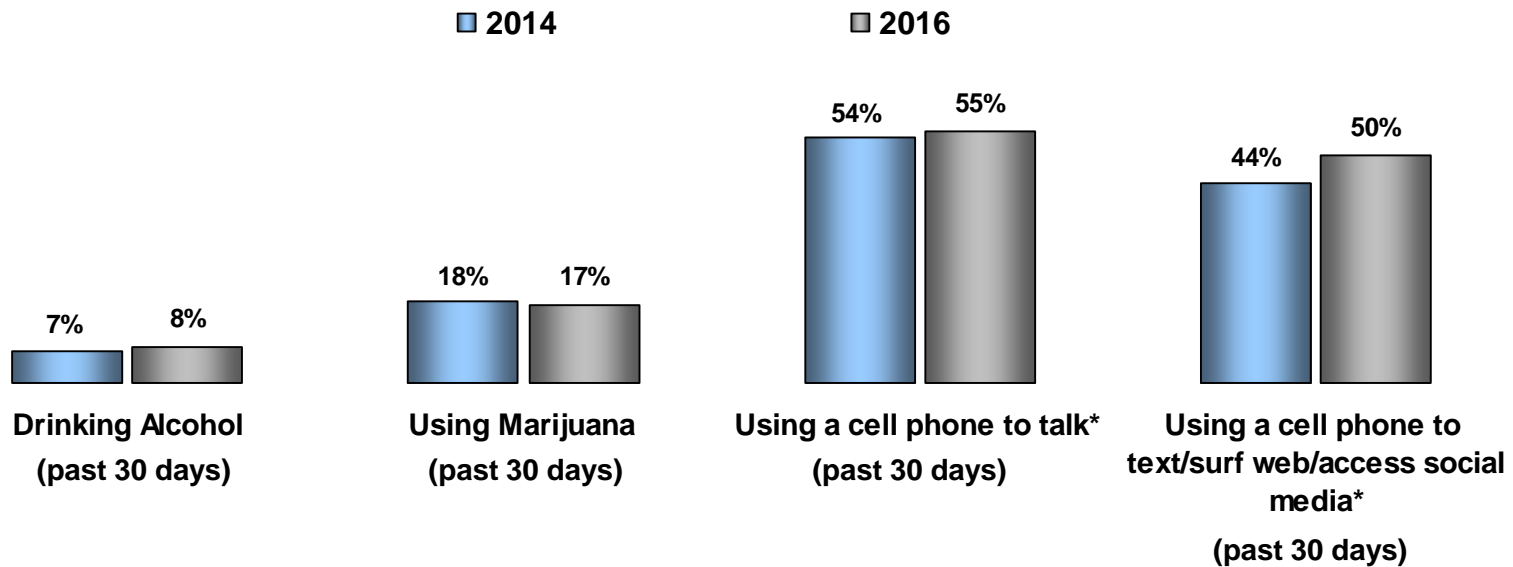
# Emerson Hospital 2016 YRBS - Aggregate

## Grade 12

### Safety

Drove a car/other vehicle when you had been:

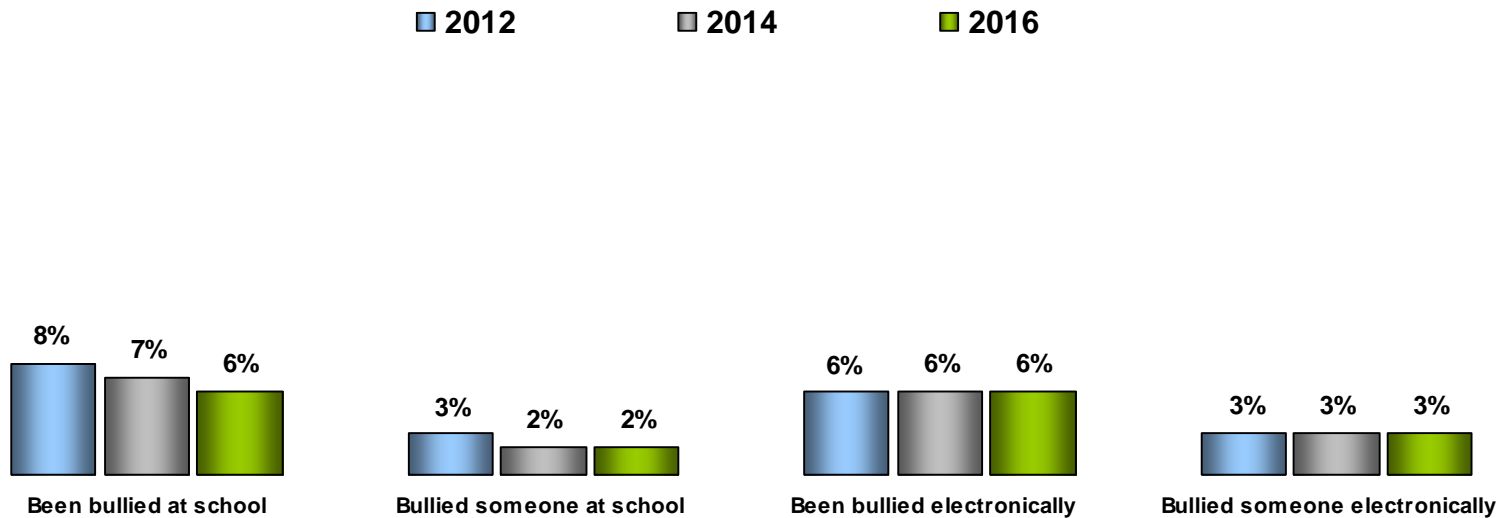
---



\* Without a hands-free option



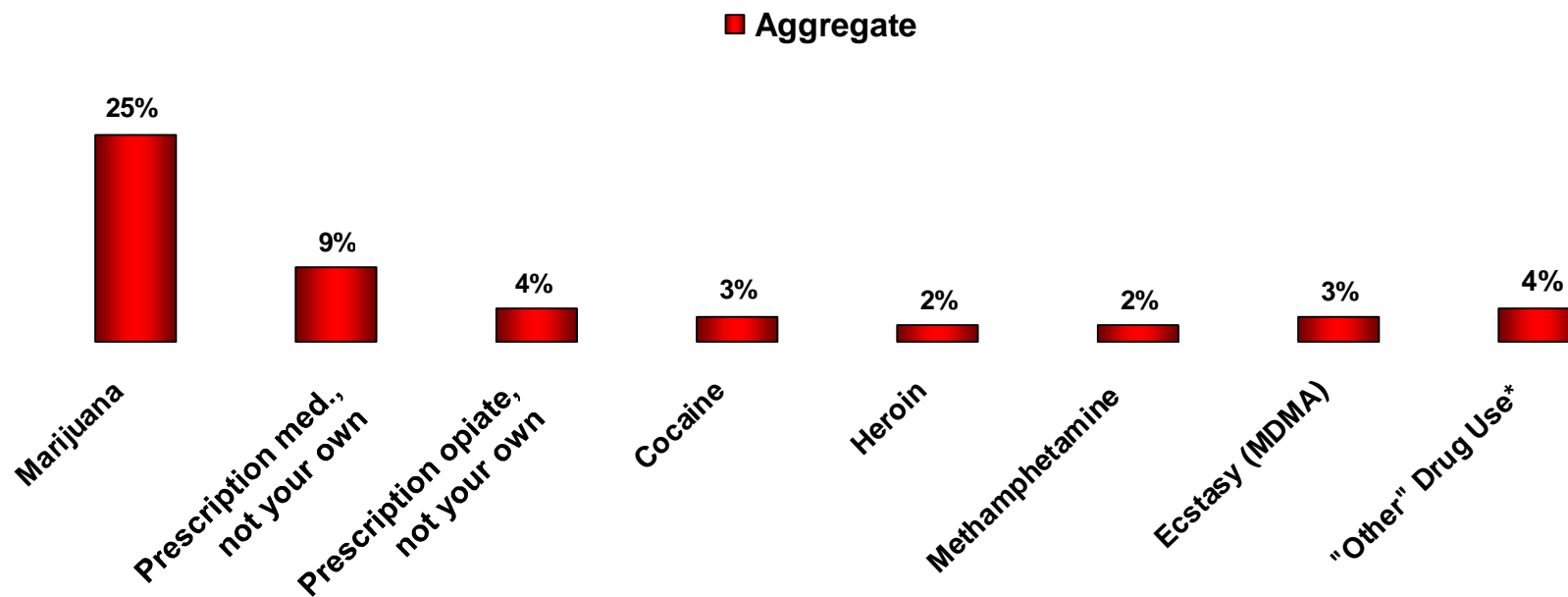
# Emerson Hospital 2016 YRBS - Aggregate Grades 9 thru 12 (Combined) Bullying\*



\* Repeatedly threatened, humiliated, or experienced hostile behaviors from others (past 12 months)

# Emerson Hospital 2016 YRBS - Aggregate Grades 9 thru 12 (Combined) Illegal Drug Use

Lifetime Use (at least once)



\* Such as LSD (acid), PCP, mushrooms, Ketamine (Special K), Rohypnol (Roofies), or GHB

**APPENDIX C**

**THE 2016 EMERSON YRBS**

**EMERSON HOSPITAL**

**SELECTED COMPARISONS**

**BEHAVIORAL/EXPERIENTIAL**

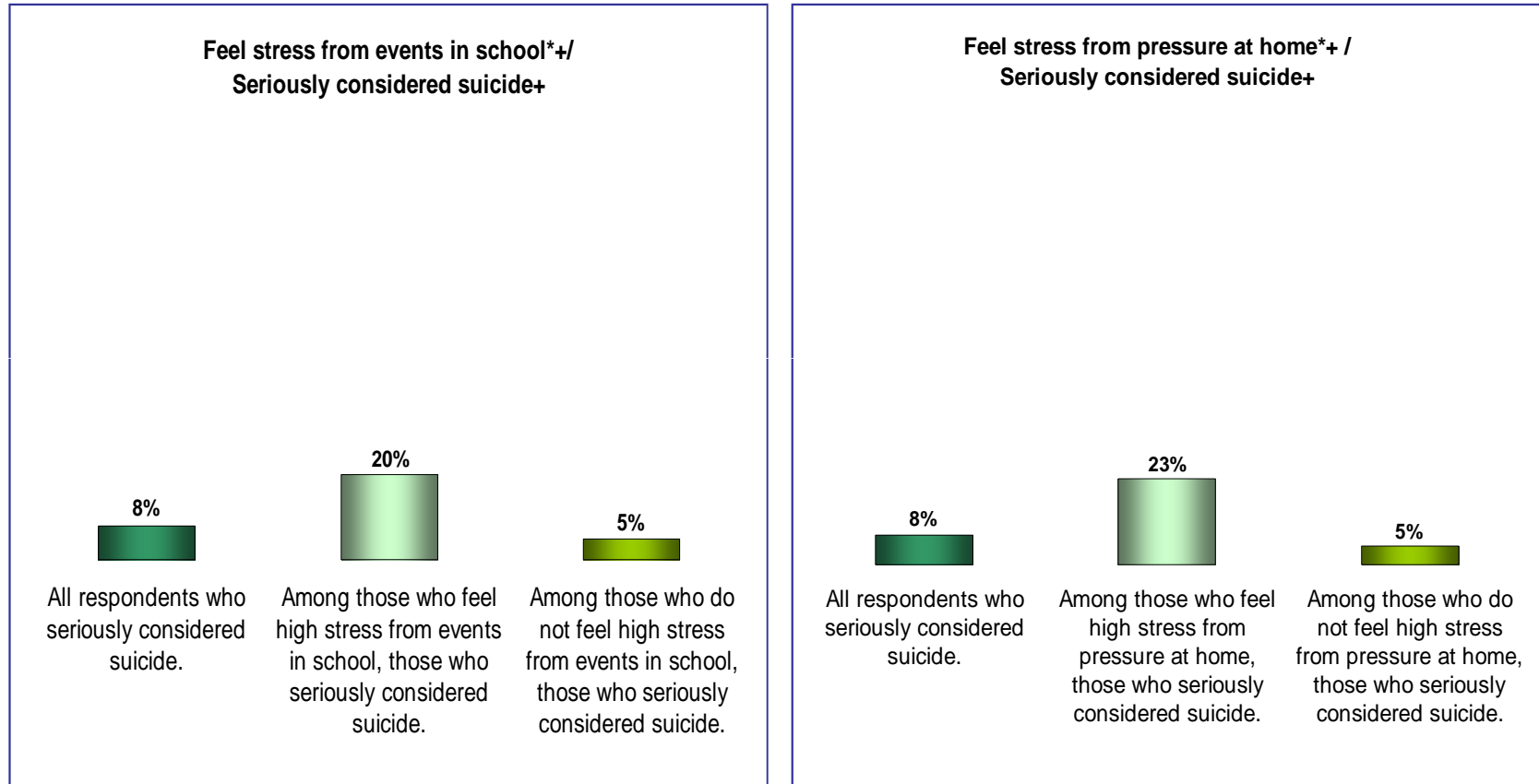
**CROSS-TABULATIONS**

**FOR THE**

**EIGHT SCHOOL DISTRICT AGGREGATE**

# Emerson Hospital 2016 YRBS - Aggregate

## Grade 8



\* somewhat or very high levels

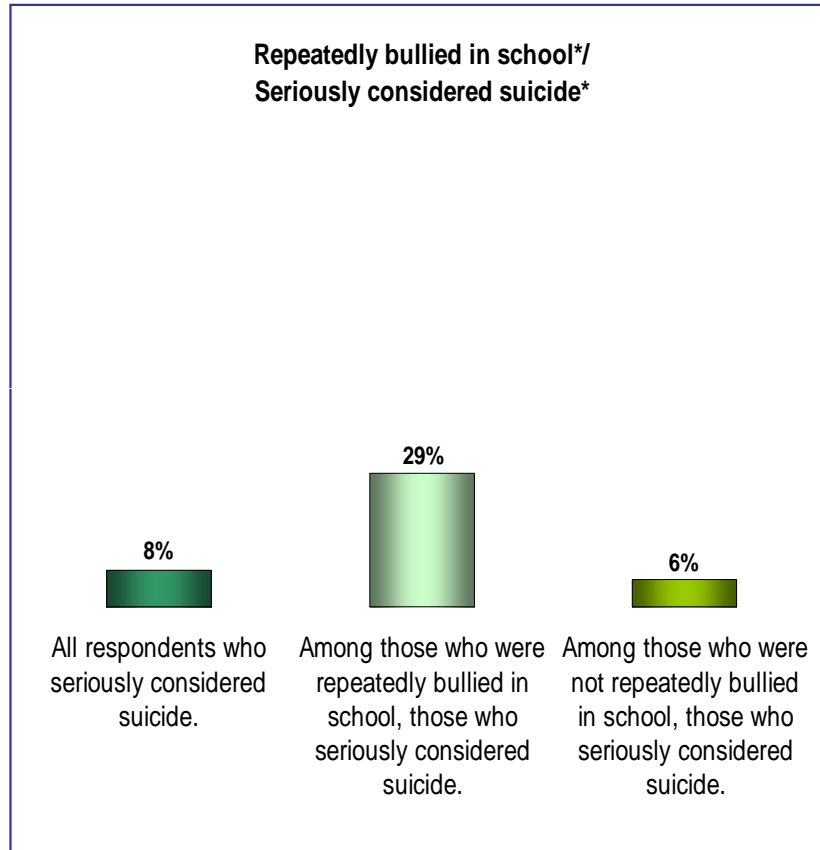
+ past 12 months

\* somewhat or very high levels

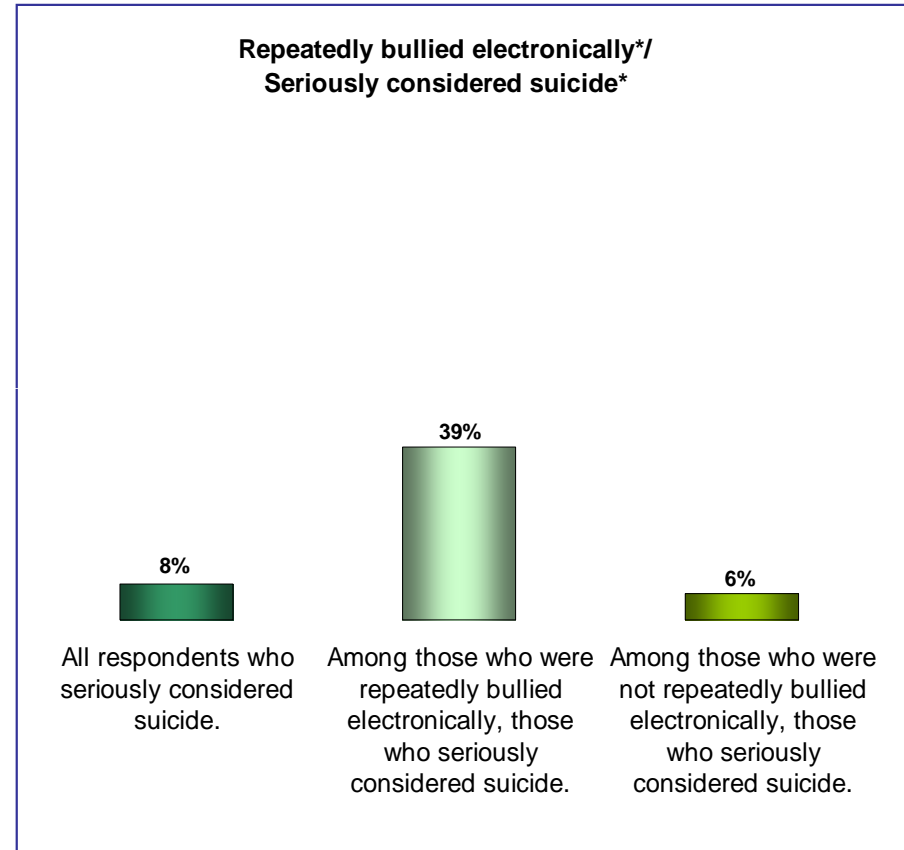
+ past 12 months

# Emerson Hospital 2016 YRBS - Aggregate

## Grade 8



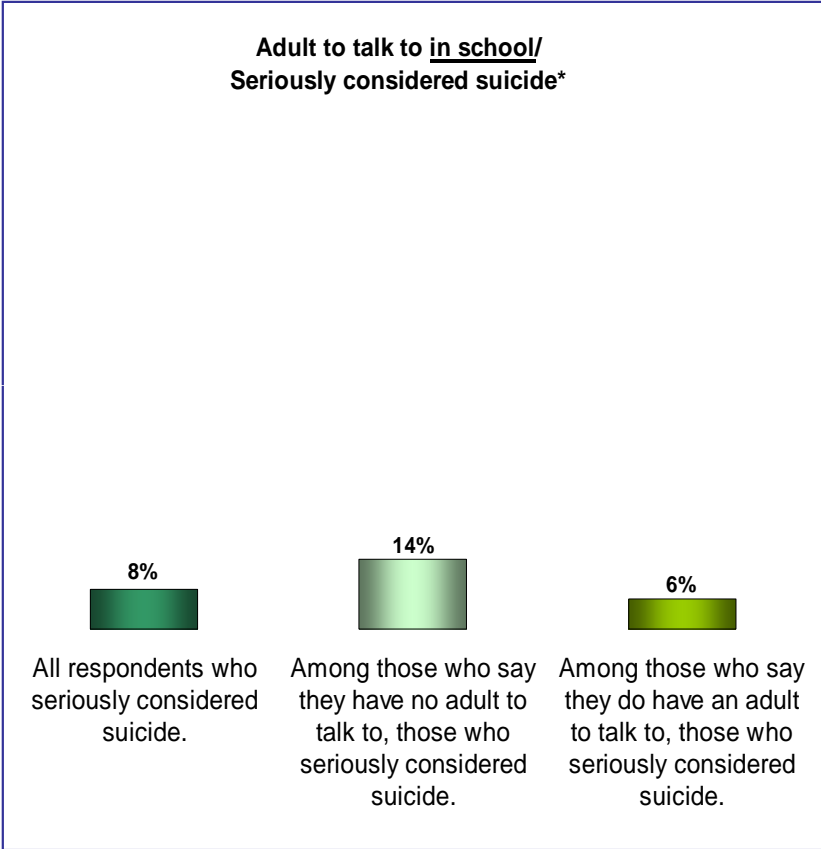
\* past 12 months



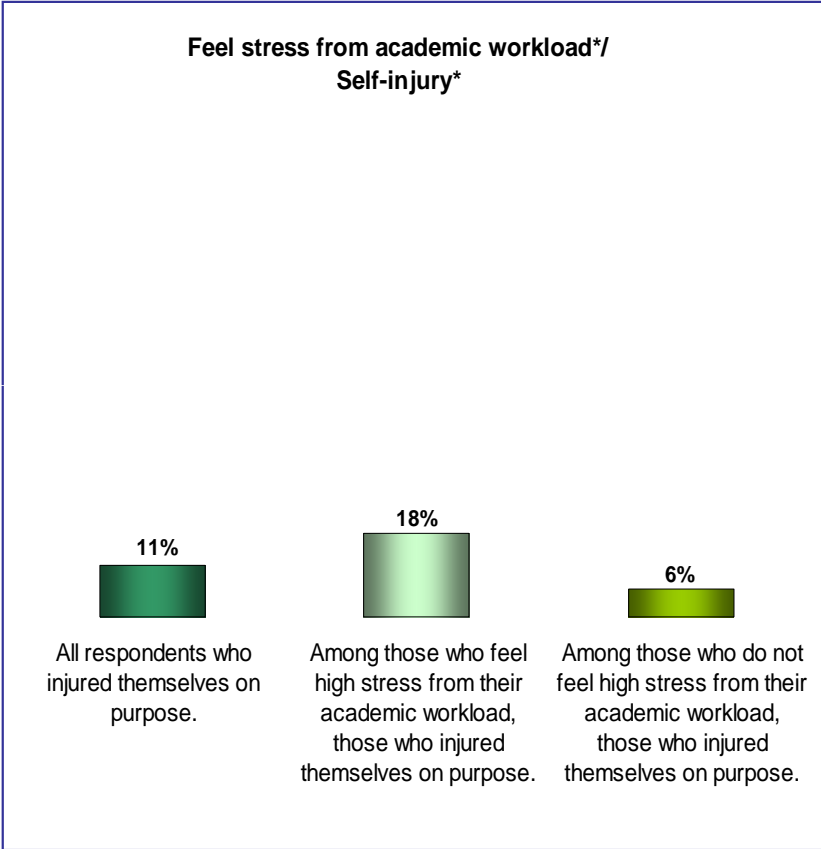
\* past 12 months

# Emerson Hospital 2016 YRBS - Aggregate

## Grade 8



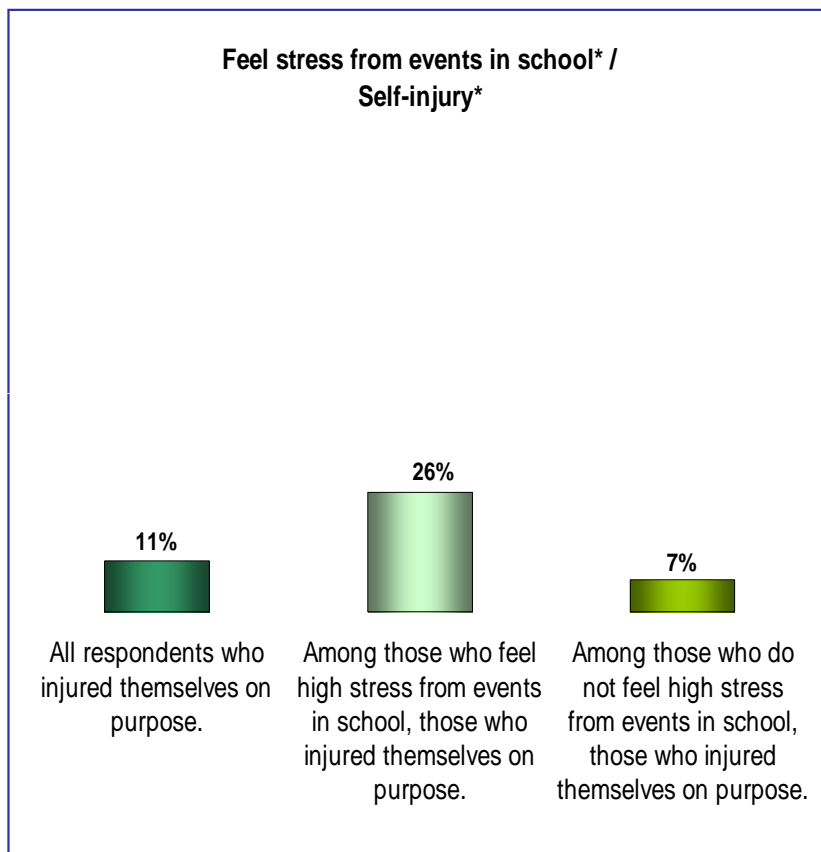
\* past 12 months



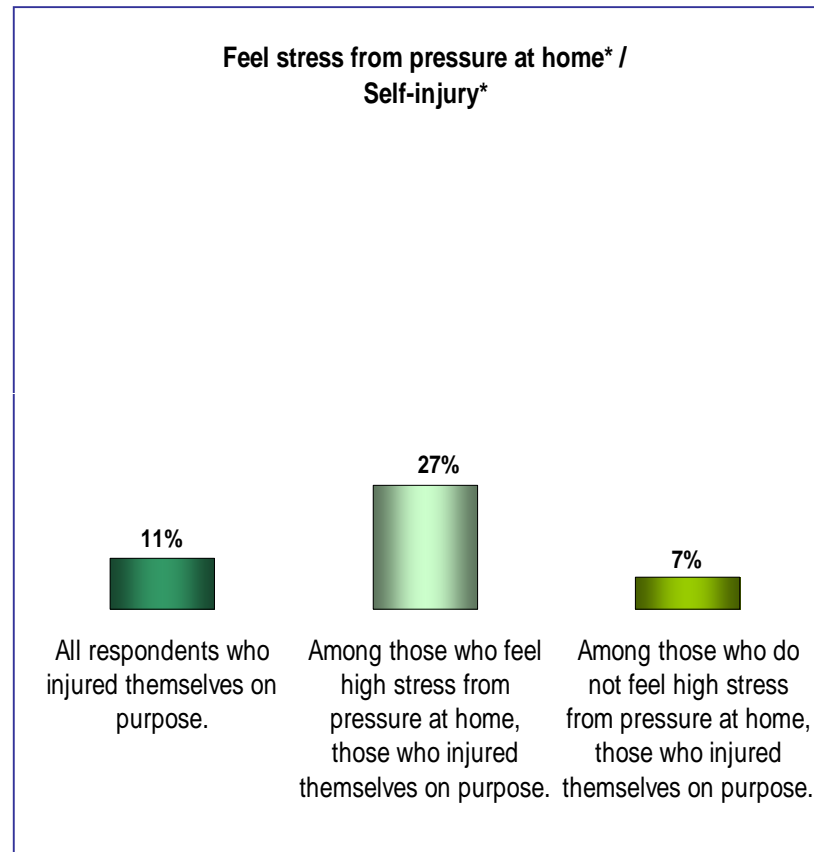
\* past 12 months

# Emerson Hospital 2016 YRBS - Aggregate

## Grade 8



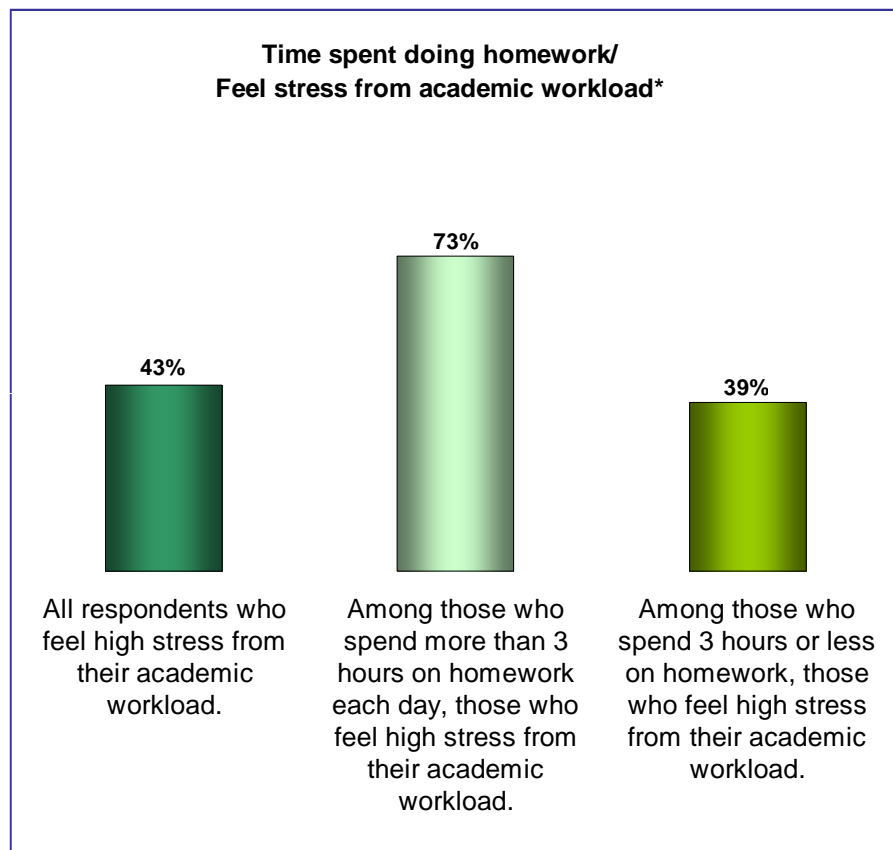
\* past 12 months



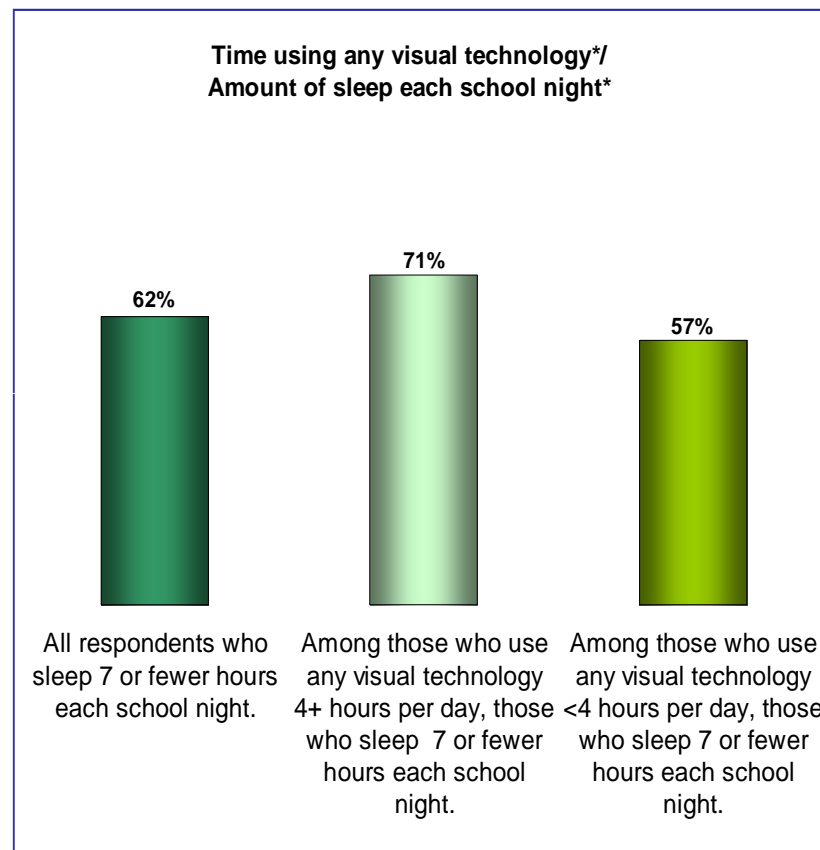
\* past 12 months

# Emerson Hospital 2016 YRBS - Aggregate

## Grade 8



\* past 12 months

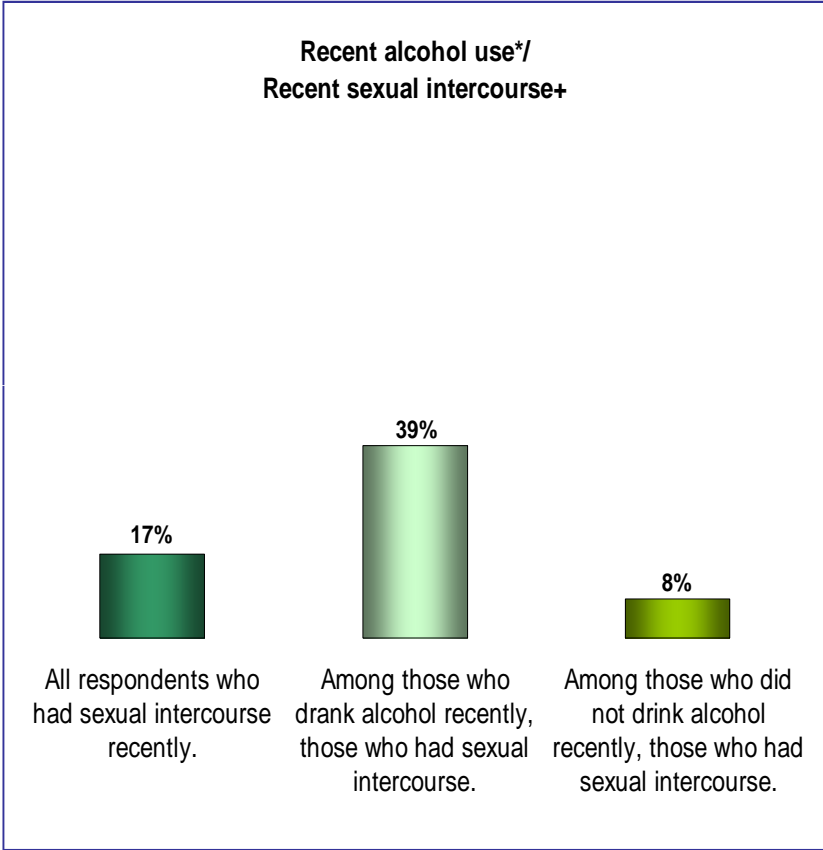


\* on average



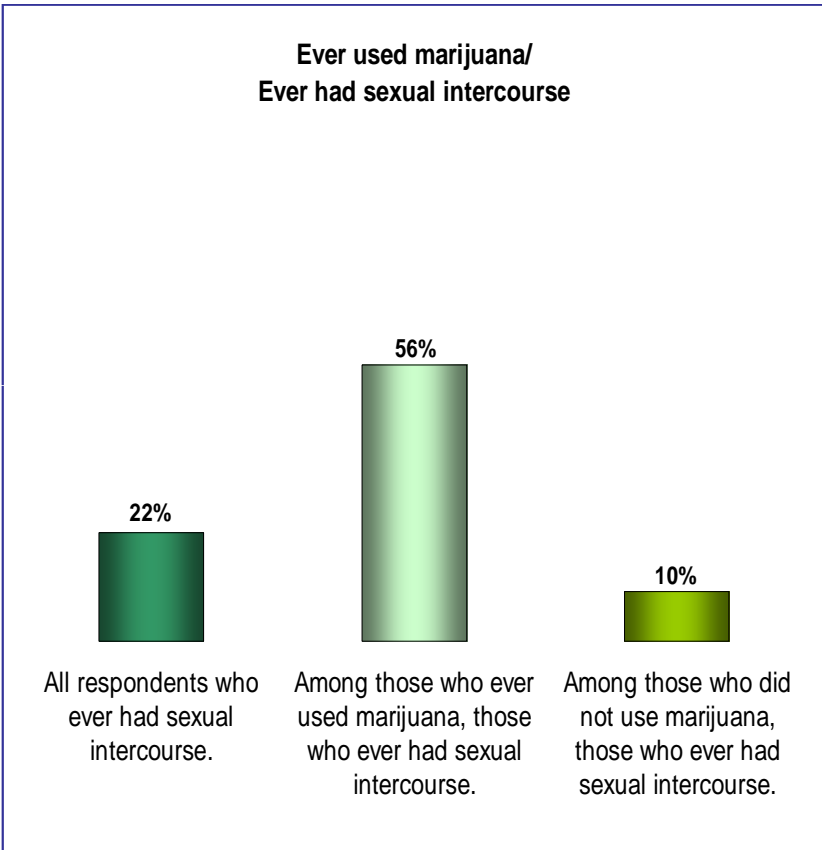
# Emerson Hospital 2016 YRBS - Aggregate

## Grades 9 thru 12 (Combined)



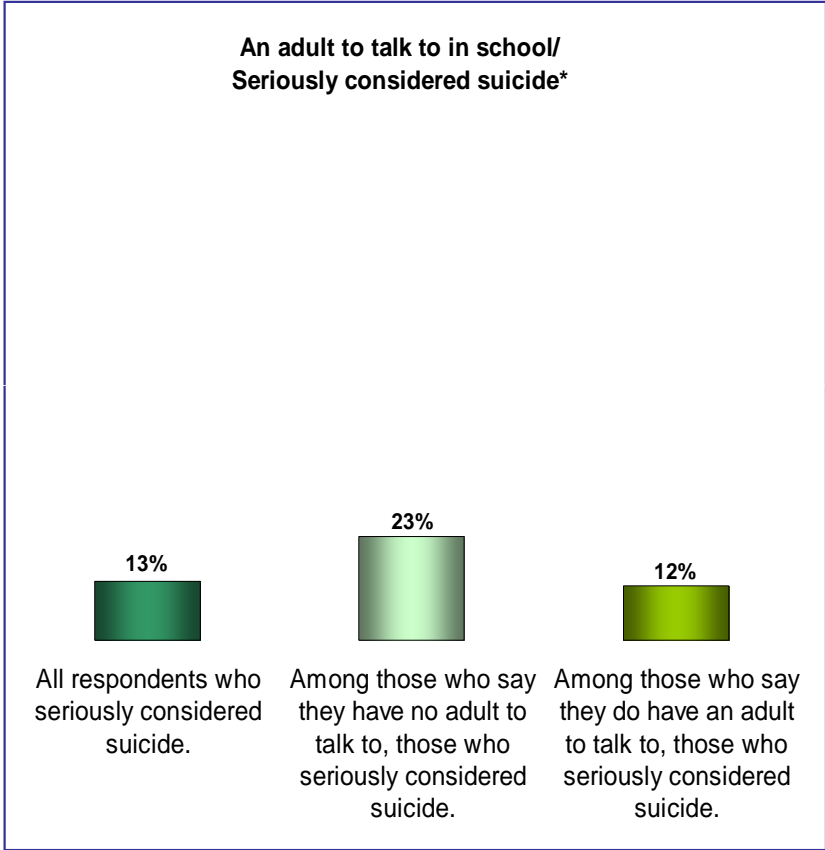
\* past month

+ past 3 months



\* past month

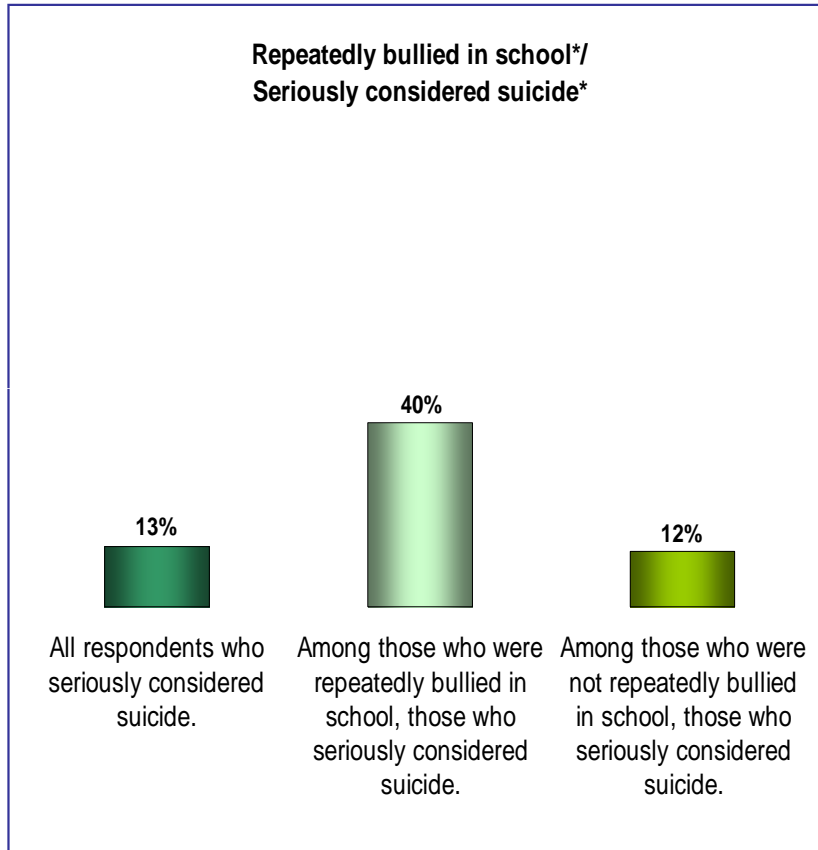
# Emerson Hospital 2016 YRBS - Aggregate Grades 9 thru 12 (Combined)



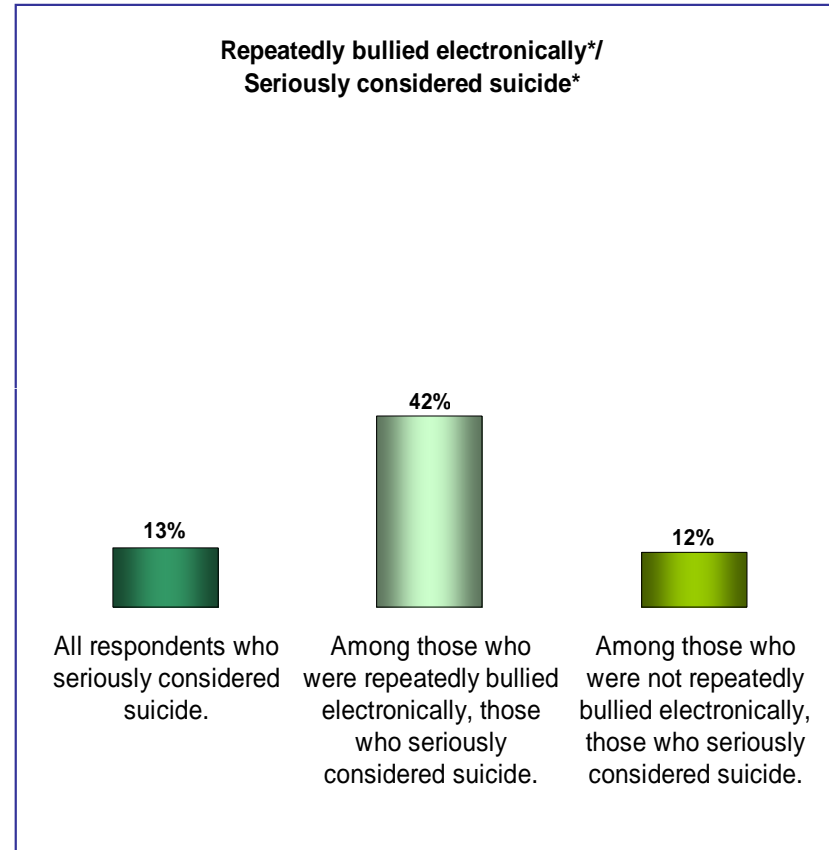
\* past 12 months

# Emerson Hospital 2016 YRBS - Aggregate

## Grades 9 thru 12 (Combined)



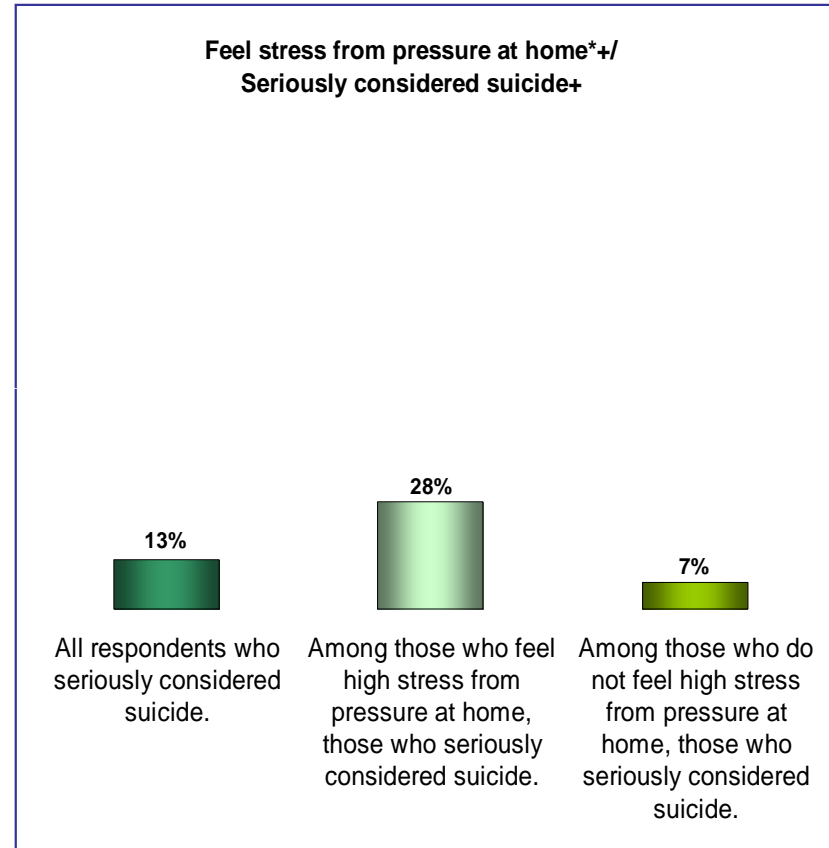
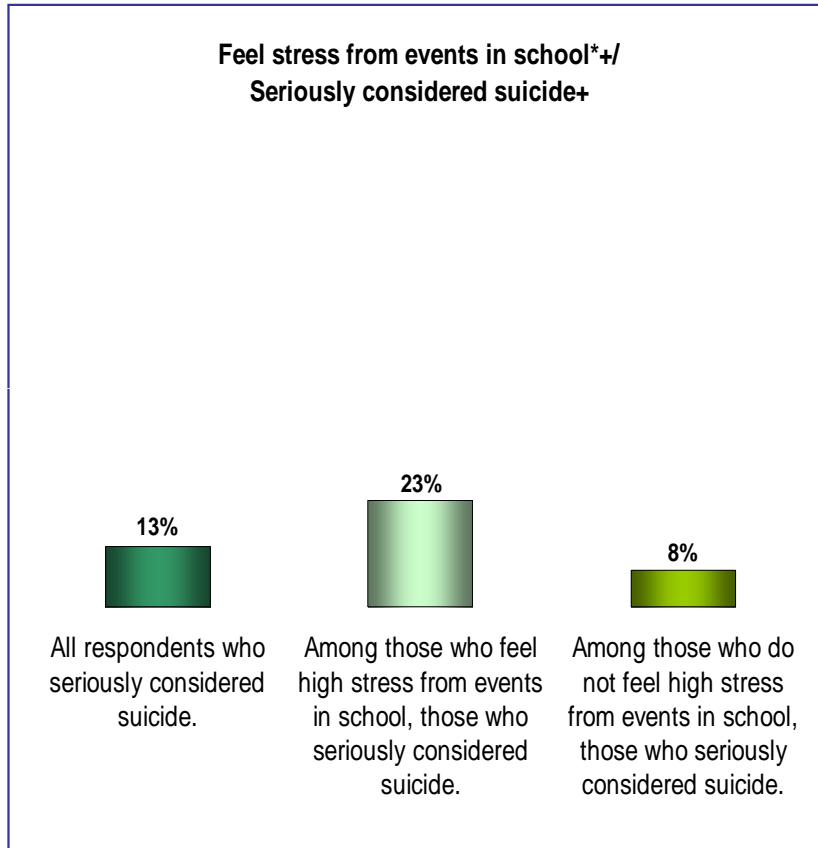
\* past 12 months



\* past 12 months

# Emerson Hospital 2016 YRBS - Aggregate

## Grades 9 thru 12 (Combined)

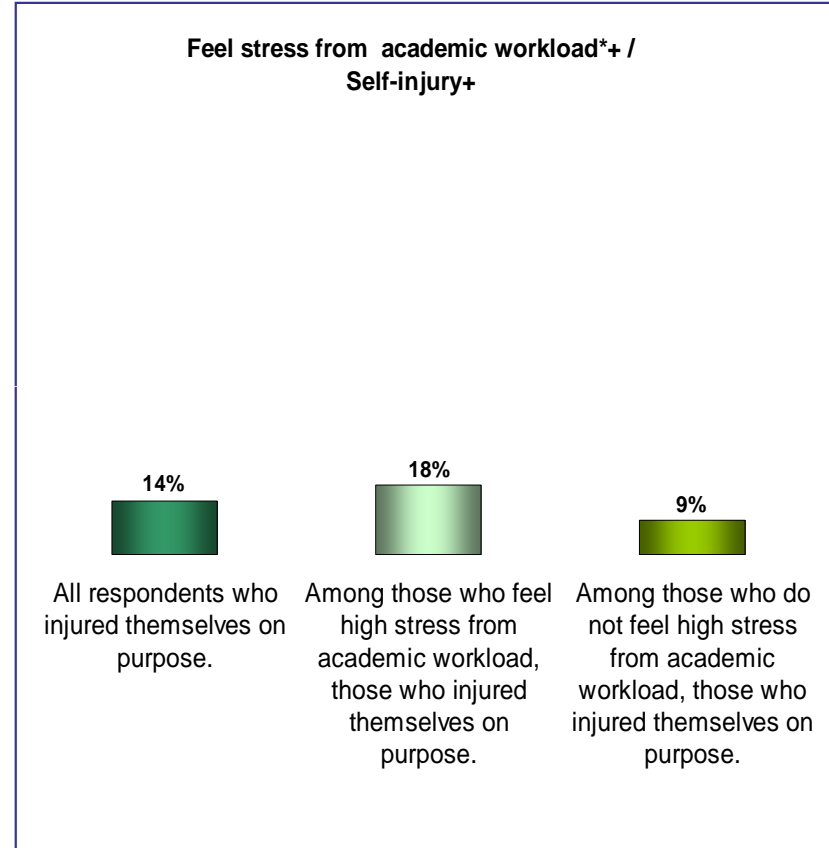
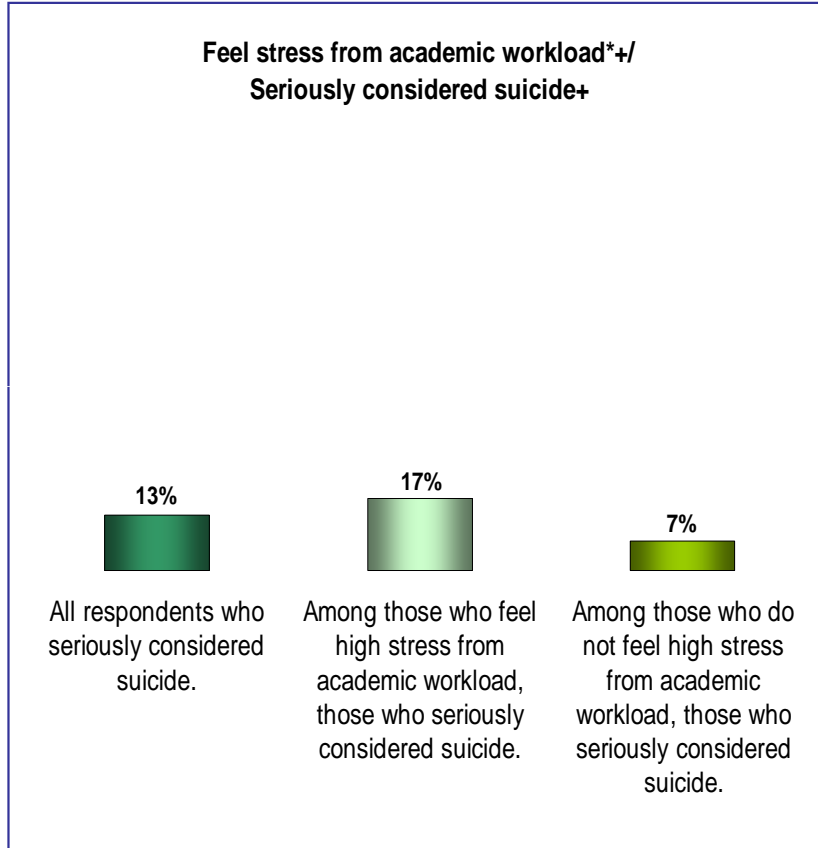


\* Somewhat or very high levels + past 12 months

\* Somewhat or very high levels + past 12 months

# Emerson Hospital 2016 YRBS - Aggregate

## Grades 9 thru 12 (Combined)



\* somewhat or very high levels

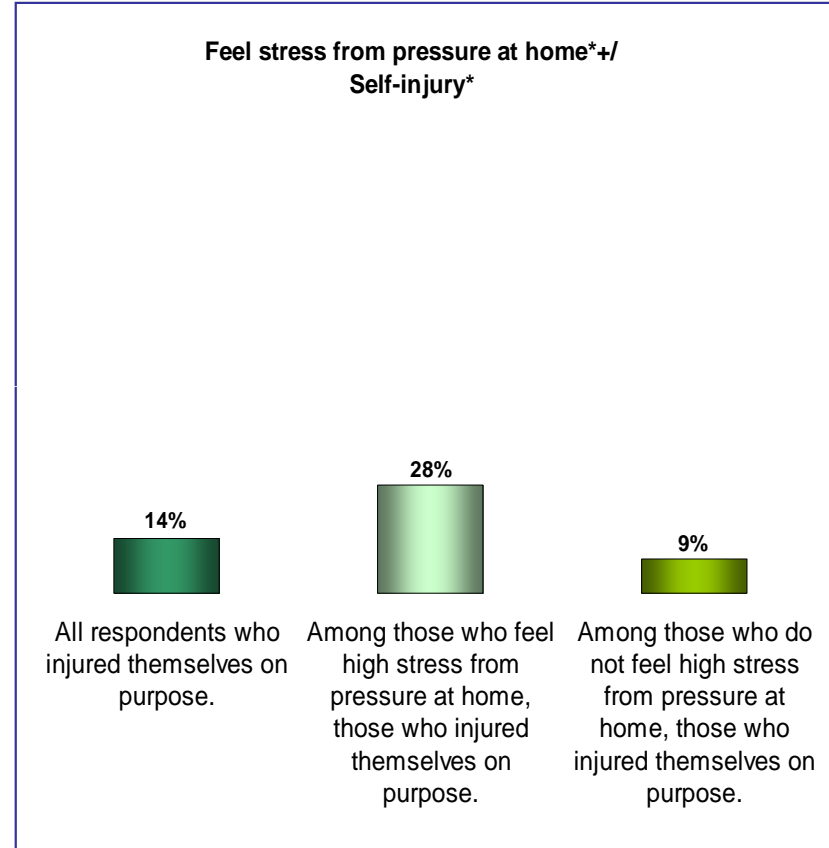
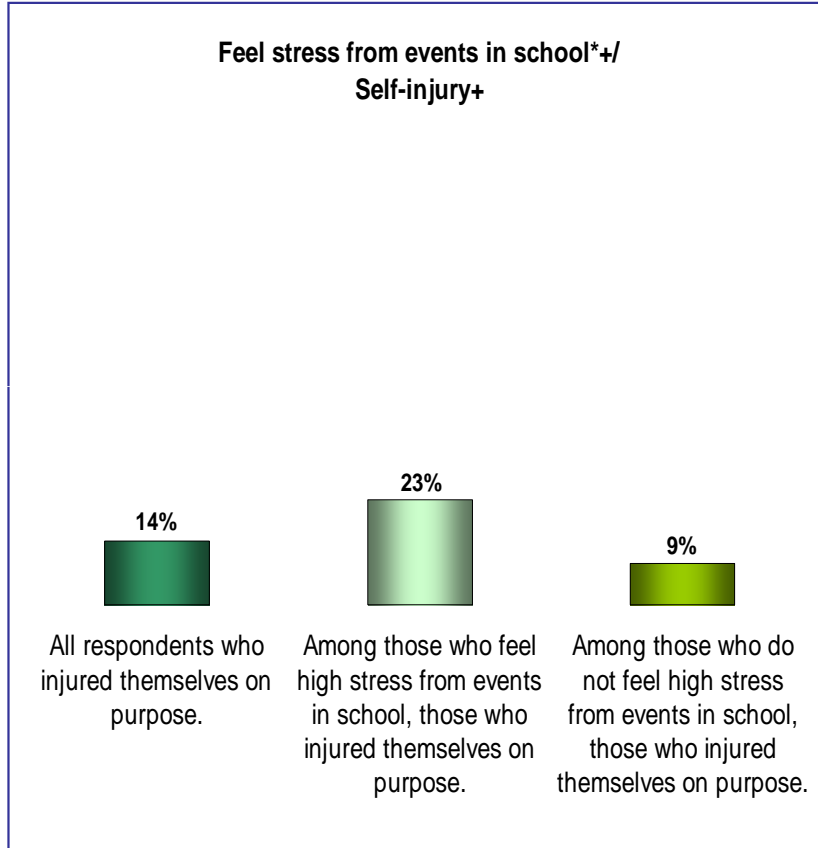
+ past 12 months

\* somewhat or very high levels

+ past 12 months

# Emerson Hospital 2016 YRBS - Aggregate

## Grades 9 thru 12 (Combined)



\* somewhat or very high levels

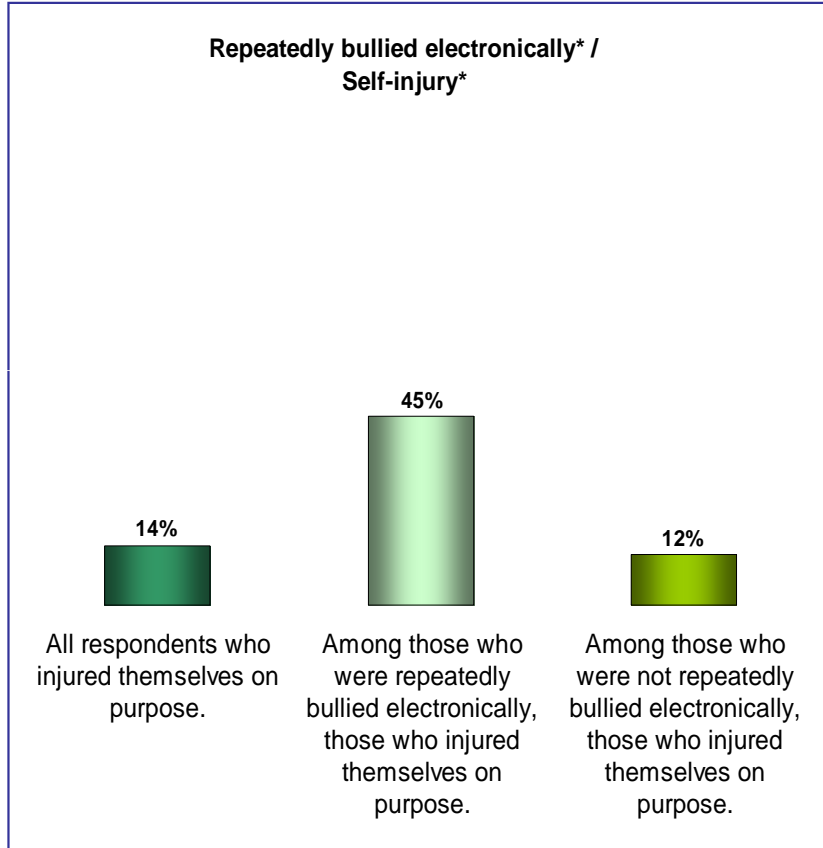
+ past 12 months

\* somewhat or very high levels

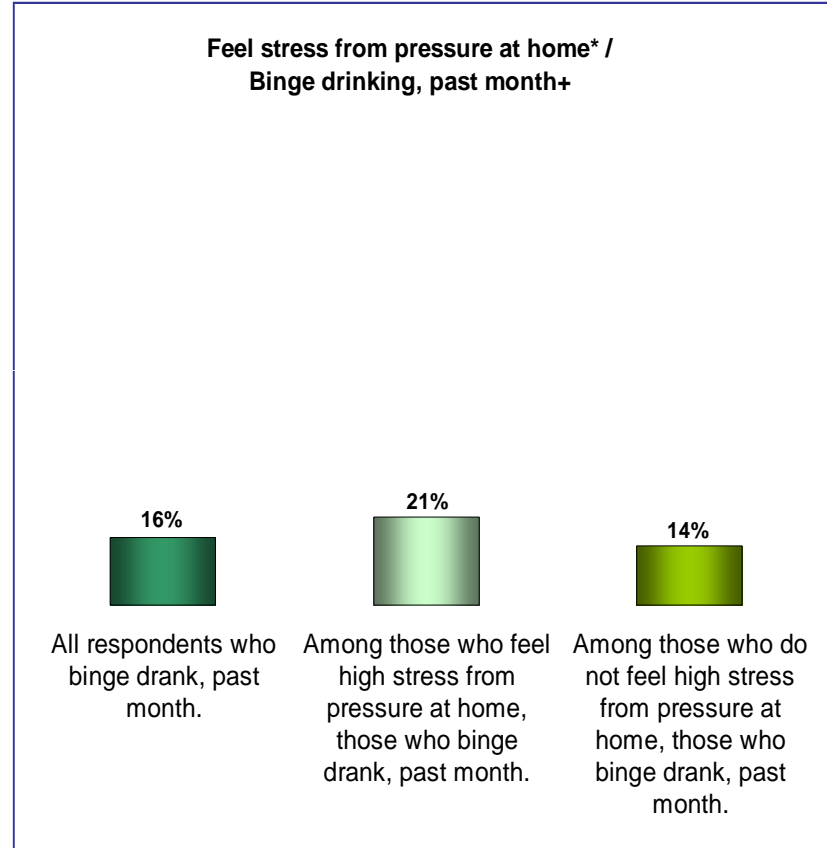
+ past 12 months

# Emerson Hospital 2016 YRBS - Aggregate

## Grades 9 thru 12 (Combined)



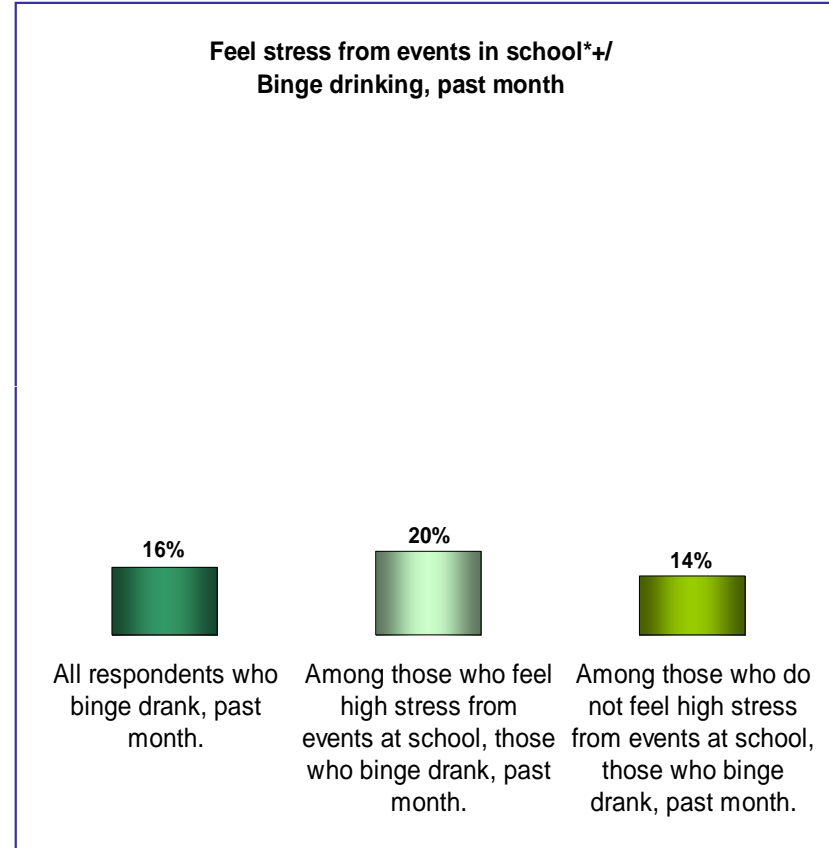
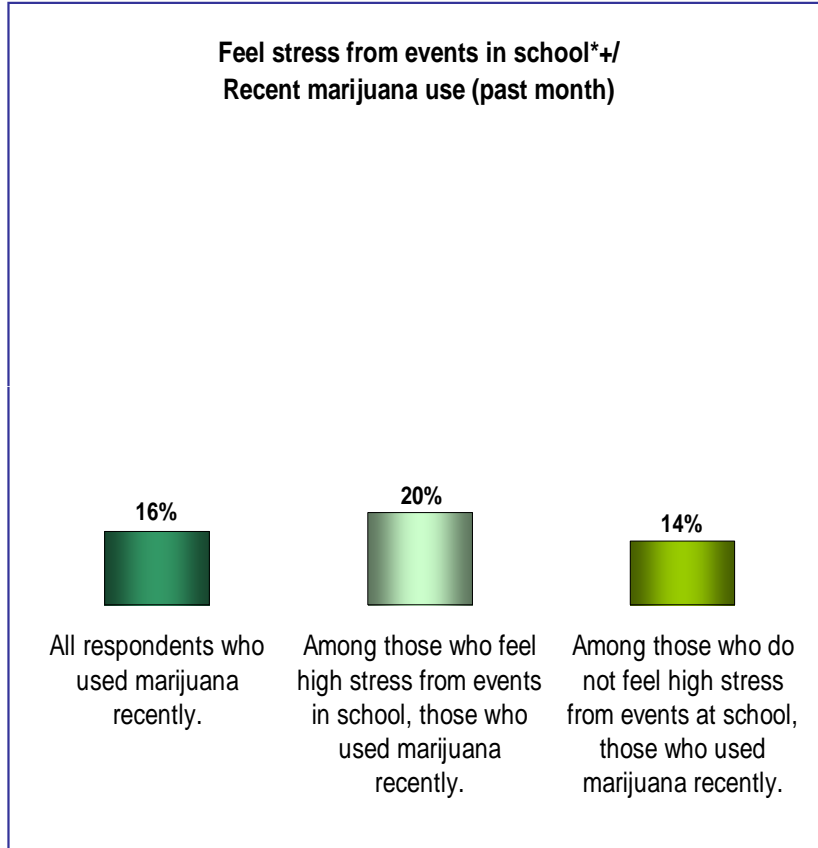
\* past 12 months



\* Somewhat or very high levels + past 12 months

# Emerson Hospital 2016 YRBS - Aggregate

## Grades 9 thru 12 (Combined)



\* somewhat or very high levels

+ past 12 months

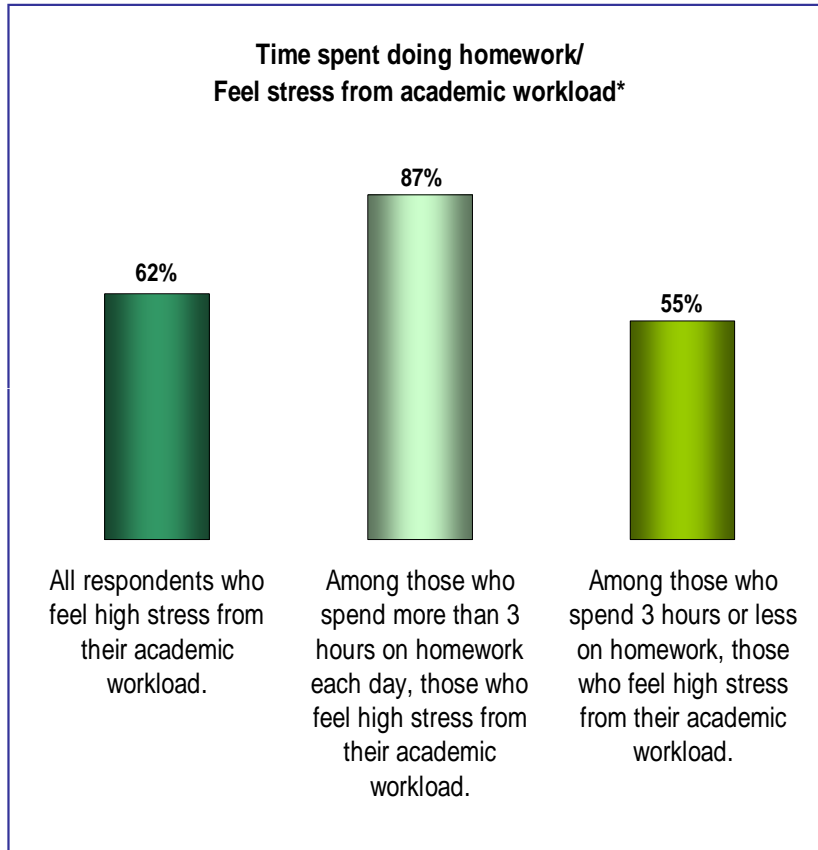
\* somewhat or very high levels

+ past 12 months

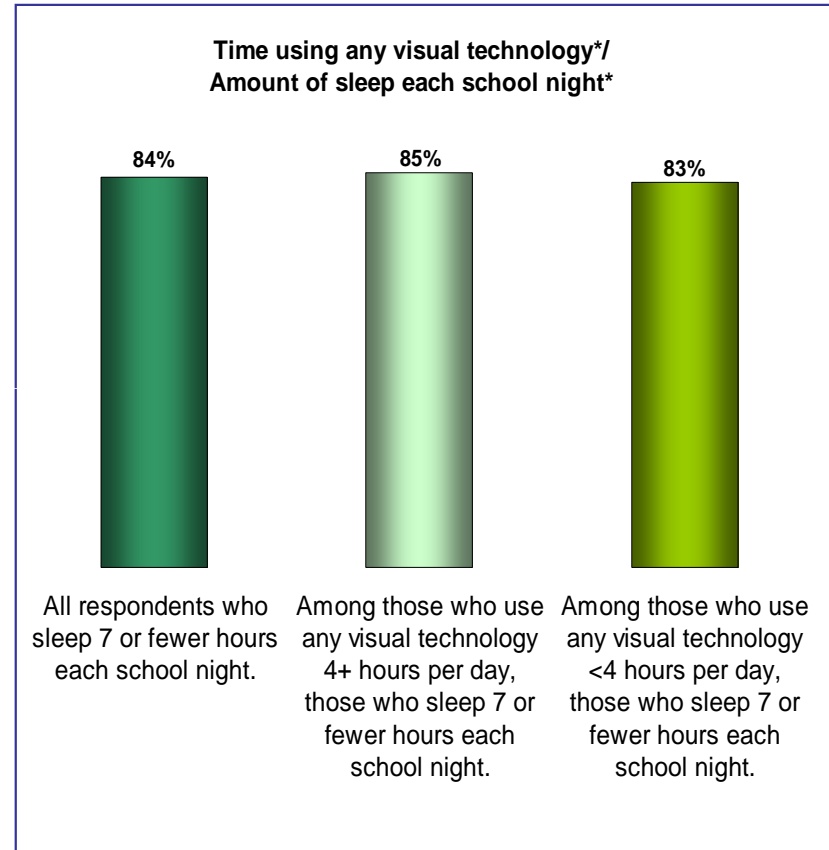


# Emerson Hospital 2016 YRBS - Aggregate

## Grades 9 thru 12 (Combined)



\* past 12 months



\* on average

**APPENDIX D**

**THE 2016 EMERSON YRBS**

**EMERSON HOSPITAL**

**ADDITIONAL**

**BEHAVIORAL/EXPERIENTIAL**

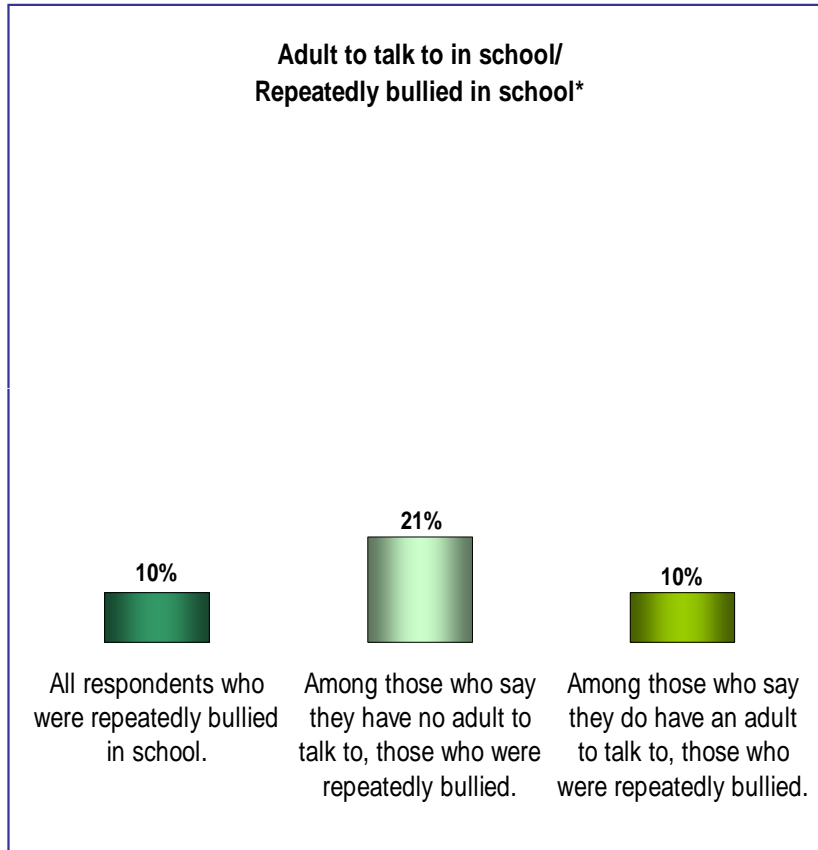
**CROSS-TABULATIONS**

**FOR THE**

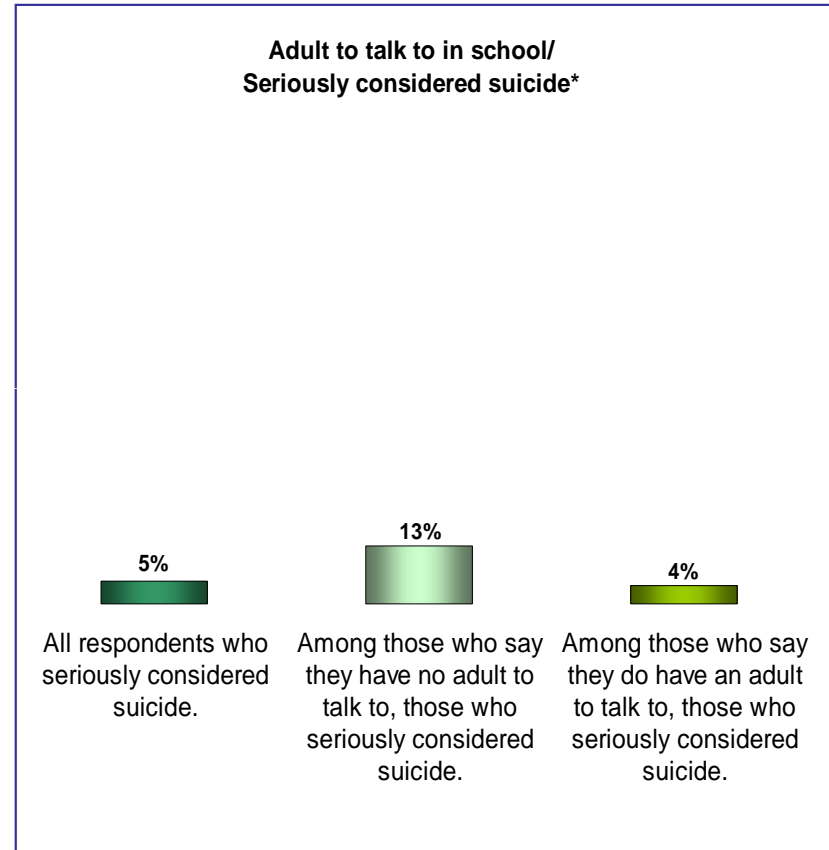
**EIGHT SCHOOL DISTRICT AGGREGATE**

# Emerson Hospital 2016 YRBS - Aggregate

## Grade 6



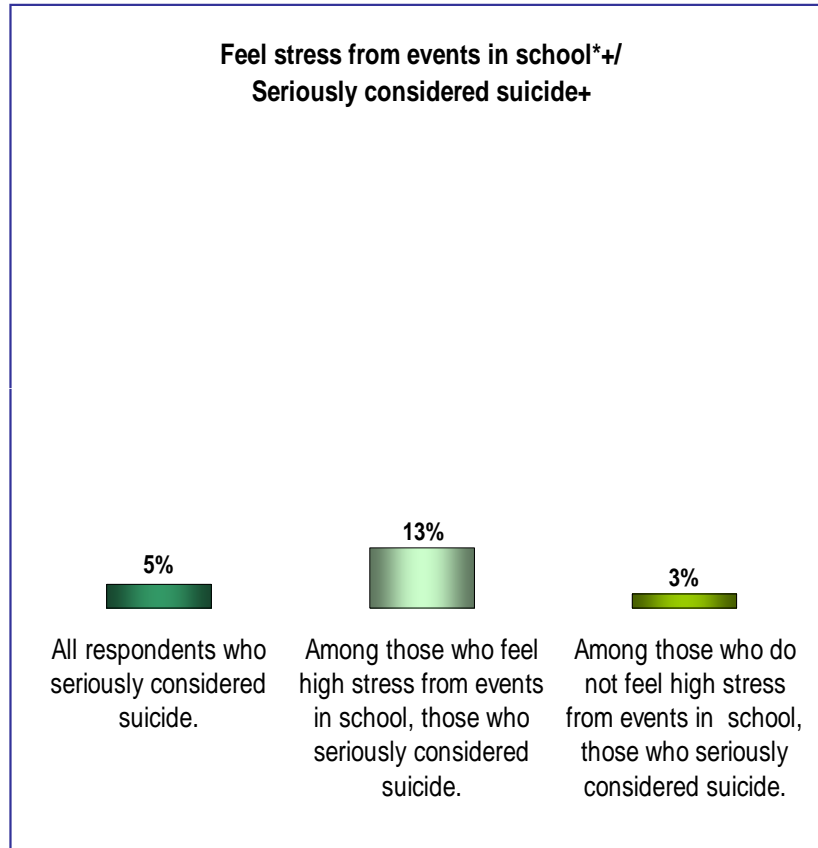
\* past 12 months



\* past 12 months

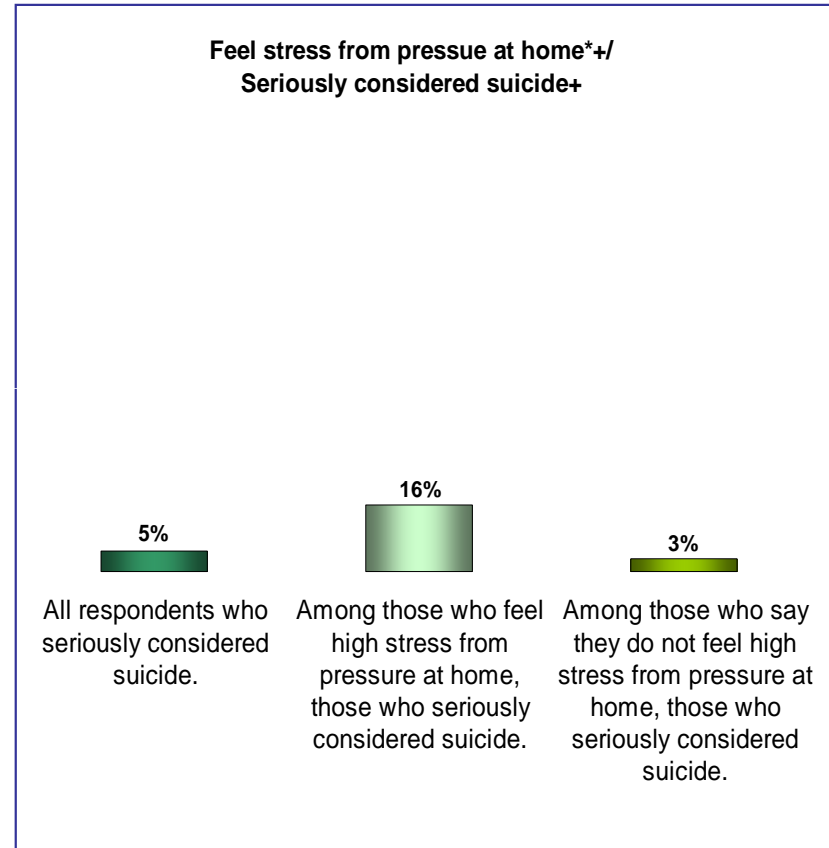
# Emerson Hospital 2016 YRBS - Aggregate

## Grade 6



\* somewhat or very high levels

+past 12 months

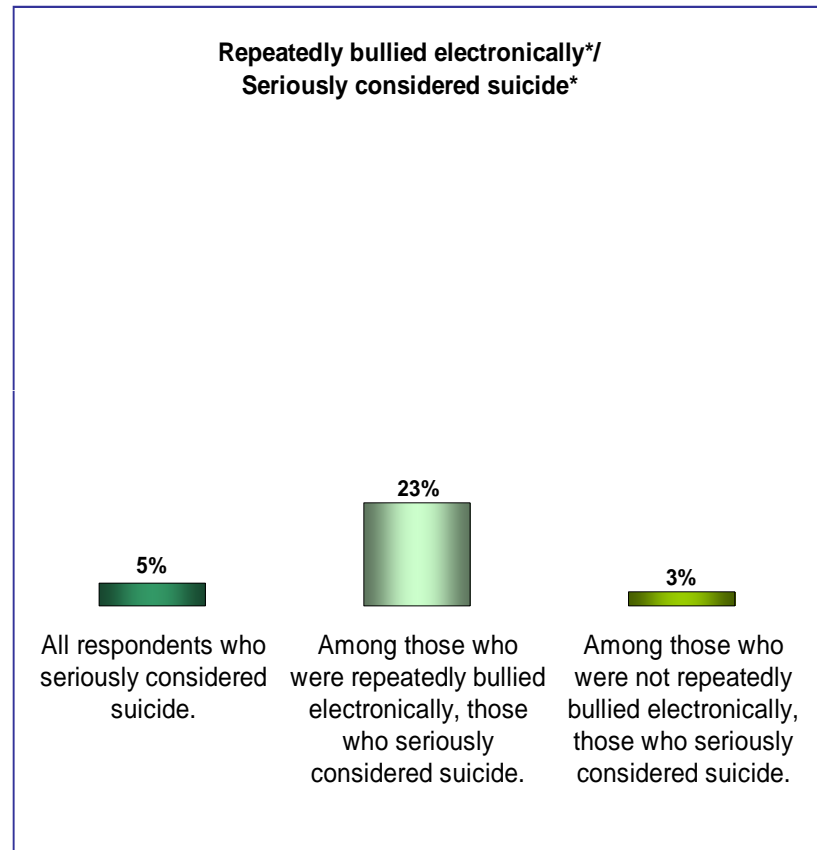


\* somewhat or very high levels

+past 12 months

# Emerson Hospital 2016 YRBS - Aggregate

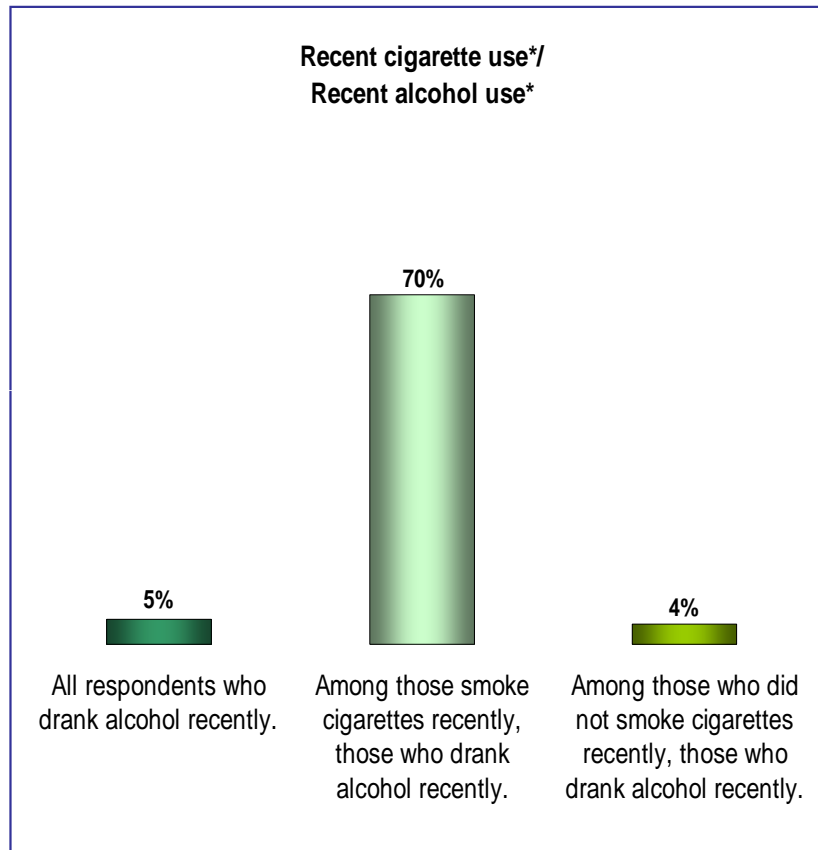
## Grade 6



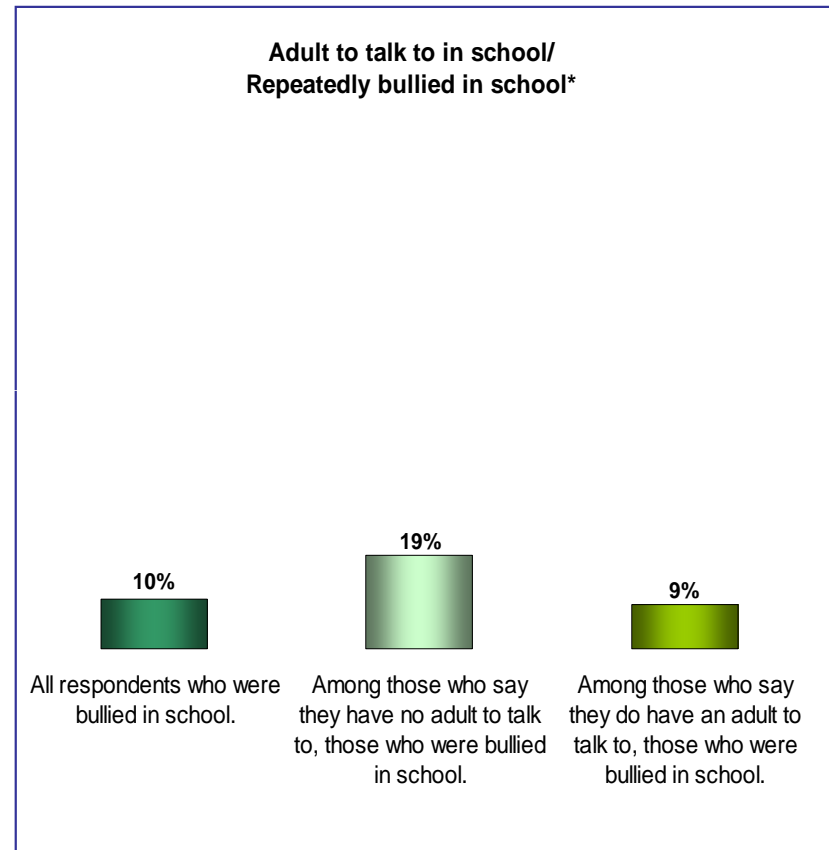
\*past 12 months

# Emerson Hospital 2016 YRBS - Aggregate

## Grade 8

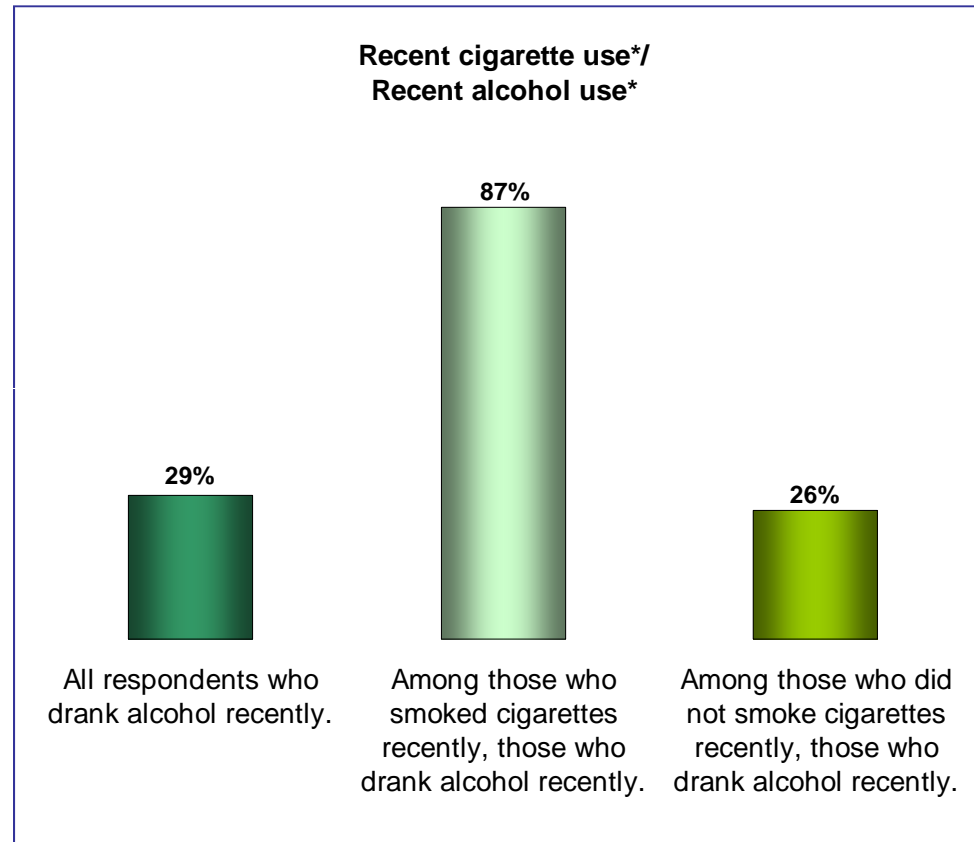


\* past month



\*past 12 months

# Emerson Hospital 2016 YRBS - Aggregate Grades 9 thru 12 (Combined)



\* past month