BREAST HEALTH HISTORY



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Name:				_ DOB:				
What is the reason for today's visit?							_	
☐ Breast pain or discomfort		Lt	Rt	☐ Treatment of bre		Lt	Rt	
☐ Breast lump		Lt	Rt	☐ Consult regarding	g a breast tumor	Lt	Rt	
☐ Abnormal mammogram		Lt	Rt	☐ High risk for cand	cer in family	Lt	Rt	
☐ Second opinion		Lt	Rt	Other				
Should we send a report to your physician?			If yes, who?					
Breast Health History								
What is your bra size?			What is your ancestry?					
Do you do self-breast exams?	No	Yes						
Do you have any of these symptoms? If	yes, before	e, during o	r after	your period?				
Tenderness	No	Yes	When		Which breast?	Lt	Rt	
Swelling	No	Yes	When		Which breast?	Lt	Rt	
Nipple discharge	No	Yes	When		Which breast?	Lt	Rt	
Lump or mass	No	Yes	Whe	n	Which breast?	Lt	Rt	
Other:							_	
Reproductive History								
At what age did you start your menstrua	l period? _							
Date of last menstrual period?				If stopped, what	age were you?			
Have you had a hysterectomy?	No	Yes		Were your ovarie	es removed?	No	Yes	
How many times have you been pregnant?				How many childr	en do you have?			
How old were you when you had your first child?				Did you breast fe	eed?	No	Yes	
lave you ever taken birth control pills?		No	Yes	Have you ever ta	ken hormone replacem	ent? No	Yes	
How long? Age started:			How long? _	Age started: _				
Family Breast History								
Has anyone in your family had breast ca	ncer? No	Yes						
If yes, please note at what age:								
Mother	Maternal Aunt			Paternal Aunt				
Daughter	Maternal Grandmother							
Sister	other							